Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Regency Grand of West Covina	10:00 Move & Groove Exercise Class w/Melodie (MP) 12:30 'How It's Made' TV Show MP 1:30 Meditation Group (LY) 2:30 Ice Cream Cones Social MP 3:00 Blackjack card games (P) 3:30 Mahjong with Susan (3 rd FI)	9:30 News & Coffee Group (P) 10:00 Random Trivia Games (P) 10:30 Chair Yoga w/Erick MP 12:30 TV Travel: 'Costa Rica' MP 1:30 Jewelry-Making Group (AR 3:00 Ice Cream Cones Social MP 3:00 Resident-led Poker (P) 3:30 Music Tunes with Fern (MPR) 7:00 LA Dodgers vs. SF Giants MP	9:30 Freshly baked Cookies (B) 10:00 Shopping: 'Stater Bros' (O) 10:30 Chair Fitness w/Kimberly 11:30 Lunch: 'Norms Rest.' (O) 12:30 'Life in Color' Nature Doc 1:30 Nickel Bingo games (MP) 2:30 Shopping: 'Ross/Marshalls' 3:00 Wine & Cheese Wednesday 3:30 Watercolor Painting Class AR	9:30 News & Coffee Chat (P) 10:30 Exercise/Meditation Class MP 12:30 'Wild Babies' nature Doc 1:30 Needle Point with Judith (AR) 2:00 Dominoes Players Club (AR) 2:30 Bible Study with Brad (P) 3:00 Happy Hour Social (MP) w/ singer Randy Taylor 5:30 Resident Choice Movie (MP)	9:30 Current Events Reading (P) 10:00 'Donuts' by Angelcare (B) 10:30 Exercise Class w/Margaret 11:30 LA Dodgers vs Cubs (MP) 1:30 Flower Arrangement Club (AR) 2:00 Ladies Jewelry Making (AR) 2:00 Billiard Players Club (BR) 3:00 Bingo Games w/prizes! (MP) 3:30 Mahjong with Susan (3BR)	9:30 Hot Cocoa & Cookies (B) 10:30 Chair Fitness Class (MPR) 12:30 'Hidden lives of Pets' TV 1:30 'Gym Time' w/Kimberly (FR) 2:30 Movie Matinee w/Popcorn: 'A Man Called Otto' (MP) 3:00 Manicures w/Kimberly (MP) 3:30 Billiard Players Club (BR) 5:00 Card players group (MP)
10:00 Sunday TV Church Service 10:45 Holy Communion w/ Silvia P 11:30-LA Dodgers vs Cubs (MP) 1:00 Technology Help w/Erick LY 1:30 Nickel Bingo games (MPR) 2:00 Dominoes Players Club AR	10:00 Move & Groove Exercise Class w/Melodie (MP) 11:00 Shop: Catina Boutique (P) 12:00 Jewelry/Watch Repair (LY) 12:30 'Pawn Stars' TV Show MP 1:30 Blackjack Card Games MP 2:30 Popcorn & Coke Social (B)	10:00 Random Trivia Games (P) 10:30 Chair Yoga w/Kimberly MP 12:30 TV Travel: 'Brazil' MP 1:30 Jeopardy Trivia Games (MP) 2:30 Arts & Crafts Hour (AR) 3:00 Resident-led Poker Game (P) 3:30 Music Tunes with Fern (MPR) 6:00 MLB: LA Angels vs Rays (MP)	10:30 Chair Fitness w/Kimberly 11:30 Lunch: Sizzler Restaurant (O) 12:30 'Explained' Documentary 1:00 'Let's Meditate!' group (LY) 2:00 RG Gardening Group (P) 2:30 Shopping: 'Target'/Chase (O) 3:00 Wine & Cheese Wednesday B 3:30 Nickel Bingo games (MP)	9:30 News Headlines TV (MP) 11 10:30 Exercise/Walking Class MP 11:15 Lunch & Music Show W/singer Cambria (DR) 12:30 'History 101' Doc (MP) 1:00 Ladies Jewelry making (AR) 2:00 Dominoes Players Club (AR) 2:30 Bible Study with Brad (MP) 3:30 Karaoke & Cocktails (MP) 5:30 Netflix movie Night (MP)	9:30 Freshly Baked Cookies (B) 10:00 Morning Discussion group 10:30 Fitness Class w/ Margaret 12:30 'TV Travel: 'Jamaica' (MP) 1:30 Arts & Crafts Hour w/Kimberly 2:00 Billiard Players Club (BR) 2:30 Ice Cream Cones Social (B) 3:00 Bingo Games w/prizes! (MP) 4:00 LA Angels vs Red Sox (MP)	9:30 Hot Cocoa & Cookies (B) 10:30 Chair Fitness Class (MPR) 12:30 'Live to 100' TV Documentary 1:30 'Gym Time' w/Kimberly (FR) 2:30 Movie Matinee w/Popcorn: 'NYAD' (2023) (MP) 3:00 Manicures w/Kimberly (MP) 3:30 Billiard Players Club (BR) 5:00 Card players group (MP)
1:00 Technology Help w/Erick LY 1:30 Nickel Bingo games (MPR) 2:00 Dominoes Players Club AR 3:00 Karaoke & Wine Hour (MP)	10:00 Move & Groove Exercise Class w/Melodie (MP) 12:30 'Dancing w/the Stars' MP 1:30 Blackjack Card Games MP 2:30 Popcorn & Coke Social (B) 3:30 Mahjong with Susan (3 rd Fl) 3:30 LA Dodgers vs Rays (MP)	9:30 Morning Chat group (P) 10:00 Random Trivia Games (P) 10:30 Chair Yoga w/Kimberly MP 12:30 TV Travel: 'Brazil' MP 1:30 Jeopardy Trivia Games (MP) 2:30 Ice Cream Cones Social (P) 3:00 Resident-led Poker Game (P) 3:30 Music Tunes with Fern (MPR) 6:00 MLB: LA Angels vs Rays (MP)	9:30 Freshly baked Cookies (B) 10:00 Shopping: Vons/CVS (O) 10:30 Chair Fitness w/Kimberly 11:30 'April' Birthday Lunch w/guitarist Mike Finn (DR) 1:00 'Let's Meditate!' group (LY) 2:30 Shopping: 'Hobby Lobby' (O) 3:00 Wine & Cheese Wednesday B 3:30 Nickel Bingo games (MP)	9:30 News Headlines TV (MP) 10:30 Exercise/Walking Class MP 11:00 MLB: LA Angels vs Rays (MP) 12:30 'TV Travel: 'Laos' Doc (MP) 1:30 Needle Point w/Judith (AR) 2:00 Dominoes Players Club (AR) 2:30 Bible Study with Brad (MP) 2:30 Billiard Players Club (BR) 3:30 Karaoke & Drinks (MP) 5:30 Netflix movie Night (MP)	9:30 Current Events Reading (P) 10:00 'Donuts' by Angel care (B) 10:30 Exercises Class w/Margaret 12:30 'TV Travel: 'Jamaica' (MP) 1:30 Flower Arrangement Club AR 2:00 Billiard Players Club (BR) 2:30 Popcorn & Coke Social MP 3:00 Bingo Games w/prizes! (MP) 7:00 LA Angels vs NY Mets(MP)	9:30 Hot Cocoa & Cookies (B) 10:30 Chair Fitness Class (MPR) 12:30 Classic TV: 'I Love Lucy (MP) 1:30 'Gym Time' w/Kimberly (FR) 2:30 Movie Matinee w/Popcorn: 'Mama Mia' (2008) (MP) 3:00 Manicures w/Kimberly (MP) 3:30 Billiard Players Club (BR) 5:00 Card players group (MP)
10:45 Holy Communion w/ Silvia P 12:30 TV Concert: 'Sinatra' (MP) 1:00 LA Dodgers vs NY Mets (P) 1:30 Nickel Bingo games (MPR) 2:00 Dominoes Players Club AR 3:00 Karaoke & Cocktails (MP)	10:00 Move & Groove Exercise Class w/Melodie (MP) 12:30 'Earth Day' Nature Doc (MP) 1:30 Resident Council Meeting MP 2:30 Root Beer Floats Social (AR) 3:00 Jeopardy Trivia Games MP 3:30 Mahjong with Susan (3 rd Fl)	9:30 Morning Chat group (P) 10:00 Random Trivia Games (P) 10:30 Chair Stretches w/Erick MP 12:30 TV Travel: 'Arizona' MP 1:30 Jeopardy Trivia Games (MP) 2:30 RG Gardening Group (P) 3:00 Resident-led Poker Game (P) 3:45 LA Dodgers vs Nationals (MP) 5:30 Resident Choice movie (MP)	9:30 Freshly baked Cookies (B) 24 10:30 Chair Fitness w/Kimberly 11:30 Lunch: 'El Torito' Mex. (O) 12:30 'Pawn Stars' TV Show (MP) 1:30 Shopping: 'Sprouts' (O) 2:30 Meditation/Massages (MP) 3:00 Wine & Cheese Wednesday B 3:30 Nickel Bingo games (MP) 6:00 Veteran Benefits Seminar MP Administrative Professionals Day	9:30 Morning Chat group (MP) 25 10:30 Exercise/Walking Class MP 12:30 Nature Documentary (MP) 1:30 Activity Planning Meeting MP 2:00 Dominoes Players Club (AR) 2:30 Bible Study with Brad (MP) 2:30 Billiard Players Club (BR) 3:30 Karaoke & Cocktails (MP) 5:30 Netflix movie Night (MP)	9:30 Food Council Meeting (MP) 26 10:00 Freshly Baked Cookies (B) 10:30 Exercise Class w/Margaret MF 11:00 Billiards Players Club (3BR) 2:30 Root Beer Floats Social MP 3:00 Bingo games w/prizes! (MP) 3:30 Mahjong with Susan (BR) 4:00 LA Dodgers vs Blue Jays (MP) 5:00 Movie Matinee (MPR) Arbor Day	10:30 Chair Fitness Class (MPR)
1:00 LA Angels vs Twins (MP) 1:30 Nickel Bingo games (MPR) 2:00 Dominoes Players Club AR 3:00 Karaoke & Cocktails (MP)	10:00 Move & Groove Exercise Class w/Melodie (MP) 12:30 'Dancing w/the Stars' MP 1:30 Blackjack Card Games MP 2:30 Popcorn & Coke Social (B) 3:00 Jeopardy Trivia games MP 3:30 Mahjong with Susan (3 rd Fl)	9:30 News & Coffee Group (P) 10:00 Random Trivia Games (P) 10:30 Chair Stretches w/Kimberly 12:30 TV Travel: 'Yellowstone' MP 1:30 Jeopardy Trivia Games (MP) 2:00 Billiard Players Club (BR) 2:30 Fruit Smoothies Social (P) 3:00 Resident-led Poker Game (P) 6:30 MLB: LA Angels vs Twins (MP)		April showers should come your warning and the showers should be shown as the showers shown as the showers should be shown as the showers show as the shown as the showers show as the showers show as the shower shows a show a sh		Dining Room-DR