

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2024

## Sierra Del Sol Senior Living

<p>9:30 Prize Bingo 10:30 Virtual Non-Denominational Church Service 11:00 Scenic Bus Ride 1:00 Movie Matinee 3:00 Cinco De Mayo Margaritas, Nachos and Pinata Fun 5:30 Games &amp; Puzzles</p> <p><small>Cinco de Mayo</small></p>	<p>9:00 Rummikub 9:00 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Knockout Chair Boxing 11:00 Chase the Ace 1:30 Stay Sharp! w/ Dr. Andrea Russell 3:00 Social: Wine, Fruit &amp; Cheese 6:00 Docuseries: Our Living World Nature's Amazing Network</p>	<p>9:00 Wii Bowling 10:00 Walkers Club 9:30 Visiting The Embrace Jan 8<sup>th</sup> Memorial and Lunch at JoJo's 11:00 Watercolor &amp; Chat 1:30 Quarter Bingo 3:00 Making Mother's Day Cards w/ Katie 4:00 Tuesday Night Major League Baseball Houston vs. NY Yankees 5:00 Scrabble</p>	<p>9:00 Gardening Club 10:00 Get w/ the Flow Gentle Chair Yoga 10:30 Calling All Ambassadors!! 11:00 Learn How to Sign on YouTube 1:30 Activity Planning Meeting 3:00 May Day Happy Hour w/ Me and My Gal 5:00 Group Coloring</p> <p><small>May Day</small></p>	<p>8:30 Shopping at Fry's &amp; Dollar Tree 9:00 Rummikub 10:00 Travelogue- Destination: Hiking the Pacific Northwest Trail 11:00 Crafty Corner: Cascarones for Cinco De Mayo 1:30 Jeopardy 3:00 Mexican Train Dominos 5:30 Evening Meditation</p>	<p>9:00 Farkle 10:00 Move it and Shake it w/ Desrae 10:30 Quarter Bingo 1:30 Sing Along with Maryanne 2:30 Chat Pack- Getting to Know You 3:00 Uno 6:00 Classic Movie: To Catch a Thief</p>	<p>9:30 Wii Bowling 10:30 What's Cooking? 11:30 150<sup>th</sup> Kentucky Derby 1:00 Underwater Wonders Relaxation Room 1:30 Balloon Volleyball 3:00 Bring Your Favorite Memory 6:00 Saturday Night Movie: The Miracle Club</p>
<p>9:30 Prize Bingo 10:30 Virtual Non-Denominational Church Service 11:00 Scenic Bus Ride 1:00 Movie Matinee 3:00 Cinco De Mayo Margaritas, Nachos and Pinata Fun 5:30 Games &amp; Puzzles</p> <p><small>Cinco de Mayo</small></p>	<p>9:00 Rummikub 9:00 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Knockout Chair Boxing 11:00 Chase the Ace 1:30 Stay Sharp! w/ Dr. Andrea Russell 3:00 Social: Wine, Fruit &amp; Cheese 6:00 Docuseries: Our Living World Nature's Amazing Network</p>	<p>9:00 Wii Bowling 10:00 Walkers Club 9:30 Visiting The Embrace Jan 8<sup>th</sup> Memorial and Lunch at JoJo's 11:00 Watercolor &amp; Chat 1:30 Quarter Bingo 3:00 Making Mother's Day Cards w/ Katie 4:00 Tuesday Night Major League Baseball Houston vs. NY Yankees 5:00 Scrabble</p>	<p>9:00 Gardening Club 9:30 Flower Arranging 10:00 Get w/ the Flow Gentle Chair Yoga 10:30 Junk Drawer Detective 11:00 Gratitude Circle w/ Susan 1:30 Pima County Library Book Mobile 2:30 Bible Study w/ Jaime 3:00 Sing Along w/ Linda Updike 5:00 Group Coloring</p>	<p>8:30 Shopping at Trader Joe's 9:00 Rummikub 9:30 Crosswords &amp; Word Search 10:30 Power Up Strength Training 11:00 Crafty Corner: Mexican Paper Flowers 1:30 Jeopardy 3:00 Nail Polish Parlor &amp; Hand Massage w/ Kathi from Wellpoint 5:30 Evening Meditation</p>	<p>9:00 Farkle 10:00 Move it and Shake it w/ Desrae 10:30 Quarter Bingo 1:30 Left Center Right 2:30 Can You Name 10? 3:00 Crazy 8's 6:00 Classic Movie: West Side Story</p>	<p>9:30 Wii Bowling 10:30 Show and Tell Your Favorite Photo 1:00 Underwater Wonders Relaxation Room 1:30 Balloon Volleyball 3:00 Wine Down &amp; Paint with Katie 6:00 Saturday Night Movie: Falling In Love</p>
<p>9:30 Prize Bingo 10:30 Virtual Non-Denominational Church Service 10:30-12:00 Mother's Day Brunch 10:30 - 11:30 Bob from Littlest Big Band on Guitar 1:00 Matinee Movie 2:00 Church Service w/ Faith Community Church 3:00 You Be the Judge 5:30 Games &amp; Puzzles</p> <p><small>Mother's Day Skill Care Week</small></p>	<p>9:00 Rummikub 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Patriotic Performance by La Paloma Academy 1<sup>st</sup> Graders 11:00 Having Some Outdoor Fun w/ La Paloma Academy 1:30 Stay Sharp! w/ Dr. Andrea Russell 3:00 Beachballs &amp; Dinks at The Pool Side 6:00 Docuseries: Our Living World</p>	<p>9:00 Wii Bowling 10:00 Walkers Club 10:30 Celebrating All of Our Ladies Brunch 11:00 Veterans Lunch at the VFW Post 549 11:00 Color &amp; Chat 1:30 Quarter Bingo 3:00 Picture in Time 4:40 Tuesday Night Major League Baseball NY Yankees vs Minnesota</p>	<p>9:00 Gardening Club 10:00 Get w/ the Flow Gentle Chair Yoga 11:00-1:00 Spring Community Health Fair 3:00 Happy Hour w/ The Littlest Big Band 4:30-5:30 Dementia &amp; Alzheimer's Family Support Group 5:00 Group Coloring</p>	<p>9:00 Rummikub 9:30 Power Up Strength Training 10:00 How to Prevent Falls w/ Bayada 11:00 Blackjack 1:00 Jeopardy 2:00 Town Hall Meeting 3:00 Mexican Train Dominos 5:30 Evening Meditation</p>	<p>9:00 Farkle 10:00 Move it and Shake it w/ Desrae 10:30 Quarter Bingo 1:30 Beanbag Toss 2:30 Chat Pack- Getting to Know You! 3:00 Uno 6:00 Classic Movie: Lilies of the Field</p>	<p>9:30 Wii Bowling 10:30 What's Cooking? 11:30 Question of the Week 1:00 Underwater Wonders Relaxation Room 1:30 Balloon Volleyball 3:00 Jelly Belly, Can You Guess the Flavor? 6:00 Saturday Night Movie: Book Club The Next Chapter</p> <p><small>Armed Forces Day</small></p>
<p>9:30 Prize Bingo 10:30 Virtual Non-Denominational Church Service 11:00 Scenic Bus Ride 1:00 Movie Matinee 3:00 Concert: Frank Sinatra "Retirement Concert" 5:30 Games &amp; Puzzles</p>	<p>9:00 Rummikub 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Knockout Chair Boxing 11:00 Hospice 101: Talking About Your Hospice Benefits 1:30 Stay Sharp! w/ Dr. Andrea Russell 3:00 Social: Hot Fudge Sundaes 6:00 Docuseries: Our Living World Breaking Point</p> <p><small>Victoria Day (Canada)</small></p>	<p>9:00 Wii Bowling 10:00 Walkers Club 9:30 Picnic at Reid Park 11:00 Watercolor &amp; Chat 1:30 Quarter Bingo 3:00 Science Fun w/ Maryanna 4:40 Tuesday Night Major League Baseball Atlanta vs Chicago Cubs 5:00 Scrabble</p>	<p>9:00 Gardening Club 9:30 Flower Arranging 10:00 Get w/ the Flo Gentle Chair Yoga 10:30 Concentration Puzzles 11:00 Sing Along w/ Katie 1:30 Cooking Demo w/ Marcus 1:30 Bible Study w/ Jaime 3:00 Cocktail Karaoke Lounge 5:00 Group Coloring</p>	<p>8:30 Shopping at Walmart 9:00 Rummikub 9:30 Crosswords &amp; Word Search 10:30 Power Up Strength Training 11:00 Crafty Corner: Flag Wreath 1:30 Jeopardy 3:00 Beading &amp; Jewelry Circle 5:30 Evening Meditation</p>	<p>9:00 Farkle 10:00 Move it and Shake it w/ Desrae 10:30 Quarter Bingo 1:30 Left Center Right 2:30 Can You Name 10? 3:00 Crazy 8's 6:00 Classic Movie: The Graduate</p>	<p>9:30 Wii Bowling 10:30 What Do You Like to Collect? 1:00 Underwater Wonders Relaxation Room 1:30 Balloon Volleyball 3:00 Wine Down &amp; Paint with Katie 6:00 Saturday Night Movie: Places in the Heart</p>
<p>9:30 Prize Bingo 10:30 Virtual Non-Denominational Church Service 11:00 Art Therapy: 1:00 Injoy Thrift Store 1:00 Matinee Movie 2:00 Church Service w/ Faith Community Church 3:00 You Be the Judge 5:30 Games &amp; Puzzles</p>	<p>9:00 Rummikub 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Knockout Chair Boxing 11:00 Memorial Day Tribute 12:00 Memorial Day BBQ 1:30 Family Feud 3:00 Social: Patriotic Fruit Kabobs w/ Honey Cream Dip 6:00 Docuseries: Our Living World Road to Recovery</p> <p><small>Memorial Day</small></p>	<p>9:00 Wii Bowling 10:00 Walkers Club 10:30 Park Place Mall and Lunch at Oh My Chicken 11:00 Color &amp; Chat 1:30 Quarter Bingo 3:00 Picture in Time 4:10 Tuesday Night Major League Baseball LA Dodgers vs NY Mets 5:00 Dominos</p>	<p>9:00 Gardening Club 10:00 Get w/ the Flow Gentle Chair Yoga 10:30 Bring Your Best Jokes, Riddles &amp; Giggles 11:00 Crafty Corner: Mason Jar Aquarium 1:00 Food Meeting w/ Chef Arine 3:00 Happy Hour w/ Dirty Old Men Band 5:00 Group Coloring</p>	<p>8:30 Shopping at Target 9:00 Rummikub 9:30 Veteran's Coffee &amp; Donuts w/ Carlos 10:30 Power Up Strength Training 11:00 Blackjack 1:30 Jeopardy 3:00 Mexican Train Dominos 5:30 Evening Meditation</p>	<p>9:00 Farkle 10:00 Move it and Shake it w/ Desrae 10:30 Quarter Bingo 1:30 Beanbag Toss 2:30 Chat Pack- Getting to Know You! 3:00 Uno 6:00 Classic Movie: It Came from Outer Space</p>	<p>"May, the month of sunshine, blooming flowers, and endless possibilities."</p>

Schedule is subject to change. For the most updated information please see the Daily. Sierra Del Sol Senior Living- 8151 E Speedway Tucson AZ 85710