Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunuay	withday	Tuesuay	weunesuay	Intrada	Thuay	Saturuay
2 97 mg 62.24	April Fools' Day 1	National PB&J Day 2	Ice Cream Sundae Day 3	National Burrito Day 4	Nat'l Deep Dish Pizza Day 5	Caramel Popcorn Day 6
	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation
	9:30 The Daily Chronicle	9:00 Scenic Drive - Out & About	9:30 The Daily Chronicle	9:30 The Daily Chronicle	9:00 The Daily Chronicle	9:30 The Daily Chronicle
	10:00 Steel Feathers Yoga with Gee	9:30 Everfit Exercises	9:45 Everfit Exercises	9:45 Everfit Exercises	9:30 Everfit Exercises	9:45 Catholic Service
	10:30 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate	10:00 Snack & Hydrate	10:00 Music Appreciation - Jazz Bands	10:00 Snack & Hydrate
	10:30 Famous Quotes & Sayings	10:30 Sing Along Songs	10:30 Test Your Problem Solving Skills	10:30 Sing Along Songs	10:30 Brain Teasers and Trivia	10:30 Chair Zumba Exercises
	2:30 Snack & Hydrate	2:00 Pick-a-Card Game with Carol	2:00 Inspiring Short Stories with Carol	2:00 Afternoon Brain Boosters	2:00 Bible Verse Read Aloud	2:00 Candy Bingo
	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack and Hydrate	2:30 Snack & Hydrate
	5:00 NHL Regular Season - Channel 30	3:00 Large Jigsaw Puzzles	3:00 Birthday Bash with Tony Birtolo	3:00 Learn Origami with Carol	3:30 Hawaiian Music w/ E & Noreen	3:00 Nail Care with Carol
	5:30 Board Games	5:30 Classic Movie and Snacks	5:30 Classic Card Games	5:30 Large Group Jigsaw Puzzles	5:30 Virtual Travel Hour & Snacks	5:30 Netflix Adventure Series
National Library Week Starts 7	Partial Solar Eclipse Day 8	National Antiques' Day 9	National Sibling's Day 10	National Pet Day 11	Scrabble Day 12	Plant Appreciation Day 13
9:00 Joel Osteen on Channel 26	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation
9:30 Catholic Mass on Channel 12	9:30 The Daily Chronicle	9:00 Scenic Drive - Out & About	9:30 The Daily Chronicle	9:30 The Daily Chronicle	9:00 The Daily Chronicle	9:30 The Daily Chronicle
10:00 Snack & Hydrate	10:00 Steel Feathers Yoga with Gee	9:30 Everfit Exercises	9:45 Everfit Exercises	9:45 Everfit Exercises	9:30 Everfit Exercises	9:45 Catholic Service
10:30 The Daily Chronicle	10:30 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate	10:00 Snack & Hydrate	10:00 Music Appreciation - Jazz Bands	10:00 Snack & Hydrate
1:30 Springtime Karaoke with HS Staff	10:30 Famous Quotes & Sayings	10:30 Sing Along Songs	10:30 Test Your Problem Solving Skills	11:00 Sing Along Songs	^{10:30} Brain Teasers and Trivia	10:30 Chair Zumba Exercises
2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:00 Pick-a-Card Game with Carol	2:00 Inspiring Short Stories with Carol	2:00 Afternoon Brain Boosters	2:00 Scrabble with Carol	2:00 Candy Bingo
3:00 BINGO for Prizes	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack and Hydrate	2:30 Snack & Hydrate
5:30 Netflix Series at the Living Room:	5:00 NHL Regular Season - Channel 30	3:00 Large Jigsaw Puzzles	3:00 Happy Hour with Bobby Rumion	3:00 Learn Origami with Carol	3:00 Cookie Tasting with Abraham	3:00 Namaste and Simple Spa Hour
OUR UNIVERSE Part 2	5:30 Board Games	5:30 Antiques Roadshow on Discovery	5:00 Classic Card Games	5:30 Large Group Jigsaw Puzzles	5:30 Virtual Travel Hour & Snacks	5:30 Netflix Adventure Series
National Gardening Day 14	Jackie Robinson Day 15	DoorStep Dental Day 16	Banana Day 17	Monuments and Sites Day 18	National Garlic Day 19	Record Store Day 20
9:00 Joel Osteen on Channel 26	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation
9:30 Catholic Mass on Channel 12	9:30 The Daily Chronicle	9:30 Scenic Drive - Out & About	9:30 The Daily Chronicle	9:30 The Daily Chronicle	9:00 Scenic Drive - Out & About	9:30 The Daily Chronicle
10:00 Snack & Hydrate	10:00 Steel Feathers Yoga with Gee	9:30 Everfit Exercises	9:45 Everfit Exercises	9:45 Everfit Exercises	9:30 Everfit Exercises	9:45 Catholic Service
10:30 The Daily Chronicle	10:30 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate	10:00 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate
1:30 Springtime Karaoke with HS Staff	10:30 Famous Quotes & Sayings	10:30 Sing Along Songs	10:30 Test Your Problem Solving Skills	10:30 Sing Along Songs	10:30 Brain Teasers and Trivia	10:30 Chair Zumba Exercises
2:30 Snack & Hydrate	2:30 Snack & Hydrate	1:00 Tea Tasting with Chef Celeste	2:00 Conversation Cards with Monica	2:00 Loteria & Margaritas with Ericka	2:00 Bible Verse Read Aloud	2:00 Candy Bingo
3:00 BINGO for Prizes	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack and Hydrate	2:30 Snack & Hydrate
5:30 Netflix Series at the Living Room:	5:00 NFL Regular Season - Channel 30	3:00 Large Jigsaw Puzzles	3:00 Happy Hour with Brenda Hebert	3:00 Learn Origami with Carol	3:30 Let's Bake Goodies with Carol	3:00 Nail Care with Carol
OUR UNIVERSE Part 2	5:30 Board Games	5:30 Classic Movie and Snacks	5:30 Classic Card Games	5:30 Large Group Jigsaw Puzzles	5:30 Virtual Travel Hour & Snacks	5:30 Netflix Adventure Series
Happy Birthday Marian! 21	Earth Day 22	Movie Theatre Day 23	Spanish Language Day 24	New Orleans Jazz Fest 25	Alien Day 26	Babe Ruth Day 27
9:00 Joel Osteen on Channel 26	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation
9:30 Catholic Mass on Channel 12	9:30 The Daily Chronicle	9:30 Scenic Drive - Out & About	9:30 The Daily Chronicle	9:30 The Daily Chronicle	9:00 Scenic Drive - Out & About	9:30 The Daily Chronicle
10:00 Snack & Hydrate	10:00 Steel Feathers Yoga with Gee	9:30 Everfit Exercises	9:45 Everfit Exercises	9:45 Everfit Exercises	9:30 Everfit Exercises	9:45 Catholic Service
10:30 The Daily Chronicle	10:30 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate	10:00 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate
1:30 Springtime Karaoke with HS Staff	10:30 Famous Quotes & Sayings	10:30 Sing Along Songs	10:30 Test Your Problem Solving Skills	10:30 Sing Along Songs	10:30 Brain Teasers and Trivia	10:30 Chair Zumba Exercises
2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:00 Pick-a-Card Game with Carol	2:00 Learn Some Spanish with Carol	2:00 Afternoon Brain Boosters	2:00 Bible Verse Read Aloud	2:00 Candy Bingo
3:00 BINGO for Prizes	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack and Hydrate	2:30 Snack & Hydrate
5:30 Netflix Series at the Living Room:	5:00 NHL Regular Season - Channel 30	3:00 Large Jigsaw Puzzles	3:00 Happy Hour with Mike Jones	3:00 Learn Origami with Carol	3:00 Let's Make our Personal Pizza	3:00 Namaste and Simple Spa Hour
OUR UNIVERSE Part 2	5:30 Board Games	5:30 Classic Movie and Snacks	5:30 Classic Card Games	5:30 Large Group Jigsaw Puzzles	5:30 Virtual Travel Hour & Snacks	5:30 Netflix Adventure Series
Blueberry Pie Day 28	International Dance Day 29			~		
9:00 Joel Osteen on Channel 26	9:00 Zen Music Meditation	9:00 Zen Music Meditation		Herita	age Springs	
9:30 Easter Mass on Channel 12	9:30 The Daily Chronicle	9:30 Scenic Drive - Out & About		Assisted Liv	ring Memory Care	
10:00 Snack & Hydrate	10:00 Steel Feathers Yoga with Gee	9:30 Everfit Exercises	🔺 Hello 🐛			*
10:30 The Daily Chronicle	10:30 Snack & Hydrate	10:00 The Daily Chronicle with Snacks	a control in		And The Part	with the second s
2:00 Springtime Karaoke with HS Staff	10:30 Famous Quotes & Sayings	10:30 Sing Along Songs	Soung P	6 mm ear		
2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:00 Pick-a-Card Game with Carol				
3:00 BINGO for Prizes	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	A CONTRACTOR OF THE OWNER OWNER OF THE OWNER OWNE		N/2	The second s
5:30 Netflix Series at the Living Room:	5:00 NHL Regular Season - Channel 30	3:00 Large Jigsaw Puzzles			· ** · · · · /	
OUR UNIVERSE Part 2	5:30 Board Games	5:30 Classic Movie and Snacks		~•	an na the second s	

Heritage Springs Neighborhood Events

All Activities Subject to Change by the Life Enrichment Director



