

Sierra Del Sol Senior Living
8151 E. Speedway Blvd.
Tucson, AZ 85711

Postage
Information

April 2024

Sierra Times

Sierra Del Sol senior Living- 8151 East Speedway Blvd, Tucson AZ 85710



**We are hosting a Men's Lunch with
Pizza, Beer, and Ice Cream Sundaes!!**

**If you'd like to attend, please sign-up
at the front desk. Thank you!**



Good Friends Make Good Neighbors

**Do you have a friend who
is looking to make a move
into a community?**

**When you or your family
members refer someone
to move into the
community, you will
receive a rent credit for
\$4000 after they have lived
with us for 90 days.**

Meet Our Team

**Laure
O-Mendenhall**
Executive Director

Deb Rossi
Director of Sales &
Marketing

Darcy Righello
Community Relation
Director

Keelani Duffey
Wellness Director

Madison Faulkner
Wellness Director

Arine Boschian
Dining Services Director

Maryanna Rodriguez
Life Enrichment Director

Leony Henson
Business Office Manager

Aaron Brady
Plant Operations Director

Laure Letter April 2019

Spring is here, and it is so pleasant outside. I look forward to seeing events out in the courtyard in the next few weeks.

I am thrilled to say that we continue to move in more residents. Thank you to all of you that are spreading the word and inviting people to tour Sierra Del Sol. As our saying goes "Good Friends Make Good Neighbors".

I want to take this opportunity to speak about The Lodge which is our Memory Care here at Sierra Del Sol. We have an amazing group of residents that live at The Lodge. They continue to amaze me with such great conversations and enthusiasm with our many activities. My favorite Memory of The Lodge is the residents requesting to plant a Garden and I love watching them take care of it.

I want to thank the entire team of Employees here at Sierra Del Sol. All of you make me proud with your extreme dedication to taking care of our residents. It really shows that you care and believe me I know your jobs are hard, but you all do it so very well!

It is going to be a great month! Happy Spring!

Laure Mendenhall
Executive Director



HAPPY BIRTHDAY!

Resident Birthdays

- 4/8 Mary C.
- 4/8 Marian K.
- 4/27 Joan O.
- 4/27 Bernardina P.
- 4/29 Pauline L.
- 4/30 Ralph R.

Staff Birthdays

- 4/7 Isaac I.
- 4/15 Jela L.
- 4/15 Wael A.
- 4/18 Arine B.



Employee of the Month



Sierra Del Sol employee of the month goes to Joesph!
 Joesph transferred from dining room server into maintenance. He has shown that he is eager to learn and is willing to tackle any task he is given. I am sure he will be an asset to the maintenance department.

Welcome Home to Our New Residents!



- Constance L.
- Salvador W.
- Patricia S.
- Norman & Barbara P.
- David S.
- Shirley Jo P.
- Thomas D.

Join Us for a Fun
Family Movie Night in the Courtyard!
 April 26th 7PM-9PM
 Popcorn, Soda, and Cotton Candy will be Provided.
 \$5 Per Family Member
 Movie to TBA



Save the Date!

- 4/1 Coronado Dental- Why is Senior dental So Important?
- 4/1 Soft Pretzels and Peach Ice Tea Social
- 4/2 Breakfast at Jerry Bob's
- 4/4 Shopping at Frys & Dollar Store
- 4/7 Shopping at HSSAZ Thrift Store
- 4/8 Men's Lunch: Pizza & Beer
- 4/8 Happy Hour w/ Wild Bill
- 4/9 Pima Air & Space Museum
- 4/10 Gratitude Circle
- 4/10 Pima County Library Book Mobile
- 4/10, 4/24 Bible Study w/ Jaime
- 4/11 Shopping at Trader Joe's
- 4/13 Coffee & Donuts w/ Tanque Verd High School
- 4/14, 4/28 Scenic Bus Ride
- 4/15 Ice Cream Cone Social
- 4/16 Watching a Movie at Galaxy Movie Theater
- 4/17 Food Meeting w/ Chef Arine
- 4/17 Dementia & Alzheimers Family Support Group
- 4/18 Scan Health Talk: Stress Awareness
- 4/18 Good Friends Make Good Neighbors Happy Hour
- 4/20 Cookie Test Tasting w/ Desrae
- 4/22 Margarita Monday w/ Quesadillas
- 4/23 Lunch at Beyond Bread at Mt. Lemmon Lodge
- 4/24 New Resident Meet & Greet
- 4/25 Shopping at Walmart
- 4/26 Family Movie Night in the Courtyard
- 4/27 Veteran's Coffee & Donuts w/ Desrae
- 4/29 Blueberry Pie & Coffee
- 4/29 Grief Support Group
- 4/30 Sun Link Streetcar Scenic Ride



Wonderful times at Sierra Del Sol!



Do we have a duck whisperer in the house?



Happy Hours truly are Happy Hours!!



A beautiful stroll and picnic in the park



We love our scenic drives in The Lodge!

Don't Forget to Join us for Our Live Performances!

- 4/3 Musical Entertainer Manny Herrera
- 4/5, 4/12, 4/19 Sing Along w/ Maryanne
- 4/8 Happy Hour w/ Wild Bill
- 4/10 Singing w/ Lind Updike
- 4/17 Musical Entertainment by Monsoon Winds
- 4/24 Flute Tunes w/ Sharon
- 4/30 Variety Show Rise & Sign