


Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# January 2025

*Memory Care*

			<p><i>Happy Birthday Karen B.!</i>            9:30 <b>Welcome January</b>            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 <b>Scenic Drive</b>            2:30 <b>New Year's Day Trivia</b>            3:00 Armchair Travelogue to Oxford, England            6:30 New Year's Day Puzzle</p> <p style="text-align: center;">New Year's Day</p>	<p>9:30 Monthly Gazette            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 January IQ Trivia            2:00 <b>Timothy Patrick Sings</b>            3:00 Waterford Walk            4:00 Sit and Stretch            6:30 Soundscapes and Refreshments</p>	<p>9:30 Current Events            10:30 Ever fit            1:30 <b>Louis Faro Performs</b>            2:30 <b>Covered Chocolate Cherrie Day</b>            3:00 Quality Face to Face            4:00 January Random Trivia            6:30 Travel to</p>	<p>9:30 Saturday Funnies            10:30 Morning Stretches in the Fitness Room            1:30 EZ Does It Trivia            2:00 <b>Guitar and Singing/ Tim</b>            3:00 Ice Cream Social            4:00 Trivia of the Month            6:30 Reminiscent Corner and Refreshments</p>
<p>9:30 National Bird Day            10:30 Morning Stretches            10:30 <b>Grace Community Worship</b>            1:30 Name that Tune            2:00 <b>Art Class with Terri</b>            3:00 Table Bean Bag Toss            4:00 EZ Dose It Trivia            6:30 Banana Grams / Snacks</p>	<p>9:30 Coffee &amp; Conversation            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 January Maze Puzzle            2:00 <b>Piano with Robin</b>            3:00 Quality Face to Face            4:00 Finish the Line            6:30 Crossword Together and Snacks</p>	<p>9:30 This Day in History            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 <b>Tuesday Matinee "A Dog's Life"</b>            2:00 Watercolor Painting            3:00 Cookbook Day            4:00 Sit and Stretch            6:30 Reminiscent Corner</p>	<p>9:30 Current Events            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 <b>Scenic Drive</b>            2:30 Winter Color Blending            3:00 Higher Education Day            4:00 Drinks &amp; Conversation            6:30 Large Crossword and Snacks</p>	<p>9:30 This Day in History            10:30 Ever Fit            1:00 <b>Jokes with Jill</b>            1:30 Waterford Walk            2:00 <b>Bingo and Prizes</b>            3:00 Jeopardy Trivia            4:00 Travelogue Color Pages Oxford, England            6:30 Puzzle Club and Snacks</p>	<p>9:30 Current Events            10:00 <b>Entertainment With Jeff</b>            1:15 Afternoon Exercise            1:30 Mix and Match Puzzles            2:00 <b>Julie Sings</b>            3:00 Cookie and Punch with Musical Trivia            4:00 Sit and Stretch            6:30 Crossword with Snacks</p>	<p>9:30 Saturday Funnies            10:30 Circle Kick Ball            1:30 EZ Dose It Trivia            2:00 <b>Play an Instrument with Robin</b>            3:00 Banana Grams            4:00 Sit and Stretch            6:30 Reminiscent Corner and Refreshments</p>
<p>9:30 This Day in History            10:30 Morning Stretches            10:30 <b>Grace Community Worship</b>            1:30 <b>Baking Club / Pumkin Muffins</b>            2:30 Bingo and Prizes            3:00 Waterford Walk            4:00 Reminiscent Corner            6:30 Puzzles and Snacks</p>	<p>9:30 Daily Chronicle            10:30 Ever Fit            1:15 Afternoon Exercise            2:00 <b>Winter Tea Social</b>            3:00 <b>Mini Golf (indoor Put)</b>            4:00 Sit and Stretch            6:30 Soundscapes and Refreshments</p>	<p>9:30 Daily Chronicle            10:30 Ever Fit            1:15 Afternoon Exercise            2:00 <b>Entertainment with Gus Russell</b>            3:00 <b>Root Beer Float Social</b>            4:00 EZ Does It Trivia            6:30 Puzzles and Snacks</p>	<p>9:30 Current Events            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 <b>Scenic Drive</b>            2:30 Armchair Travelogue            3:00 Waterford Walk            4:00 Puzzle Club            6:30 Reminiscent Corner</p>	<p>9:30 Coffee &amp; Conversation            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 Facts on the Bird of January            2:00 <b>Bingo and Prizes</b>            3:00 Quality Face to Face            6:30 Relaxation Hydration Soundscapes</p>	<p>9:30 Current Events            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 <b>Piano Sing a-long</b>            2:30 Cornhole and Popcorn            3:00 Bundle up Winter Walk            4:00 EZ Dose It Trivia            6:30 Puzzles and Crossword With Refreshments</p>	<p>9:30 Saturday Funnies            10:00 Winter Painting on Canvas            1:30 Waterford Walk            2:00 <b>Sara Scofield Performs</b>            3:00 Ice Cream Sundae's            4:00 Sit and Stretch            6:30 Reminiscent Corner and Refreshments</p>
<p>9:30 This Day in History            10:30 Morning Stretches            10:30 <b>Grace Community Worship</b>            1:30 January Color Blend            2:00 <b>Art Class with Terri</b>            3:00 Waterford Walk            4:00 Word Search Together            6:30 Puzzles and Snacks</p> <p style="text-align: center;">Activity Professionals Week</p>	<p>9:30 <b>Coffee &amp; Biography Martin Luther King Jr.</b>            10:30 Ever Fit            1:15 Afternoon Exercise            2:00 Baking Blueberry Muffins            3:00 <b>Name that Tune</b>            4:30 Nat'l Championship Game            6:30 <b>Where Am I? Trivia</b></p> <p style="text-align: center;">Martin Luther King Jr. Day</p>	<p>9:30 Coffee and Conversation            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 <b>Tuesday Matinee "Love Comes Softly"</b>            2:00 Who Am I? Trivia            3:00 I Spy January Puzzle            4:00 Travel Tales Tuesday            6:30 Puzzles and Snacks</p>	<p>9:30 Current Events            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 <b>Scenic Drive</b>            2:30 Paint with Water Picture Surprise            3:00 Color Pencil Blending            4:00 Sit and Stretch            6:30 Reminiscent Corner</p>	<p>9:30 Coffee &amp; Conversation            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 Shake a Memory Game            2:00 <b>Bingo and Prizes</b>            3:00 January IQ Game            4:00 EZ Does It Trivia            6:30 Winter Crossword with Refreshments</p>	<p>9:30 Current Events            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 <b>Piano with Robin</b>            2:00 Jumbo Bowling            3:00 Bundle up Winter Walk            4:00 Sit and Stretch            6:30 Puzzles and Crossword With Refreshments</p>	<p>9:30 Saturday Funnies            10:30 Morning Stretches            1:30 Waterford Walk            2:00 <b>Guitar and Sing w/ Tim</b>            3:00 Beach Ball Toss            4:00 Junk Drawer Detective            6:30 Reminiscent Corner and Refreshments</p>
<p>9:30 This Day in History            10:30 Morning Stretches            10:30 <b>Grace Community Worship</b>            1:30 Cranium Crunches            2:30 <b>Bingo and Prizes</b>            3:00 Quality Face to Face            4:00 Drinks &amp; Conversation            6:30 Puzzles and Snacks</p> <p style="text-align: center;">Australia Day (Observed)</p>	<p>9:30 Daily Chronicle            10:30 Ever Fit            1:15 Afternoon Exercise            2:00 <b>Sing along with Robin</b>            3:00 Banana Grams            4:00 Sit and Stretch            6:30 Nature Documentary with Refreshments</p>	<p>9:30 Conversation and Coffee            10:30 Ever Fit            1:30 Willamette Valley Resources Music and Games            2:00 Waterford Walk            3:00 Shake a Memory Game            4:00 Sit and Stretch            6:30 Puzzles and Snacks</p>	<p>9:30 Current Events            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 <b>Scenic Drive</b>            2:30 Finish the Phrase            3:00 Quality Face to Face            4:00 Sit and Stretch            6:30 Reminiscent Corner</p> <p style="text-align: center;">Chinese New Year (Year of the Snake)</p>	<p>9:30 Daily Chronicle            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 Color Pencil Blend            2:00 <b>Bingo and Prizes</b>            3:00 Finish the Lyric            4:00 Sit and Stretch            6:30 January Word Search And Snacks</p>	<p>9:30 Current Events            10:30 Ever Fit            1:15 Afternoon Exercise            1:30 This Day in History            2:00 <b>Reader's Theater</b>            3:00 EZ Dose It Trivia            4:00 Sit and Stretch            6:30 Puzzles and Crossword With Refreshments</p>	

Waterford Grand (541) 255-6392 All activities are subject to change.