

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Guide

- Activity Room
- Cascade Outing
- Dining Room
- Patio
- Lobby

May 2024

Disney +
You Tube

Outside Vendor

April Showers Brings May

<p>9:30 Happy Feet with KC 10:30 Simple Truth Church Service 1:30 BINGO 3:00 Margarita's & Chips/Dip to celebrate Cinco de Mayo – on the Patio</p> <p>Cinco de Mayo</p>	<p>5</p> <p>Nurses Day 6</p> <p>9:30 Moving & Grooving with Susan – Steel Feathers 10:30 Daily News Discussion 1:30 BINGO 3:00 Karaoke with Susan 4:00 Scenic Relaxation</p>	<p>7</p> <p>DRIVE OUT DAY 7</p> <p>9:30 Tighten Up Tuesday 10:00 Word Games 11:00 Travel Channel 1:30 BINGO 3:00 Writing Workshop 4:00 Take a Selfie Day</p>	<p>1</p> <p>9:30 Work Out Wednesday 10:30 Rhythm & Rhyme with Nory 1:00 Safety Chat with Alex 1:30 BINGO 3:00 International Doodle Day – Let's Draw 4:00 Wine Down Wednesday <small>May Day</small></p>	<p>2</p> <p>9:30 Move & Stretch 10:00 Ananda Tulip Field Trip #2 – SIGN UP 1:30 BINGO 3:00 Walking Club 3:30 Bible Study 4:00 Lemonade Social on Patio</p>	<p>3</p> <p>9:30 Friday Fitness 11:00 Balance Class #5 1:30 BINGO 3:00 Happy Hour with Cowboy Curt 6:15 Evening Cinema – Space Cowboys – National Space Day</p>	<p>4</p> <p>Star Wars Day MAY THE 4th BE WITH YOU 9:30 Stretching with Ryan 10:30 Nurses Thank You Card Day Craft 1:30 BINGO 3:00 Afternoon Cinema with popcorn - Original 1977 Star Wars Movie</p>
<p>12</p> <p>9:30 Happy Feet with KC 10:30 Simple Truth Church Service 12:00 Mother's Day Lunch 1:30 BINGO 3:00 Name that Tune on the Patio</p> <p>Mother's Day National Skilled Nursing Care Week</p>	<p>13</p> <p>9:30 Motivation Monday 10:30 Balloon Banter 11:00 On This Day in History 1:30 BINGO 3:00 Book Club with KC 4:00 Animals Up Close</p>	<p>14</p> <p>DRIVE OUT DAY 14</p> <p>9:30 Tighten Up Tuesday 10:30 Cookie Demo with Alex 1:00 Chef's Chat with Annekin 1:30 BINGO 3:00 Scenic Drive – SIGN UP 4:00 Music on the Patio – Dance like a Chicken Day</p>	<p>8</p> <p>9:30 Work Out Wednesday 10:00 Mother's Day Brooch Craft 1:30 BINGO 3:00 Vacation Slide Show with Annie Whitehouse 4:00 Wine Down Wednesday</p>	<p>9</p> <p>DRIVE OUT DAY 9</p> <p>9:30 Move & Stretch 10:00 Balloon Banter 11:00 Meditation Art 1:00 Thrift Store Outing – SIGN UP 2:30 Dementia Support Group 3:00 Lemonade Social on Patio</p>	<p>10</p> <p>9:30 Friday Fitness 10:00 Animals Up Close 11:00 Balance Class #6 1:30 BINGO 3:00 Happy Hour with Step Side 4:00 Team Crossword Puzzles</p>	<p>11</p> <p>Twilight Zone Day 8:30 Cars & Coffee – SIGN UP 9:30 Stretch with Ryan 10:30 Donuts & Coffee 1:30 BINGO 3:00 Afternoon Cinema - Twilight Zone Episodes 4:00 National Drinking with Chickens Day- Patio Social</p>
<p>19</p> <p>9:30 Happy Feet with KC 10:30 Simple Truth Church Service 1:30 BINGO 3:00 Trivia on the Patio</p>	<p>20</p> <p>9:30 Moving & Grooving with Susan – Steel Feathers 10:30 Daily News Discussion 11:00 Scenic Relaxation 1:30 BINGO 3:00 Karaoke with Susan 4:00 Walking Club</p> <p>Victoria Day (Canada)</p>	<p>21</p> <p>DRIVE OUT DAY 21</p> <p>9:30 Tighten Up Tuesday 10:00 Word Games 11:00 National Parks 1:30 BINGO 3:00 Tai Chi with Homer 4:00 Lemonade Social on the Patio</p>	<p>15</p> <p>9:30 Work Out Wednesday 10:00 Meditation Art 11:30 Cascades Movie Outing to Sutton Cinemas – Planet of the Apes – SIGN UP 1:30 BINGO 4:00 Mimosas on the Patio – National Mimosa Day</p>	<p>16</p> <p>DRIVE OUT DAY 16</p> <p>9:30 Move & Stretch 10:30 Activity Committee 11:00 Resident Council 1:30 BINGO 3:00 Ice cream on the Patio 3:30 Bible Study</p>	<p>17</p> <p>9:30 Friday Fitness 10:00 Team Crossword Puzzles 11:00 Men's Group with Ryan 1:30 BINGO 3:00 Happy Hour with Susan 6:15 Evening Cinema – Empire Strikes Back</p>	<p>18</p> <p>9:30 Stretching with Ryan 10:30 Word Games 1:00-2:30 Star Wars Event – May the 4th be with You! Endor Region 501st visiting Cascades 3:00 Sip it Down Saturday - Social on the Patio <small>Armed Forces Day</small></p>
<p>26</p> <p>9:30 Happy Feet with KC 10:30 Simple Truth Church Service 1:30 BINGO 3:00 Name that Tune on the Patio</p>	<p>27</p> <p>9:30 Motivation Monday 10:00 Balloon Banter 11:00 Daily News Discussion 1:30 BINGO 3:00 Book Club with KC 4:00 Armchair Travel</p> <p>Memorial Day</p>	<p>22</p> <p>9:30 Work Out Wednesday 10:00 Empire Mine Estate Tour and Museum – SIGN UP 1:30 BINGO 3:00 Cruise to South America and Antarctica photo show with Maurice and Katherine 4:00 Wine Down Wednesday</p>	<p>23</p> <p>DRIVE OUT DAY 23</p> <p>9:30 Move & Stretch 10:00 Picture Frame Craft with Selfie Photo 1:30 BINGO 3:00 Sip & Paint – World Turtle Day – Let's Get Creative 5:30 Dementia Support Group</p>	<p>24</p> <p>9:30 Friday Fitness 10:00 Daily News Discussion 11:00 9-Ball Tournament 1:30 BINGO 3:00 Afternoon Cinema with popcorn – Return of the Jedi</p>	<p>25</p> <p>9:30 Stretching with Ryan 10:00 Dollar Store Trip – SIGN UP 1:30 BINGO 3:00 National Wine Day – Social on the Patio 4:00 Trivia on the Patio</p>	<p>28</p> <p>DRIVE OUT DAY 28</p> <p>9:30 Tighten Up Tuesday 10:00 Coffee & Conversation 11:00 Scenic Relaxation 1:30 BINGO 3:00 Come Meet Your Neighbors – Wine on the Patio 4:00 Writing Workshop</p>
<p>29</p> <p>9:30 Work Out Wednesday 10:00 Team Crossword Puzzles 11:00 Bridgeport Covered Bridge Outing & Picnic SIGN UP 1:30 BINGO 3:00 Afternoon Cinema with popcorn – The Original Dr. Doolittle</p>	<p>30</p> <p>DRIVE OUT DAY 30</p> <p>9:30 Move & Stretch 10:00 National Drawing Day Let's Draw Frogs! 1:30 Grocery Shopping Trip – SIGN UP 3:00 Root Beer Floats on Patio 4:00 National Parks</p>	<p>31</p> <p>9:30 Friday Fitness 10:00 Balloon Banter 11:15 Lunch Outing to Crooked Lane Brewery in Auburn – SIGN UP 1:30 BINGO 3:00 Happy Hour with Roland 6:15 Evening Cinema – Rogue One – Star Wars Movie</p>	<p>Residents Birthdays</p> <p>Joe C. – May 4th Alice C. – May 6th Nancy K. – May 11th</p>			