

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Light & Lively Exercise <b>1</b> 10:00 Livestream Church & Hymns 1:30 Ice Cream Social 2:00 Movie 3:30 Tech Support <b>6:30 Hymn Sing Gathering With Mary, Gerry &amp; Dick</b>	9:30 Light & Lively Exercise <b>2</b> 10:30 Chronicle & Trivia 11:00 Chair Exercise <b>11:30 Casino Outing</b> 1:00 Pinochle 2:00 Jigsaw Puzzles 3:30 Adult Coloring 6:30 Resident Led Games <small>Labor Day</small>	9:30 Light & Lively Exercise <b>3</b> 9:30 Errand Run 10:30 Chronicle & Trivia 11:00 Chair Exercise 1:00 Finishing Art Projects 2:30 Bingo 3:30 Bunco 6:30 Pinochle 7:00 Mexican Train	<b>Footcare Appointments 4</b> 9:30 Light & Lively Exercise 10:30 Chronicle & Trivia 11:00 Balance Class 1:00 Popcorn/Pinochle 1:30 Meditation <b>2:00 Piano Music with Gary Hood</b> 3:15 National Wildlife Day Documentary	9:30 Light & Lively Exercise <b>5</b> 10:30 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run <b>1:00 Bible Study-Eldercare</b> 1:00 Baking Banana Bread With Crystal 3:30 Happy Hour 7:00 Resident Led Mexican Train	9:30 Light & Lively Exercise <b>6</b> 10:30 Chronicle & Trivia 11:00 YouTube Yoga Dance 1:00 Pinochle 1:00 Documentary NY Fashion Week 2:30 Balloon Volleyball 3:30 Pokeno Card Game 6:30 Hand & Foot Cards	<b>Self-Awareness Saturday 7</b> 9:30 Light & Lively Exercise 10:00 Coffee & Positive Affirmations 11:00 Indoor/Outdoor Walks 1:30 Root Beer Float Social 2:30 Bingo 3:30 Jigsaw Puzzles 6:30 Pinochle
Assisted Living Week <b>8</b> 9:30 Light & Lively Exercise 10:00 Livestream Church & Hymns 1:00 Popcorn 1:00 Family Ice Cream Social <b>1:05 Seahawks Game-CBS</b> 3:30 Family Board Games <small>Grandparents Day</small>	Lane Dance Week Begins <b>9</b> 9:30 Light & Lively Exercise <b>10:00 Scenic Drive</b> 10:30 Chronicle & Trivia 11:00 Chair Exercise <b>11:30 Catholic Communion</b> 1:00 Pinochle 1:30 YouTube Line Dancing 3:00 Coffee, Adult Coloring & Brain Games	9:30 Light & Lively Exercise <b>10</b> 9:30 Errand Run 10:30 Chronicle & Trivia 11:00 Chair Exercise <b>2:00 Food Meeting</b> 2:30 Bingo 3:30 Adult Coloring 6:30 Pinochle 7:00 Mexican Train	9:30 Light & Lively Exercise <b>11</b> 10:30 Chronicle & Trivia 11:00 Balance Class 1:00 Popcorn/Pinochle 1:00 Carol Burnett Show <b>2:00 Guitar Music with Lee Howard</b> 3:15 Scrabble 6:30 Resident Led Games	9:30 Light & Lively Exercise <b>12</b> 10:30 Chronicle & Trivia 11:00 Chair Exercise 1:30 Errand Run <b>2:15 All About Hearing</b> 3:00 Happy Hour <b>4:00 Outing to Allen United Methodist Church for a Spaghetti Dinner</b>	9:30 Light & Lively Exercise <b>13</b> 10:30 Chronicle & Trivia 11:00 YouTube Yoga Dance 1:00 Pinochle 1:00 Documentary <b>2:00 Piano Music with Ron Meyers</b> 3:15 Pokeno Card Game 6:30 Resident Led Games	9:30 Light & Lively Exercise <b>14</b> 10:00 Coffee Social 11:00 Indoor/Outdoor Walks 1:30 Root Beer Float Social 2:30 Bingo 3:30 Jigsaw Puzzles 6:30 Pinochle 7:00 Mexican Train
Balance Awareness Week <b>15</b> National Hispanic Heritage Month Begins 9/15-10-15 9:30 Light & Lively Exercise 10:00 Livestream Church & Hymns <b>10:00 Seahawks Game-FOX</b> 1:30 Ice Cream Social 2:00 Classic Movie/Coloring 3:30 Tech Support	Mexican Independence Day <b>16</b> 9:30 Light & Lively Exercise 10:30 Chronicle & Trivia 11:00 Chair Exercise <b>11:30 Mexican Lunch Outing to TEPIC</b> 1:00 Pinochle 1:30 Wii Bowling <b>2:30 Outsmarting-Edward Scammers Jones</b>	Harvest Moon Tonight <b>17</b> 9:30 Light & Lively Exercise 9:30 Errand Run 10:30 Chronicle & Trivia 11:00 Chair Exercise 1:00 Beading Bracelets 2:30 Bingo 3:30 Bunco 6:30 Pinochle 7:00 Mexican Train	Happy Birthday <b>18</b> U.S. Air Force 9:30 Light & Lively Exercise 10:30 Chronicle & Trivia 11:00 Balance Class 1:00 Popcorn/Pinochle <b>1:00 Dementia Education</b> <b>2:00 Monthly Birthday Party Music by Folk Voice Band</b>	9:30 Light & Lively Exercise <b>19</b> 10:30 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run <b>1:00 Bible Study-Eldercare</b> 1:00 Baking Blueberry Scones with Michelle 3:30 Happy Hour 7:00 Resident Led	Deaf Awareness Week Begins <b>20</b> 9:30 Light & Lively Exercise 10:30 Chronicle & Trivia 11:00 YouTube Yoga Dance 1:00 Pinochle 1:30 Documentary The Miracle Worker 3:30 Blackjack 6:30 Resident Led Games	World Alzheimer's Day <b>21</b> 9:30 Light & Lively Exercise 10:00 Coffee Social 11:00 Indoor/Outdoor Walks 1:30 Root Beer Float Social 2:30 Bingo 3:30 Jigsaw Puzzles 6:30 Pinochle 7:00 Mexican Train <small>Oktoberfest Begins</small>
National Dog Week <b>22</b> 9:30 Light & Lively Exercise 10:00 Livestream Church & Hymns 1:00 Popcorn <b>1:05 Seahawks Game-CBS</b> 1:30 Hot Chocolate Social 2:30 Fall Crafts <small>Autumn Begins</small>	9:30 Light & Lively Exercise <b>23</b> 10:30 Chronicle & Trivia 11:00 Chair Exercise <b>11:30 Catholic Communion</b> 1:00 Pinochle 1:00 Wii Bowling 2:00 Coffee & Brain Games <b>3:00 Old Time Fiddlers Performance</b> 6:30 Resident Led Games	<b>8:30 Veteran's Breakfast 24</b> 9:30 Light & Lively Exercise 9:30 Errand Run 10:30 Chronicle & Trivia 11:00 Chair Exercise 1:00 Adult Coloring 2:30 Bingo 3:30 Bunco 6:30 Pinochle	9:30 Light & Lively Exercise <b>25</b> 10:30 Chronicle & Trivia 11:00 Balance Class 1:00 Popcorn/Pinochle 1:30 Meditation <b>2:00 Guitar Music with Chuck Dingee</b> 3:15 Oktoberfest Party	World Maritime Day <b>26</b> 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 10:30 Maritime Craft 11:00 Chair Exercise 1:00 Errand Run <b>1:00 Bible Study-Eldercare</b> <b>2:00 Town Hall Meeting</b> 3:30 Happy Hour Fish & Chips	Fall Foliage Friday <b>27</b> 9:30 Light & Lively Exercise 10:30 Chronicle & Trivia 11:00 YouTube Yoga Dance 1:00 Pinochle 1:00 Documentary Oktoberfest <b>3:00 Sing Along With Gerry &amp; Mary</b> 6:30 Resident Led Games	National Fishing & Hunting Day <b>28</b> 9:30 Light & Lively Exercise 10:00 Coffee Social 11:00 Indoor/Outdoor Walks 1:30 Root Beer Float Social 2:30 Bingo 3:30 Jigsaw Puzzles 6:30 Pinochle 7:00 Mexican Train
Jerry Lee Lewis Day <b>29</b> 9:30 Light & Lively Exercise 10:00 Livestream Church & Hymns 1:30 Hot Chocolate Social 2:00 Movie-Great Balls Of Fire 2:30 Finishing Fall Crafts 3:30 Tech Support 6:30 Resident Led Billiards	<b>8:00 Leavenworth Day Trip Outing 30</b> 9:30 Light & Lively Exercise 10:00 Balloon Volleyball 10:30 Chronicle & Trivia 11:00 Chair Exercise 1:00 Pinochle 1:00 Wii Bowling 3:00 Coffee & Brain Games <b>5:15 Seahawks Game-ABC</b>	<h1>September 2024</h1> <p>Creekside Continuing Care Community</p>				

Activities Subject to Change- Check Weekly & Daily for Updates