

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>L = Lobby TR = Theater Room CK = Country Kitchen AR = Activity Room BP = Back Patio CR = Conference Room LR = Living Room FE = Front Entrance</p>				<b>U.S. Air Force Day 1</b> 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Diamond Painting at the Theater 3:00 Let's Bake Cookies with David (CK) 3:00 Holy Rosary w/ Bonnie (CR) 5:00 Netflix Documentary Movie: The Plane that Disappeared (TR)	<b>National Coloring Book Day 2</b> 9:00 Coffee and News at the Bistro 9:30 Mindfulness Meditation (B) 10:00 Spot the Difference (B) 11:00 Foodie Run at Kobe Sushi 2:00 Scrabble Club with Roger (B) 2:00 Paper Basket Weaving w/ Carol (B) 3:00 Shopping at Trader Joe's 5:00 Netflix Movie of the Week: Our Residents' Choice (TR)	<b>Happy Birthday Joseph! 3</b> 9:00 Catholic Services (TR) 9:30 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Bible Verse Sharing at the Bistro 1:00 BINGO at the Activity Room 3:00 Happy Hour with Michael Sara (LR) 3:00 Expoza Travels on YouTube (TR) 5:00 Netflix Period Movies: The English Games (TR)
<b>Coast Guard Day 4</b> 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Mass on TV Channel 12 10:00 Nine Letter Puzzles (B) 2:00 Netflix Reality TV Series: Quest for the Iron Chef Legend (B) 3:00 Expoza Travels on YouTube (B) 5:00 Netflix Reality TV Series: The Amazing Race - Season 1 (B)	<b>National Oyster Day 5</b> 9:00 Walking Club with Roger (FE) 10:00 LEAP Fitness Yoga on YouTube (B) 1:00 Bingo with Julie & Bryan from Brighton Health (AR) 2:00 RV Travelling Robert -YouTube (B) 3:00 Large Word Find Puzzles (B) 4:00 Watch the Italy Olympics - Ch.30 (B) 5:00 Netflix Travel Series at the Bistro: Amazing Vacation Rentals (B)	<b>National Root Beer Float Day 6</b> 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 1:10 Tea Tasting with Chef Celeste (DR) 2:00 Scrabble Club with Roger (B) 3:00 Shopping at Walmart 5:00 Netflix Mystery Series: ENCOUNTERS (B)	<b>Purple Heart Day 7</b> 9:00 Coffee and News at the Bistro 10:00 Resident Council Meeting and Food for Thought with Chef Celeste 1:00 BINGO at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 3:00 Passport Sign up for the Cruise (B) 3:30 Watermelon Smoothies at the Bistro 5:00 Netflix Nature Series: Nature Life w/ David Attenborough (B)	<b>Happiness Happens Day 8</b> 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Diamond Painting at the Theater 3:00 Let's Bake Cookies with David (CK) 3:00 Holy Rosary w/ Bonnie (CR) 5:00 Netflix Documentary Movie: You Are What You Eat (TR)	<b>Book Lovers Day 9</b> 9:00 Coffee and News at the Bistro 9:30 Mindfulness Meditation (B) 10:00 Casino Outing at Red Rock Casino 2:00 Paper Basket Weaving w/ Carol (B) 2:00 Scrabble Club with Roger (B) 3:00 Shopping at the Dollar Tree 5:00 Netflix Movie of the Week: Our Residents' Choice (TR)	<b>Smithsonian Day 10</b> 9:00 Catholic Services (TR) 9:30 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Weekly Bible Verse Sharing (B) 1:00 BINGO at the Activity Room 3:00 Simple Manicures with Carol (AR) 3:00 Expoza Travels on YouTube (B) 5:00 Netflix Period Movies: The English Games (TR)
<b>Popsicle Day 11</b> 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Mass on TV Channel 12 10:00 Nine Letter Puzzles (B) 2:00 Netflix Reality TV Series: Quest for the Iron Chef Legend (B) 3:00 Expoza Travels on YouTube (B) 5:00 Netflix Reality TV Series: The Amazing Race - Season 1 (B)	<b>Milkman Day 12</b> 9:00 Walking Club with Roger (FE) 10:00 Blood Pressure Clinic w/ Rebecca (B) 1:00 Bingo with Eileen from Comfort Home Health (AR) 2:00 RV Travelling Robert -YouTube (B) 3:00 Large Word Find Puzzles (B) 4:00 Watch the Italy Olympics - Ch.30 (B) 5:00 Netflix Travel Series at the Bistro: Amazing Vacation Rentals (B)	<b>International Left Handers Day 13</b> 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 2:00 Scrabble Club with Roger (B) 3:00 Shopping at Smith's 5:00 Netflix Mystery Series: ENCOUNTERS (B)	<b>Hawaiian Cruise 14</b> 9:00 Coffee and News at the Bistro 10:00 Hot Hula Fitness on YouTube (B) 10:30 Jeopardy Trivia: Hawaiian Culture (B) 1:00 HULA BINGO at the Activity Room 2:00 Virtual Tour Hour: HAWAII (B) 4:00 Hawaiian Luau in the Dining Room 4:30 Annual Hawaiian Hula Performance 5:00 Hawaiian Featured Movie: Finding Ohana (B) (TR)	<b>Best Friends Day 15</b> 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Diamond Painting at the Theater 3:00 Let's Bake Cookies with David (CK) 3:00 Holy Rosary w/ Bonnie (CR) 5:00 Netflix Documentary Movie: You Are What You Eat (TR)	<b>Taiwanese Cruise 16</b> 9:00 Coffee and News at the Bistro 9:30 Chair Tai Chi & Qi Gong (B) 10:00 Jeopardy Trivia: Taiwan (B) 11:00 Taiwanese Music & Cuisine (DR) 2:00 Virtual Tour Hour: TAIWAN (B) 2:00 Let's Play MAHJONG (B) 3:00 Let's Play JackStone (B) 5:00 Taiwanese Featured Movie: Marry My Dead Body (TR)	<b>Chef Appreciation Day 17</b> 9:00 Catholic Services (TR) 9:30 Coffee and News at the Bistro 10:00 Chair Yoga Routine on YouTube (B) 10:30 Bible Verse Sharing at the Bistro 1:00 BINGO at the Activity Room 3:00 Fortune Cookie Social w/ Donna (B) *Serving Drinks and Snacks* 5:00 Netflix Period Movies: The English Games (TR)
<b>Happy Birthday Mary Ellen! 18</b> 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Mass on TV Channel 12 10:00 Nine Letter Puzzles (B) 2:00 Netflix Reality TV Series: Quest for the Iron Chef Legend (B) 3:00 Expoza Travels on YouTube (B) 5:00 Netflix Reality TV Series: The Amazing Race - Season 1 (B)	<b>Italian Cruise 19</b> 9:00 Walking Club with Roger (FE) 10:00 Simple Pilates with Carol (B) 1:00 Bingo with Heather from Enhabit Health (AR) 2:00 Virtual Tour Hour: ITALY (B) 3:00 Let's Play Bocce Ball (BP) 4:00 Watch the Italy Olympics - Ch.30 (B) 5:00 Italian Featured Movie: Under the Amalfi Sun (B) (TR)	<b>National Radio Day 20</b> 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 2:00 Scrabble Club with Roger (B) 3:00 Shopping at Walmart 5:00 Netflix Mystery Series: ENCOUNTERS (B)	<b>Japanese Cruise 21</b> 7:00 Monthly Signature Breakfast (DR) 9:00 Coffee and News at the Bistro 10:00 Chair Dancing Fitness (B) 10:30 Jeopardy Trivia: Japanese Culture (B) 1:00 Japanese Bingo (AR) 2:00 Virtual Tour Hour: JAPAN (B) 3:00 Sushi Tasting with Carol (B) 5:00 Japanese Featured Movie: SHOGUN (B) (TR)	<b>National Bao Day 22</b> 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Diamond Painting at the Theater 3:00 Let's Bake Cookies with David (CK) 3:00 Holy Rosary w/ Bonnie (CR) 5:00 Netflix Documentary Movie: You Are What You Eat (TR)	<b>USA Cruise 23</b> 9:00 Coffee and News at the Bistro 10:00 Jane Fonda Workout Routine (B) 10:30 Jeopardy Trivia: US Cultures (B) 11:00 Burgers and Hot Dog Grilling (BP) 2:00 Virtual Tour Hour: USA (B) 2:00 Beer Tasting w/ Abraham (B) 3:00 Bonfire & Smores with Roger (BP) 5:00 USA Outdoor Featured Movie: TOP GUN (BP)	<b>Happy Birthday Arlene! 24</b> 9:00 Catholic Services (TR) 9:30 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Bible Verse Sharing at the Bistro 1:00 BINGO at the Activity Room 2:30 Simple Manicures with Carol (AR) 3:00 Expoza Travels on YouTube (B) 5:00 Netflix Period Movies: The English Games (TR)
<b>Pony Express Day 25</b> 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Mass on TV Channel 12 10:00 Nine Letter Puzzles (B) 2:00 Netflix Reality TV Series: Quest for the Iron Chef Legend (B) 3:00 Expoza Travels on YouTube (B) 5:00 Netflix Reality TV Series: The Amazing Race - Season 1 (B)	<b>Mexican Cruise 26</b> 9:00 Walking Club with Roger (FE) 10:00 Chair Zumba Exercises (B) 1:00 Loteria with Ericka (AR) 2:00 Virtual Tour Hour: MEXICO (B) 3:00 Mexican Snacks at the Bistro 4:00 Mexican Inspired Diiner (DR) 5:00 Mexican Featured Movie: Queens on the Run (B) (TR)	<b>National Cinema Day 27</b> 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 2:00 Scrabble Club with Roger (B) 3:00 Shopping at Albertson's 5:00 Netflix Mystery Series: ENCOUNTERS (B)	<b>Philippine Cruise 28</b> 9:00 Kapeng Barako at Tinapay at the Bistro 10:00 Philippine Zumba Fitness (B) 10:30 Jeopardy Trivia: Philippine Culture (B) 1:00 Let's Play Tong- Its in the Bistro 2:00 Virtual Tour Hour: PHILIPPINES (B) 3:00 Halo Halo Merienda at the Bistro *Serving Halo Halo and Turon* 5:00 Filipino Featured Movie: MALLARI (B) (TR)	<b>More Herbs, Less Salt Day 29</b> 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Diamond Painting at the Theater 3:00 Let's Bake Cookies with David (CK) 3:00 Holy Rosary w/ Bonnie (CR) 5:00 Netflix Documentary Movie: You Are What You Eat (TR)	<b>National Beach Day 30</b> 9:00 Coffee and News at the Bistro 9:30 Mindfulness Meditation (B) 10:00 Spot the Difference (B) 11:00 Foodie Run to Mr. Chopsticks 2:00 Paper Basket Weaving w/ Carol (B) 2:00 Scrabble Club with Roger (B) 3:00 Shopping at Sprouts 5:00 Netflix Movie of the Week: Our Residents' Choice (TR)	<b>Trail Mix Day 31</b> 9:00 Catholic Services (TR) 9:30 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Bible Verse Sharing at the Bistro 1:00 BINGO at the Activity Room 2:30 Simple Manicures with Carol (AR) 3:00 Expoza Travels on YouTube (B) 5:00 Netflix Period Movies: The English Games (TR)