



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Virtual Vacation Day 30 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:00 Catholic Service at the Theater 10:00 Group Coloring Class (B) 2:00 Netflix Series of the Month (B) ZERO DAY 3:00 Expoza Travels on YouTube (TR) 5:00 Weekend Sitcoms at the Bistro	National Crayon Day 31 9:00 Walking Club with HS Staff (FE) 10:00 Chair Dancing w/ Daisy on YouTube 1:00 Bingo at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 3:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series (B) World's Amazing Vacation Rentals	L = Lobby TR = Theater Room CK = Country Kitchen AR = Activity Room BP = Back Patio CR = Conference Room LR = Living Room FE = Front Entrance				World Compliment Day 1 9:00 Coffee and News at the Bistro 9:30 Bible Verse Sharing (LR) 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Inspirational Word Find Puzzles (B) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 3:00 Birthday Bash with Michael Sara (LR) 5:00 Weekend Sitcoms at the Bistro
Academy Awards Day 2 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Group Coloring Class (B) 2:00 Netflix Series of the Month (B) ZERO DAY 3:00 Expoza Travels on YouTube (TR) 5:00 Watch the Academy Awards on ABC	Happy Birthday Pam! 3 9:00 Walking Club with HS Staff (FE) 10:00 Chair Dancing w/ Daisy on YouTube 1:00 Bingo at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 3:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series (B) World's Amazing Vacation Rentals	Courageous Follower Day 4 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 1:30 Flower Arrangements w/ Carol (B) 2:00 LIFEDER Travels on YouTube (TR) 3:00 Shopping at Walmart 5:00 Netflix Documentary (B)	Ash Wednesday 5 9:00 Coffee and News at the Bistro 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia (B) 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 3:00 Karaoke and Mimosas with Sally (B) *Serving Mimosas and Snacks* 5:00 Netflix Nature Series: (B)	Nametag Day 6 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with AdvisaCare (B) 1:00 BINGO at the Activity Room 2:30 Not Just Knitting Club at the Theater 3:00 Holy Rosary with Bonnie (CR) 3:00 Mahjong Group with Cynthia (B) 5:00 Thankful Thursday Movies (B)	Employee Appreciation Day 7 9:00 Coffee and News at the Bistro 10:00 Chair Dancing on YouTube (B) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to Crazy Buffet 2:00 Rummikub with Alaina (B) 3:00 Shopping at the Dollar Tree 3:00 Basket Weaving with Carol (B) 5:00 Resident's Choice Movie (B)	International Women's Day 8 9:00 Coffee and News at the Bistro 9:30 Bible Verse Sharing (LR) 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Inspirational Word Find Puzzles (B) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 2:30 Simple Manicures w/ Carol (AR) 5:00 Weekend Sitcoms at the Bistro
Daylight Saving Time Begins 9 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Group Coloring Class (B) 2:00 Netflix Series of the Month (B) ZERO DAY 3:00 Expoza Travels on YouTube (TR) 5:00 Weekend Sitcoms at the Bistro	Land Line Telephone Day 10 9:00 Walking Club with HS Staff (FE) 10:00 Chair Dancing w/ Daisy on YouTube 1:00 Bingo at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 3:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series (B) World's Amazing Vacation Rentals	National 311 Day 11 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 1:15 Tea Tasting with Chef Celeste (DR) 1:30 Flower Arrangements w/ Carol (B) 3:00 Shopping at Smith's 5:00 Netflix Documentary (B)	Working Mom's Day 12 9:00 Coffee and News at the Bistro 10:00 Resident Council Meeting and Food for Thought with Chef Celeste 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 3:00 Life's Journey with Monica (B) *Serving Wine and Charcuterie* 5:00 Netflix Nature Series: (B)	Happy Birthday Marian E! 13 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:30 Not Just Knitting Club at the Theater 3:00 Mahjong Group with Cynthia (B) 3:00 Holy Rosary with Bonnie (CR) 5:00 Thankful Thursday Movies (B)	International Ask-a-Question Day 14 9:00 Coffee and News at the Bistro 10:00 Chair Dancing on YouTube (B) 10:30 Spot the Difference Puzzles (B) 11:00 Casino Outing to Palms Casino 2:00 Rummikub with Alaina (B) 3:00 Shopping at the Dollar Tree 3:00 Basket Weaving with Carol (B) 5:00 Resident's Choice Movie (B)	Ides of March 15 9:00 Coffee and News at the Bistro 9:30 Bible Verse Sharing (LR) 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Inspirational Word Find Puzzles (B) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 3:00 St. Patrick's Hour w/ Donna Lynne (B) 5:00 Weekend Sitcoms at the Bistro
Freedom of Information Day 16 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Group Coloring Class (B) 2:00 Netflix Series of the Month (B) ZERO DAY 3:00 Expoza Travels on YouTube (TR) 5:00 Weekend Sitcoms at the Bistro	Saint Patrick's Day 17 9:00 Walking Club with HS Staff (FE) 10:00 Chair Dancing w/ Daisy on YouTube 1:00 Bingo at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 3:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series (B) World's Amazing Vacation Rentals	Awkward Moments Day 18 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 1:30 Flower Arrangements w/ Carol (B) 2:00 LIFEDER Travels on YouTube (TR) 3:00 Shopping at Walmart 5:00 Netflix Documentary (B)	Chocolate Caramel Day 19 7:00 Monthly Signature Breakfast (DR) 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia (B) 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 3:00 Karaoke and Mimosas with Sally (B) *Serving Mimosas and Snacks* 5:00 Netflix Nature Series: (B)	International Day of Happiness 20 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk at the Bistro 1:00 BINGO at the Activity Room 2:30 Not Just Knitting Club at the Theater 3:00 Mahjong Group with Cynthia (B) 3:00 Holy Rosary with Bonnie (CR) 5:00 Thankful Thursday Movies (B)	Twitter Day 21 9:00 Coffee and News at the Bistro 10:00 Chair Dancing on YouTube (B) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to Archi's Thai Bistro 2:00 Rummikub with Alaina (B) 3:00 Shopping at the Dollar Tree 3:00 UNESCO Heritragre Sites on YouTube 5:00 Resident's Choice Movie (B)	World Water Day 22 9:00 Coffee and News at the Bistro 9:30 Bible Verse Sharing (LR) 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Inspirational Word Find Puzzles (B) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 2:30 Simple Manicures w/ Carol (AR) 5:00 Weekend Sitcoms at the Bistro
National Puppy Day 23 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Group Coloring Class (B) 2:00 Netflix Series of the Month (B) ZERO DAY 3:00 Expoza Travels on YouTube (TR) 5:00 Weekend Sitcoms at the Bistro	Raisinets Day 24 9:00 Walking Club with HS Staff (FE) 10:00 Chair Dancing w/ Daisy on YouTube 1:00 Bingo at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 3:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series (B) World's Amazing Vacation Rentals	National Cocktail Day 25 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 1:30 Flower Arrangements w/ Carol (B) 2:00 LIFEDER Travels on YouTube (TR) 3:00 Shopping at Smith's 5:00 Netflix Documentary (B)	Legal Assistants Day 26 9:00 Coffee and News at the Bistro 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia (B) 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 3:30 Wine Down Wednesday at the Bistro *Serving Wine and Charcuterie* 5:00 Netflix Nature Series: (B)	National Scrabble Day 27 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:30 Not Just Knitting Club at the Theater 3:00 Mahjong Group with Cynthia (B) 3:00 Scrabble Club w/ Alaina (B) 5:00 Thankful Thursday Movies (B)	Happy Birthday Bobbye! 28 9:00 Coffee and News at the Bistro 10:00 Strength Exercises at the Bistro 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to Lucille's Barbeque 2:00 Rummikub with Alaina (B) 3:00 Shopping at the Dollar Tree 3:00 Basket Weaving with Carol (B) 5:00 Resident's Choice Movie (B)	World Piano Day 29 9:00 Coffee and News at the Bistro 9:30 Bible Verse Sharing (LR) 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Inspirational Word Find Puzzles (B) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 3:00 Simple Manicures w/ Carol (AR) 5:00 Weekend Sitcoms at the Bistro

March 2025 Heritage Springs Assisted Living Events

Activities are subject to change based on the interests and requests of our residents.