

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>NOW Day</b> 30 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass on Channel 12 10:00 Snack & Hydrate 10:30 The Daily Chronicle 1:30 Springtime Karaoke with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Series at the Living Room: Our Living World				<p>"To be the father of a nation is a great honor, but to be the father of a family is a greater joy" — Nelson Mandela</p>	<b>National Olive Day</b> 1 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Nail Care with Carol 5:30 Netflix Adventure Series	
<b>National Animal Rights Day</b> 2 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass on Channel 12 10:00 Snack & Hydrate 10:30 The Daily Chronicle 1:30 Springtime Karaoke with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Series at the Living Room: Our Great National Parks	<b>World Bicycle Day</b> 3 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Steel Feathers Yoga with Gee 10:30 Snack & Hydrate 10:30 Famous Quotes & Sayings 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 NHL Regular Season - Channel 30 5:30 Board Games	<b>Audacity of Hope Day</b> 4 9:00 Zen Music Meditation 9:00 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Sing Along Songs 2:00 Pick-a-Card Game with Carol 2:30 Snack & Hydrate 3:00 Large Jigsaw Puzzles 5:30 Classic Movie and Snacks	<b>Baby Boomers Recognition Day</b> 5 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Test Your Problem Solving Skills 2:00 Choose Your Own Adventure 2:30 Snack & Hydrate 3:00 Birthday Bash with Tony Birtolo 5:00 Classic Card Games	<b>Russian Language Day</b> 6 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Spot the Difference - YouTube 2:00 Afternoon Brain Boosters 2:30 Snack & Hydrate 3:00 Let's Make Pizza with Carol 5:30 Large Group Jigsaw Puzzles	<b>World Caring Day</b> 7 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Music Appreciation - Flute Music 10:30 Brain Teasers and Trivia 2:00 Bible Verse Read Aloud 2:30 Snack and Hydrate 3:00 Easy Pottery with Carol 5:30 Virtual Travel Hour & Snacks	<b>National Best Friends Day</b> 8 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Namaste and Simple Spa Hour 5:30 Netflix Adventure Movies
<b>Toy Industry Day</b> 9 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass on Channel 12 10:00 Snack & Hydrate 10:30 The Daily Chronicle 1:30 Springtime Karaoke with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Series at the Living Room: Our Great National Parks	<b>Iced Tea Day</b> 10 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Steel Feathers Yoga with Gee 10:30 Snack & Hydrate 10:30 Famous Quotes & Sayings 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 NHL Regular Season - Channel 30 5:30 Board Games	<b>National Egg Roll Day</b> 11 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Sing Along Songs 1:00 Hummus Tasting with Abraham 2:30 Snack & Hydrate 3:00 Large Jigsaw Puzzles 5:30 Classic Movie and Snacks	<b>Filipino Day</b> 12 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Test Your Problem Solving Skills 2:00 Conversation Cards with Monica 2:30 Snack & Hydrate 3:00 Happy Hour with Brenda Hebert 5:30 Classic Card Games	<b>Axe Throwing Day</b> 13 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 11:00 HS Annual Filipino Luncheon 1:00 Loteria & Margaritas with Ericka 2:30 Snack & Hydrate 3:00 Make Paper Flowers with Carol 5:30 Large Group Jigsaw Puzzles	<b>Flag Day</b> 14 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Music Appreciation - Flute Music 10:30 Brain Teasers and Trivia 2:00 Bible Verse Read Aloud 2:30 Snack and Hydrate 3:00 Watercolor Art with Carol 5:30 Expoza Travel Hour & Snacks	<b>Mermaid Day</b> 15 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Nail Care with Carol 5:30 Netflix Adventure Movies
<b>Father's Day</b> 16 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass on Channel 12 10:00 Snack & Hydrate 10:30 The Daily Chronicle 11:30 Father's Day Luncheon (DR) 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Series at the Living Room: Our Great National Parks	<b>Root Beer Day</b> 17 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Steel Feathers Yoga with Gee 10:30 Snack & Hydrate 10:30 Famous Quotes & Sayings 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 NHL Regular Season - Channel 30 5:30 Board Games	<b>International Sushi Day</b> 18 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Sing Along Songs 2:00 Pick-a-Card Game with Carol 2:30 Snack & Hydrate 3:00 Large Jigsaw Puzzles 5:30 Classic Movie and Snacks	<b>Juneteenth</b> 19 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Test Your Problem Solving Skills 2:00 Choose Your Own Adventure 2:30 Snack & Hydrate 3:00 Happy Hour with Mike Jones 5:30 Classic Card Games	<b>American Eagle Day</b> 20 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Spot the Difference - YouTube 2:00 Afternoon Brain Boosters 2:30 Snack & Hydrate 3:00 Let's Make Pretzels with Carol 5:30 Large Group Jigsaw Puzzles	<b>National Day of the Gong</b> 21 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Music Appreciation - Flute Music 10:30 Brain Teasers and Trivia 2:00 Bible Verse Read Aloud 2:30 Snack and Hydrate 3:00 Basket Weaving with Carol 5:30 Expoza Travel Hour & Snacks	<b>First Day of Summer</b> 22 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Namaste and Simple Spa Hour 5:30 Netflix Adventure Movies
<b>National Hydration Day</b> 23 9:00 Joel Osteen on Channel 26 9:30 Easter Mass on Channel 12 10:00 Snack & Hydrate 10:30 The Daily Chronicle 2:00 Springtime Karaoke with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Series at the Living Room: Our Great National Parks	<b>Celebration of the Senses Day</b> 24 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Steel Feathers Yoga with Gee 10:30 Snack & Hydrate 11:00 Memorial Day Luncheon (BP) 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 NHL Regular Season - Channel 30 5:30 Board Games	<b>National Columnists Day</b> 25 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Sing Along Songs 2:00 Pick-a-Card Game with Carol 2:30 Snack & Hydrate 3:00 Large Jigsaw Puzzles 5:30 Classic Movie and Snacks	<b>Wear Pink Day</b> 26 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Test Your Problem Solving Skills 2:00 Choose Your Own Adventure 2:30 Snack & Hydrate 3:00 Karaoke Fun with HS Staff 5:30 Classic Card Games	<b>National Onion Day</b> 27 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Spot the Difference - YouTube 2:00 Afternoon Brain Boosters 2:30 Snack & Hydrate 3:00 Make Paper Flowers with Carol 5:30 Large Group Jigsaw Puzzles	<b>Ugliest Dog Day</b> 28 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Music Appreciation - Flute Music 10:30 Brain Teasers and Trivia 2:00 Bible Verse Read Aloud 2:30 Snack and Hydrate 3:00 Acrylic Art with Carol 5:30 Expoza Travel Hour & Snacks	<b>World Camera Day</b> 29 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Namaste and Simple Spa Hour 5:30 Netflix Adventure Movies