May 2024

# Spring Valley News

#### **Major Announcements**

Happy May! This month we are rolling out new activities, events, outings, and more! Stay tuned to read all the exciting things Spring Valley has to offer in May and June.

> "No winter lasts forever; no spring skips its turn." by Hal Borland

#### Introducing Life Enrichment

#### Cyrstan Waller

Cyrstan is so excited to be part of the SVA team. She has been working in healthcare for ten years and has six years of activity experience! She is happy to bring new and exciting things to Spring Valley. If you haven't had the chance to meet her, join the next activity on the schedule!





Spring Valley News

January 13, 2023

## Upcoming Events





### Activity Outings

#### May 1st

Jordan Schnitzer Museum at the University of Oregon! Learn about art, culture, and history together!

#### May 15th



TRIP TO FLORENCE (ALL DAY) Including lunch at a coastal restaurant, shopping, gambling, and more!

#### May 22nd

SCENIC DRIVE! Let's go up the Mackenzie River. Enjoy scenic forest views, sunshine, and the river!

Be sure to check your calendar and the activity board in the dining hall to see other events and activities happening each month!



**Spring Valley News** 

In other News

Stay Tinned for

June 21st we are having a live petting Zoo here at Spring Valley!

Spring/Summer menu items to return to our Spring Valley Kitchen!

Daily Calendars to return to keep you informed on what's going on at Spring Valley!

## Joke of the Month

What do you call an angry carrot? A steamed veggie.

## **May Weather**

Get ready for some rain and shine! Average temperature will be 60 degrees this month with some days rain and some days sunshine! Be sure to dress in layers and pack your umbrella!

