



4550 W. Amazon Dr.
Eugene, OR 97405
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November 2024

Doctor transport:
Tuesday: noon to 4pm &
Thursday: 8am to noon

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Please remember, all bus outings require sign-up in advance!
Activities are hosted in the lounge unless otherwise indicated.
Every effort is made to fulfill all calendar events; however, activities could be subject to change.

Movie descriptions will be listed on the daily schedule posted at front desk.

9:30 Exercise w/Kristy **1**
10:30 Discussion: Self-Love
2:00 Collage Making
3:00 Texas Hold 'Em
4:00 Read a Book from the Library
6:00 TV Time, Caregivers Choice

9:30 Chair Fitness **2**
w/Paul Eugene on YouTube
10:30 Morning Walk, Self-Led
11:00 Spiritual Services on YouTube
12:30 Ducks Game
6:00 Game: Residents' Choice

9:00 Morning Walk, Self-Led **3**
10:30 Yarn Arts
1:30 **Outing: St. Vinnie's**
4:00 Bingo
6:00 Documentary: *Rather* (NF)

9:30 Morning Stretch **4**
10:30 Shopping: Bi-Mart
11:30 Mingle in the Lobby
2:30 Activity Planning for December
4:00 New Resident Meet & Greet
6:00 Game: Residents' Choice

9:30 Chair Dance Fun **5**
10:30 Craft: Wood Painting
1:30 About: Democracy in America
2:30 Hangman
4:00 Afternoon Resident Knit Along
6:00 TV: Election Coverage

Election Day

9:30 Exercise w/Johonna from Steel Feathers **6**
10:30 Coffee Social
11:00 Group Chat: What About Memory?
2:00 Gus Russell on Piano
4:00 Peanut Auction
6:00 Resident Card Game

9:30 Exercise on YouTube **7**
10:30 Resident Led Help Your Neighbor
1:30 DIY Nail Spa
4:30 Happy ½ Hour
6:00 Series Night: *Dark Winds* (NF)(S2E3)

Anita's Birthday

9:30 Exercise w/Kristy **8**
10:30 Discussion: Emotional Intelligence
2:00 Balloon Swat
3:00 Texas Hold 'Em
4:30 Chat in the Lobby
6:00 TV Time, Caregivers Choice

9:30 Chair Fitness **9**
w/Paul Eugene on YouTube
10:30 Morning Walk, Self-Led
11:00 Spiritual Services on YouTube
1:30 Movie & Popcorn: *Holidate*
4:00 Ducks Game
6:00 Game: Residents' Choice

9:00 Morning Walk, Self-Led **10**
10:00 DIY Sugar Scrub
2:00 New Game: Bunco
4:30 Poetry Reading
6:00 Documentary: *The Last Waltz*

9:30 Morning Stretch **11**
10:00 Shopping: Trader Joe's
11:30 Work on the Puzzle
2:00 **Veterans Day Recognition**
4:00 Bingo
6:00 Game: Residents' Choice

Veteran's Day

9:30 Chair Dance Fun **12**
10:30 Craft: Tile Coasters
1:30 Parachute Ball
2:30 Pictionary
4:00 Social Coloring
6:00 Movie: *The Candidate* (AP)

9:30 Exercise w/Rita **13**
10:30 Coffee Social
11:00 Group Chat: What Makes You Different?
2:00 **Vocalist Sara Scofield**
3:30 Writing: Photo Prompts
6:00 Resident Card Game

10:30 Resident Led Uno **14**
1:00 Afternoon Stretch
2:00 **Nathalie & Kara Perform**
4:30 Happy ½ Hour
6:00 Series Night: *Dark Winds* (NF)(S2E4)

9:30 Exercise w/Kristy **15**
10:30 Craft Indian Corn
2:00 Discussion: Are All Religions Equal?
3:00 Texas Hold 'Em
4:30 Work on the Lobby
6:00 TV Time, Caregivers Choice

9:30 Chair Fitness **16**
w/Paul Eugene on YouTube
10:30 Morning Walk, Self-Led
11:00 Spiritual Services on YouTube
1:30 Movie & Popcorn: *Fantastic Beasts and Where to Find Them*
6:00 Game: Residents' Choice

9:00 Morning Walk, Self-Led **17**
10:30 Social Coloring
2:00 **Dance with Pani**
4:00 Resident Led Scrabble
6:00 Documentary: *America's Greatest Monuments* (P+)
RITA OUT

9:30 Morning Stretch **18**
9:45 Shopping: Walmart
11:30 Resident Led Chat
1:30 Yarn Arts
3:00 Chocolate Tasting
4:00 Bingo
6:00 Game: Residents' Choice

Joan's Birthday

9:30 Chair Dance Fun **19**
10:30 Craft: Gratitude Jar
1:30 Balloon Swat
2:30 Bunco
4:30 Lobby Talk
6:00 Movie: *Dan In Real Life* (AP)

9:30 Exercise w/Johonna from Steel Feathers **20**
10:30 Coffee Social
11:00 Group Chat: Humor as Medicine
1:30 **Outing: Emerald Lanes Bowling**
4:00 Storytelling Circle
6:00 Resident Card Game

10:30 Resident Led Dominos **21**
1:00 Afternoon Stretch
2:00 **Timothy Patrick on Guitar**
4:30 Happy ½ Hour
6:00 Series Night: *Dark Winds* (NF)(S2E5)

9:30 Exercise w/Kristy **22**
10:00 **Dr. Michael Bratton Talks About Dental Care**
1:30 Noodle Hockey
3:00 Texas Hold 'Em
4:30 Chat in the Lobby
6:00 TV Time, Caregivers Choice

9:30 Chair Fitness **23**
w/Paul Eugene on YouTube
10:30 Morning Walk, Self-Led
11:00 Spiritual Services on YouTube
1:30 Movie & Popcorn: *One Special Night* (AP)
6:00 Game: Residents' Choice

9:00 Morning Walk, Self-Led **24**
10:30 Craft: Nature Weaving
2:00 Resident Council
4:00 **FETCH Therapy Dog Visit**
6:00 Documentary: *Billionaire Space Club* (P+)

9:30 Morning Stretch **25**
10:15 Shopping: Safeway
11:30 Work on the Puzzle
2:00 **Tim Biggs on Guitar**
3:30 November Birthdays Cake
6:00 Game: Residents' Choice

9:30 Chair Dance Fun **26**
10:30 Quidler w/Kristy
1:00 Resident Food Council
2:30 Bingo
4:30 Social Coloring
6:00 Movie: *The Blind Side* (AP)

9:30 Exercise w/Rita **27**
10:30 Coffee Social
11:00 Group Chat: Power of Listening
1:30 Mid-Week Matinee: *Sleepless in Seattle* (AP)
4:30 Happy ½ Hour
5:00 **Friends & Family Buffet**

8:30 to Noon: Macy's Thanksgiving Day Parade **28**
1:00 Afternoon Stretch
2:00 Turkey Day Trivia
3:30 Cheese and Cider (Spiked & Unspiked)
6:00 Movie: *Home for the Holidays* (AP)

Happy Thanksgiving!

9:30 Exercise w/Kristy **29**
10:30 Discussion: End of Life Mysteries
2:00 Potpourri Making
3:00 Texas Hold 'Em
4:00 Work on the Puzzle
6:00 TV Time, Caregivers Choice

9:30 Chair Fitness **30**
w/Paul Eugene on YouTube
10:30 Morning Walk, Self-Led
11:00 Spiritual Services on YouTube
1:30 Movie & Popcorn: *Miracle on 34th Street* (AP)
6:00 Game: Residents' Choice