

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|--|---|
| 1 10:00 Daily Chronicle 11:00 Walkabout 1:30 Puzzle Group 2:30 Garden Stroll 3:00 Golden Oldies in the lounge 4:00 Methodist church service in the lounge Happy Birthday Carla! | 2 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Johanna 11:00 Walkabout 1:30 Music in the Lounge 2:30 Garden Check up | 3 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Cyrstan 11:00 Walkabout 1:30 Bingo! 2:30 Garden Check-up 3:30 Music in the Lounge | 4 10:00 Shopping at Bi-mart (Springfield)(\$) 11:30 Return for Lunch 1:30 Trip to Thistledown Farm! (\$) 3:00 Scenic Drive Home 4:00 News in the Lounge | 5 8:00 Puzzle Group 9:00 Daily Chronicle 10:00 Catholic Communion 10:30 Exercise with Cyrstan 11:00 Walkabout 1:30 Wooden Rounds Fall Craft in the lounge 3:00 Garden Check-up Happy Birthday Marvin! | 6 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Cyrstan 11:00 Meditation 1:30 Bingo! 2:30 Baking Club! | 7 10:00 Daily Chronicle 10:30 Exercise on Youtube 2:30 Garden Check-up! 3:00 Walkabout outside 6:00 Matinee Showing in the Lounge! |
| 8 10:00 Daily Chronicle 11:00 Walkabout 1:30 Puzzle Group 2:30 Garden Stroll 3:00 Golden Oldies in the lounge 4:00 Methodist church service in the lounge | 9 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Johanna 11:00 Walkabout 1:30 Trip to Dairy Queen for a sweet Treat! 3:00 Social in the Lounge | 10 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Cyrstan 11:00 Walkabout 1:30 Bingo! 2:30 Garden Check-up 3:30 Live Music with Katie! | 11 9:00 Trip to Echo Hollow Pool 10:30 Walkabout with your neighbor 1:30 Trip to Safeway on Q Street (\$) 3:00 Classic Soft Rock in the Lounge! | 12 8:00 Puzzle Group 9:00 Daily Chronicle 11:00 Oldies and Gospel in the Lounge! 1:30 Trivia with James from Cascade Health! 3:00 Garden Check-up | 13 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Cyrstan 11:00 Walkabout 1:00 Resident Council 1:30 Bingo! 2:30 Happy Hour: Meet your neighbors! | 14 10:00 Daily Chronicle 10:30 Exercise with Traci 1:30 Bingo with Traci 2:30 Garden Check-up! 3:00 Walkabout outside 6:00 Matinee Showing in the Lounge! Happy Birthday Don! |
| 15 10:00 Daily Chronicle 11:00 Walkabout 1:30 Puzzle Group 2:30 Garden Stroll 3:00 Golden Oldies in the lounge 4:00 Methodist church service in the lounge Happy Birthday Velora! | 16 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Johanna 1:30 Thrift Shopping on River Road 3:30 Return Home! 4:00 Music in the Lounge | 17 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Cyrstan 11:00 Walkabout 1:30 Bingo! 2:30 Garden Check-up 3:30 Music in the Lounge | 18 10:00 Shopping at Wal-Mart Supercenter (\$) 10:30 Exercise with your neighbor! 11:30 Lunch at Sizzler (\$) 2:00 Scenic Drive with Tom 3:00 Garden Check-up | 19 8:00 Puzzle Group 9:00 Daily Chronicle 11:00 Oldies and Gospel in the lounge 1:00 Eye Exam Clinic in the Lounge! 2:00-3:30 Resident Store | 20 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Cyrstan 11:00 Meditation 1:30 Bingo! 2:30 Matinee Showing of Momma Mia in the Lounge! (with Popcorn bar) | 21 10:00 Daily Chronicle 10:30 Exercise with Traci 1:30 Bingo with Traci 2:30 Garden Check-up! 3:00 Walkabout outside 6:00 Matinee Showing in the Lounge! |
| 22 10:00 Daily Chronicle 11:00 Walkabout 1:30 Puzzle Group 2:30 Garden Stroll 3:00 Golden Oldies in the lounge 4:00 Methodist church service in the lounge | 23 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Johanna 1:30 Baking Club 3:00 Snack Social 3:30 Garden Check-up | 24 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Cyrstan 11:00 Walkabout 1:30 Bingo! 2:30 Garden Check-up 3:30 Music in the Lounge | 25 9:00 Shopping at Target! 10:30 Exercise with your neighbor! 11:00 Walkabout 1:30 Trip to Joann Fabrics 3:00 Garden Check-up | 26 8:00 Puzzle Group 9:00 Daily Chronicle 10:00 Catholic Communion 10:30 Exercise with Cyrstan 1:00 Harvest Festival! Welcome Fall Happy Birthday Mary! | 27 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Cyrstan 11:00 Walkabout 1:30 Bingo! 2:30 Happy Fall Trivia! Happy Birthday Dulcie! | 28 10:00 Daily Chronicle 10:30 Exercise with Traci 1:30 Bingo with Traci 2:30 Garden Check-up! 3:00 Walkabout outside 6:00 Matinee Showing in the Lounge! |
| 29 10:00 Daily Chronicle 11:00 Walkabout 1:30 Puzzle Group 2:30 Garden Stroll 3:00 Golden Oldies in the lounge 4:00 Methodist church service in the lounge | 30 8:00 Puzzle Group 9:00 Daily Chronicle 10:30 Exercise with Johanna 11:00 Garden Check-up 1:30 Drumming with Octopus Rhythm Works! 3:00 Afternoon walk outside 4:00 Music in the Lounge | <h1>September 2024</h1> <p><i>You're never in too big of a hurry that you can't stop and smell the flowers.</i></p> <p><i>Welcome Fall!</i></p> | | | | |