

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Please remember, all bus outings require sign-up in advance!  
Activities are hosted in the lounge unless otherwise indicated.  
Every effort is made to fulfill all calendar events; however, activities could be subject to change.

Movie descriptions will be listed on the daily schedule posted at front desk.

10:30 Garden Tending & Morning Walk  
11:30 Lunch Outing: **Roaring Rapids**  
1:30 TV: *Newhart*, S1E1 (AP)  
3:00 Activity Planning for September  
6:00 Documentary: *Remembering Gene Wilder* (NF)

4

9:30 Morning Stretch  
10:15 Shopping: Bi-Mart  
11:30 Morning Walk, Self-Led  
2:00 Craft: Tye Dye Totes  
4:00 New Resident Meet & Greet  
6:00 Game: Residents' Choice

5

9:30 Chair Dance Fun  
10:30 Rummikub  
1:30 Craft: Glass Magnets  
2:30 Bingo  
4:00 Resident Led Quiddler  
6:00 Movie: *Ghostbusters, Frozen Empire* (NF)

6

9:30 Exercise w/Johonna from Steel Feathers  
10:30 Coffee Social  
11:00 Group Chat: Worry & Anxiety  
2:00 Pictionary  
3:30 Writing Workshop  
6:00 Resident Card Game

7

10:30 Resident Led Quiddler  
11:30 Socializing Out Front  
1:00 Afternoon Stretch  
2:00 DIY Nail Spa  
6:00 Series Night: *Joe Pickett* (S2E5) (P+)

1

9:30 Exercise w/Kristy  
10:30 Craft: Abstract Self Portrait  
2:00 Discussion: Do We Get Wiser as We Age?  
3:00 Bingo  
6:00 Resident Game

2

9:30 Chair Fitness w/Paul Eugene on YouTube  
11:00 Spiritual Services on YouTube  
1:30 Movie & Popcorn: *The Long Game* (NF)  
4:00 Game: Residents' Choice  
6:00 TV Time, Caregivers Choice

3

10:30 Garden Tending & Morning Walk  
1:30 Simple Still Life Drawing  
3:00 **Ice Cream Social**  
6:00 Documentary: *Is Genesis History?* (AP)

11

9:30 Morning Stretch  
9:45 Shopping: Winco  
10:30 Resident Social Coloring  
2:30 **Sing Along with The Bad Manors from Cascade Manor**  
6:00 Game: Residents' Choice

12

9:30 Chair Dance Fun  
10:30 Painting Custom Artwork  
1:30 Balloon Swat  
2:30 Bingo  
4:00 Resident Led Help Your Neighbor  
6:00 Movie: *Deep Impact* (P+)

13

9:00 **Outing: Newport**  
9:30 Chair Fitness w/Paul Eugene on YouTube  
1:30 Mid-week Malinee: *Clambake* (AP)  
3:30 Socializing Out Front  
6:00 Resident Card Game  
Mabel's Birthday  
Beryl's Birthday

14

10:30 Resident Led Help Your Neighbor  
11:30 Morning Walk, Self-Led  
1:00 Afternoon Stretch  
2:00 **Timothy Patrick on Guitar**  
4:30 Happy ½ Hour  
6:00 Series Night: *Joe Pickett* (S2E7) (P+)

15

9:30 Exercise w/Kristy  
10:30 Craft: Grass Skirts  
2:00 World Religions: Indigenous Religions  
3:00 Texas Hold 'Em  
6:00 Resident Game

16

9:30 Chair Fitness w/Paul Eugene on YouTube  
11:00 Spiritual Services on YouTube  
1:30 Movie & Popcorn: *On The Bais of Sex* (NF)  
4:00 Game: Residents' Choice  
6:00 TV Time, Caregivers Choice

17

10:30 Garden Tending & Morning Walk  
1:30 Outing: St. Vinnie's  
4:00 Craft: Grass Skirts  
6:00 Documentary: *Secrets of the Neanderthals* (NF)

18

9:30 Morning Stretch  
10:00 Shopping: Trader Joe's  
11:00 Socializing Out Front  
2:00 **Tim Biggs on Guitar**  
4:00 Prize Bingo  
6:00 Game: Residents' Choice

19

9:30 Chair Dance Fun  
10:30 Rummikub  
1:30 Writing Prompts  
2:30 Texas Hold 'Em  
4:00 Resident Social Coloring  
6:00 Movie: *Lara Croft: Tomb Raider* (AP)

20

9:30 Exercise w/Johonna from Steel Feathers  
10:30 Coffee Social  
11:00 Group Chat: How Smart is Artificial Intelligence?  
2:00 **Vocalist Sara Scofield**  
3:30 Talking Dice  
6:00 Resident Card Game

21

10:30 Resident Led Quiddler  
11:30 Socializing Out Front  
1:00 Afternoon Stretch  
2:00 Craft: Fascinators and Boutonnieres  
4:30 Happy ½ Hour  
6:00 Series Night: *Joe Pickett* (S2E8) (P+)

22

9:30 Exercise w/Kristy  
10:30 Discussion: Can Empathy be Taught?  
2:00 Cornhole  
3:00 Bingo  
6:00 Resident Game

23

9:30 Chair Fitness w/Paul Eugene on YouTube  
11:00 Spiritual Services on YouTube  
1:30 Movie & Popcorn: *The Peanut Butter Falcon* (NF)  
4:00 Game: Residents' Choice  
6:00 TV Time, Caregivers Choice

24

10:30 Garden Tending & Morning Walk  
11:00 Craft: Stretchy Bracelets  
2:00 **Tea Party**  
4:00 **FETCH Therapy Dog Visit**  
6:00 Documentary: *Cirque du Soleil: Without a Net* (AP)

25

9:30 Morning Stretch  
10:15 Shopping: Safeway  
11:30 Morning Walk, Self-Led  
2:00 Resident Council  
3:30 August Birthdays Cake  
6:00 Game: Residents' Choice

26

9:30 Chair Dance Fun  
10:30 Craft: Glass Painting  
1:00 Resident Food Council  
2:30 Texas Hold 'Em  
4:00 Resident Socializing Out Front  
6:00 Movie: *Lawrence of Arabia* (AP)

27

9:30 Exercise w/Rita  
10:30 Coffee Social  
11:00 Group Chat: Normalizing Death & Dying  
1:30 Mid-Week Malinee: *South Pacific*  
3:00 **Luau w/Hawaiian Elvis!**  
4:30 Happy ½ Hour  
5:00 **Friends & Family Buffet**

28

10:30 Resident Led Scrabble  
11:00 Resident Social Coloring  
1:00 Afternoon Stretch  
1:30 **Outing: Swimming at Waterford**  
4:30 Card Reading  
6:00 Series Night: *Joe Pickett* (S2E9) (P+)

29

9:30 Exercise w/Kristy  
10:30 Postcard Writing  
2:00 Craft: Clothespins Repurposed  
3:00 Bingo  
6:00 Resident Led Game

30

9:30 Chair Fitness w/Paul Eugene on YouTube  
11:00 Spiritual Services on YouTube  
1:30 Movie & Popcorn: *Guarding Tess* (AP)  
4:00 Game: Residents' Choice  
6:00 TV Time, Caregivers Choice

31