	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		N		ng Care Community	25		9:30 Light & Lively Exercise 10:00 Tea & Coffee Social 10:30 Sign Thank You Card For our Fire Dept. 11:00 Indoor/Outdoor Walks 2:30 Bingo 3:30 Resident Led Bunco 6:30 Pinochle
		 9:30 Light & Lively Exercise 3 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Pinochle 1:00 Wii Bowling 1:30 Beading Bracelets 2:30 Teacher Tea & Coffee 3:30 Poems & Stories 	9:30 Light & Lively Exercise 4 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:30 Bingo 2:00 AA Meeting 3:00 Mardi Gras Party 6:30 Resident Led Pinochle	Footcare Appointments 5 9:00 Light & Lively Exercise 9:45 En Avant Academy Dance Performance 11:00 Balance Class 1:00 Popcorn/ Meditation 2:00 Safe Zone Presentation	 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 1:00 Bible Study-Eldercare 1:30 Celebrations of Life 3:00 Happy Hour 	11:00 Resident Led Gym	9:30 Light & Lively Exercise Exercise 10:00 Tea & Coffee Social 11:00 Indoor/Outdoor Walks 2:30 Bingo 3:30 Resident Led Bunco 6:30 Pinochle
	10:00 Livestream Church & Hymns	9:30 Light & Lively Exercise 10 10:00 Scenic Drive 11:00 Chair Exercise 11:30 Catholic Communion 2:00 Nourish to Flourish Health Talk w/Wendy P.T. 3:00 Pen Pals Writing Group W/Conway Literacy Class	<u>10:00 Sign Thank You Card</u> <u>For Our Fire Depart. &</u> <u>Drive/ Deliver to Fire Dept.</u> 10:00 Chronicle & Trivia	9:30 Light & Lively Exercise 12 10:00 Chronicle & Trivia 11:00 Balance Class 1:00 Popcorn 1:00 Dementia Education 2:00 Guitar Music with Lee Howard 3:15 Ambassador Meeting	9:30 Light & Lively Exercise 13 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 1:00 Bible Study-Eldercare 2:15 All About Hearing 3:00 Happy Hour 6:30 Mexiçan Train	10:00 YouTube Yoga Dance 11:00 Chair Exercise With Crystal	9:30 Light & Lively Exercise 15 10:00 P.T. Professionals Coach, P.E. Teachers Coffee Social 1:00 Bingo 3:00 Accordion Music With Bonnie Birch 6:30 Pinochle
	10:00 Livestream Church	9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Chair Exercise 11:30 Lunch at Shawn O'Donnell's 2:00 Coffee & Brain Games 3:00 St. Patrick's Day Music W/ Mel Birch		Exercise	9:30 Light & Lively Exercise 20 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 1:00 Bible Study-Eldercare 1:30 Spring Crafts 3:00 Happy Hour 6:30 Mexican Train	10:00 YouTube Yoga Dance 11:00 Chair Exercise 1:00 Pinochle	9:30 Light & Lively 22 Exercise 10:00 Tea & Coffee Book Talk Social 11:00 Indoor/Outdoor Walks 2:30 Bingo 3:30 Resident Led Bunco 6:30 Pinochle
	Exercise 10:00 Livestream Church	9:30 Light & Lively Exercise 24 10:00 Chronicle & Trivia 11:00 Chair Exercise 11:30 Catholic Communion 1:00 Pinochle/ Wii Bowling 1:30 Balloon Volleyball 2:30 Coffee & Brain Games 3:00 Beading Bracelets	9:30 Light & Lively Exercise		9:30 Light & Lively Exercise 27 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 Errand Run 1:00 Bible Study-Eldercare 1:30 Crazy 8's Card Game 3:00 Happy Hour	11:00 Chair Exercise 11:30 Lunch at Hong Kong	10:00 Tea & Coffee Social 11:00 Indoor/Outdoor Walks 2:30 Bingo 3:30 Resident Led Bunco 6:30 Pinochle
K	10:00 Livestream Church & Hymns 1:00 Hot Chocolate Social 1:10 Mariner's Game VS. A's 2:00 Adult Coloring 6:30 Resident Led Billiards	9:30 Light & Lively Exercise 31 10:00 Chronicle & Trivia 10:00 Scenic Drive 11:00 Chair Exercise 1:00 Pinochle/ Wii Bowling	3/19 Marie M.	К.			

Activities Subject to Change-Please Check Weekly& Daily Location Key & for Updates

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