(DA) - DINING AREA

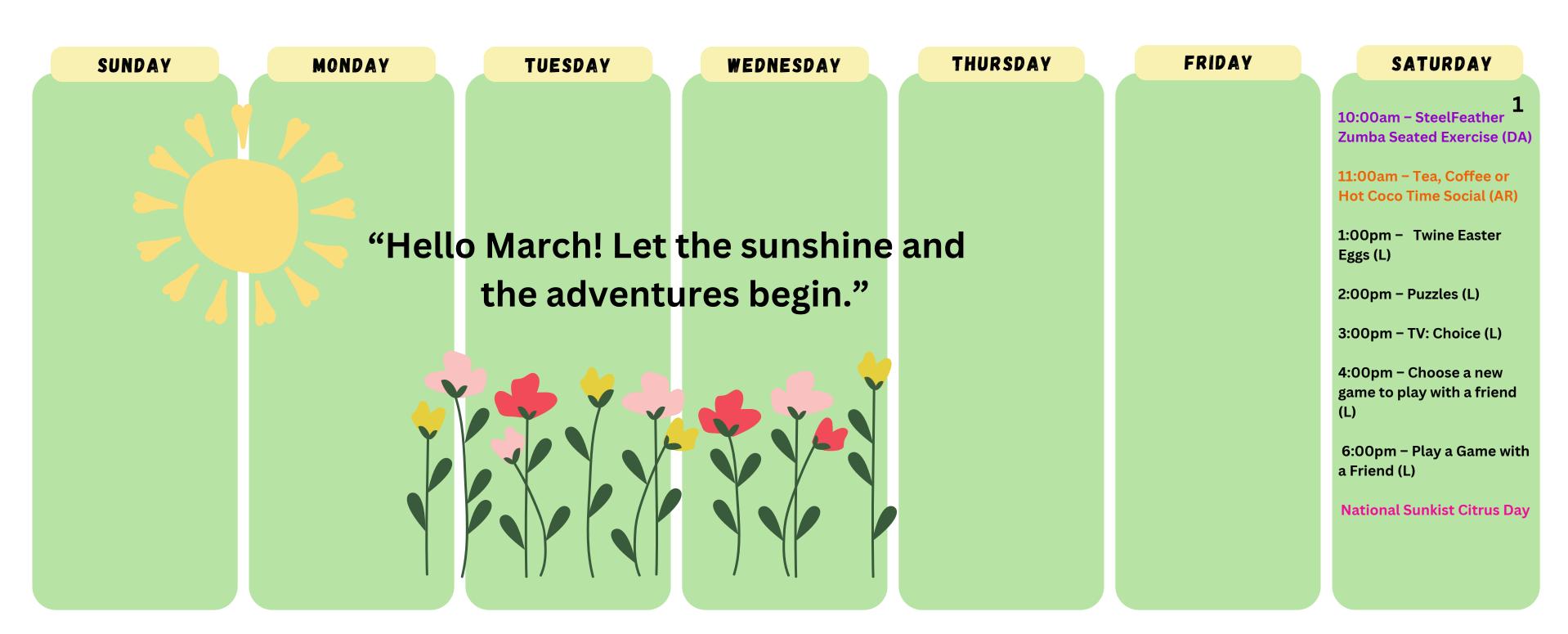
(AR) - ACTIVITIES ROOM

(BP) - BACK PATIO

(PD) - PRIVATE DINING



Meeting Birthdays
Live Performances
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(DA) - DINING AREA

(AR) - ACTIVITIES ROOM

(BP) - BACK PATIO

(PD) - PRIVATE DINING



## MARCH 2025 S



**Meeting Birthdays Live Performances Anniversaries Popular Activities Holiday Activities New Activities Fun Dates** 

#### SUNDAY

9:00am - Church Services Live Stream (L)

11:00am - Crosswords (L)

12:30pm - Catholic **Communion (PD)** 

1:30pm - Resident Led Walking Club (L)

3:00pm - Game: Phase 10

4:00pm - Have Tea/Coffee with a Friend

6:00pm - Movie Night: In the Heart of the Sea (L) Netflix

**National Banana Cream** Pie Day

#### MONDAY

10:00am - Coloring by Number (L)

11:00am - Exercise: Resident Led (L)

1:00pm - Chat with Friends in the Lounge (L)

3:00pm - Game: Scrabble (L)

4:00pm - Puzzle with a Friend (L)

6:00pm - Call a Friend or Family

> **National Soup it Forward Day**

#### TUESDAY

9:30am - Outing To: Fred Meyer

1:00pm -Music With: Royce Mosgrove (DA)

2:00pm - Mardi Gras **Celebration (DA)** 

3:00pm - Exercise: YouTube/Kick Ball (L)

4:00pm - Ancestry Club (AR)

6:00pm - TV: The **Lincoln Lawyer Netflix** (L)



#### WEDNESDAY

9:30am - Outing To: **Barnes & Noble** 

1:00pm - Music with: **Dave Minton (DA)** 

1:00pm - Ancestry Club (AR)

2:00pm-Exercise: YouTube/Football Toss (L)

3:00pm - Bingo! (L)

4:00pm- Ancestry Club (AR)

6:00pm - Movie Night: The Forge (L) Netflix

**National Cheese Doodle** Day

#### THURSDAY

9:00am - 1 on 1 visit 6 with in-room residents

10:00am - 1 on 1 visit with in-room residents

10:30am - Activities Meeting (L)

11:00pm - Exercise: YouTube/Dart Ball (L)

1:00pm - Tech Help/Ancestry Club (AR)

2:00pm - Spa Day: Manicures (AR)

3:15pm - Chapel Services (L)

6:00pm - Lounge Chat with Friends (L)

**National Oreo Cookie** Day

#### FRIDAY

9:00am - 1 on 1 visit with in-room residents

10:00am - Outing: Bank

11:00am - Craft: Button Flowers (L)

12:30pm - Jensen Family Music (DA)

3:00pm - Happy Hour (DA)

6:00pm -Card/Dice Players Club (L)

**National Be Heard Day** 

#### SATURDAY

10:00am - SteelFeather **Zumba Seated Exercise (DA)** 

11:00am -Music With: Brianna Blanchfill (L)

1:00pm - Bingo! (DA)

2:00pm - Crosswords (l)

3:00pm - Trivia Sheets (L)

6:00pm - Play a Game with a Friend (L)

**National Oregon Day** 

(DA) - DINING AREA

(AR) - ACTIVITIES ROOM

(BP) - BACK PATIO

(PD) - PRIVATE DINING



# MARCH 2025 S



**Meeting Birthdays Live Performances Anniversaries Popular Activities Holiday Activities New Activities Fun Dates** 

#### SUNDAY

9:00am - Church **Services Live Stream (L)** 

11:00am - Crosswords (L)

12:30pm - Catholic Communion (PD)

1:30pm - Resident Led Walking Club (L)

6:00pm - Movie Night: The Piano Lesson Netflix (L)

### **Day Light Savings Time**



#### MONDAY

10

10:00am -**Men's Monday** 11:00am - Exercise: Resident Led (L)

1:00pm - Music with: **Ron Hampton (DA)** 

3:00pm - Game: Shut the Box (L)

4:00pm - Read a Book

6:00pm - Call a Friend or Family

**National Napping Day** 

#### TUESDAY

11

9:00am - Outing To: The Original Pancake **House for breakfast** 

1:00pm - Paint & Sip with April (DA)

3:00pm - Exercise: YouTube/Fly Ball (L)

4:00pm - Ancestry Club (AR)

6:00pm - TV: Johnny Appleseed -The Man behind the Legend (L) YouTube

> **National Johnny Appleseed Day**

#### WEDNESDAY

12

9:30am - Outing To: Walmart

1:00pm - Ancestry Club (AR)

2:00pm-Exercise: YouTube/Football Toss (L)

3:00pm - Bingo! (L)

4:00pm- Ancestry Club (AR)

6:00pm - Movie Night: Miss Congeniality (L) Netflix

**National Plant a Flower** Day

#### THURSDAY

13

9:00am - 1 on 1 visit with in-room residents

10:00am - 1 on 1 visit with in-room residents

**11:00pm – Exercise:** YouTube/Balloon Ball (L)

1:00pm - Tech Help/Ancestry Club (AR)

2:00pm - Spa Day: Pedicures (AR)

3:15pm - Chapel Services

6:00pm - Lounge Chat with Friends (L)

**National K9 Veterans Day** 

#### FRIDAY

14

9:00am - 1 on 1 visit with in-room residents

10:00am - 1 on 1 visit with in - room residents

11:00am - Craft: **Clothespin Carrots (L)** 

2:00pm - Music With: James Baldwin (DA)

3:00pm - Happy Hour

6:00pm -Card/Dice Players Club (L)

**National Write Down Your Story Day** 

#### SATURDAY

15

10:00am - SteelFeather **Zumba Seated Exercise** (DA)

11:00am - Tea, Coffee or Hot Coco Time Social (AR)

**12:45pm - Outing To:** Cherry Blossom Day at the Capitol (Weather Permitting)

2:00pm - Crosswords (l)

3:00pm - TV: Choice (L)

6:00pm - Play a Game with a Friend (L)

**National Quilting Day** 

(DA) - DINING AREA

(AR) - ACTIVITIES ROOM

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## BARCH 2025



Meeting Birthdays
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#### SUNDAY

9:00am - Church Services Live Stream (L)

11:00am - Puzzles and Crosswords (L)

12:30pm - Catholic Communion (PD)

1:30pm - Resident Led Walking Club (L)

3:00pm - Watch a Panda Documentary (L)

4:00pm - Sit by the Fireplace and have a cup of Tea (L)

6:00pm - Movie Night: The Wedding Planner (L) Netflix

**National Panda Day** 

#### MONDAY

17

10:00am - Coloring/Listen to Music (L)

11:00am - Exercise: Resident Led (L)

1:00pm - Chat with Friends in the Lounge (L)

3:00pm - Game: Shut the box (DA)

4:00pm - Read a Book (L)

6:00pm - Call a Friend or Family



#### TUESDAY

9:30am - Outing To: 18
Casino & Lunch

12:30pm - Chefs Corner (DA)

1:00pm - Current News Coffee Chat (AR)

2:00pm - Game: Skipbo (L)

3:00pm - Exercise: Resident Led YouTube/Kick Ball (L)

4:00pm - Ancestry Club (AR)

6:00pm - TV: The Lincoln Lawyer Netflix (L)

National Sloppy Joe Day

#### WEDNESDAY

19

9:45am - Outing To: Fred Meyer

1:00pm - Ancestry Club
(AR)

2:00pm-Exercise: YouTube/Football Toss (L)

3:00pm - Bingo! (L)

4:00pm- Ancestry Club (AR)

6:00pm - Movie Night: Definitely, Maybe (L) Netflix

National Let's Laugh Day

#### THURSDAY

9:00am - 1 on 1 visit 20 with in-room residents

11:00pm -Penny Toss (L)

12:30pm - Resident Meeting (DA)

1:00pm - Music with: Dennis Colleret (DA)

1:00pm - Tech Help/Ancestry Club (AR)

2:00pm - Spa Day: Manicures (AR)

3:15pm - Chapel Services (L)

6:00pm - Lounge Chat with Friends (L)

#### FRIDAY

2

9:00am – 1 on 1 visit with in-room residents

10:00am - Outing: Bank

11:00am - Craft: Spring
Door Decor (L)

1:00pm - Play Banana Grams with April (L)

3:00pm - Happy Hour (DA)

6:00pm -Card/Dice Players Club (L)

National French Bread Day

#### SATURDAY

22

10:00am - SteelFeather Zumba Seated Exercise (DA)

11:00am -Play Scrabble with April (L)

1:00pm - Craft: Felt Flower Book Bands (L)

2:00pm - Crosswords (l)

3:00pm - Bingo! (DA)

4:00pm - Craft: Make Greeting Cards (L)

6:00pm – Play a Game with a Friend (L)

**National Goof Off Day** 



(DA) - DINING AREA

(AR) - ACTIVITIES ROOM

(BP) - BACK PATIO

(PD) - PRIVATE DINING



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### MARCH 2025



Meeting Birthdays
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#### SUNDAY

9:00am - Church 23
Services Live Stream (L)

11:00am - Puzzles and Crosswords (L)

12:30pm - Catholic Communion (PD)

1:30pm - Resident Led Walking Club (L)

3:00pm - Watch a Bird Documentary (L)

4:00pm - Sit by the Fireplace and have a cup of Tea (L)

6:00pm - Movie Night: Pixels (L) Netflix

**National Tamale Day** 

#### MONDAY

10:00am -Coloring/Listen to Music (L)

11:00am - Exercise: Resident Led (L)

1:00pm - Men's Monday (L)

3:00pm - Game: Shut the Box (L)

4:00pm - Read a Book (L)

6:00pm - Call a Friend or Family

National Cheese Steak

Day

#### TUESDAY

9:30am - Outing To: Trader Joes

1:00pm - Exercise: YouTube/Fly ball (L)

2:00pm - Current News Coffee Chat (AR)

3:00pm - Spa/Beauty Day: Facials & Hair Styles (AR)

4:00pm - Ancestry Club (AR)

6:00pm - TV: The Lincoln Lawyer Netflix (L):

National Medal of Honor Day

#### WEDNESDAY

26

9:30am - Outing To: Walmart

1:00pm - Ancestry Club (AR)

2:00pm-Exercise: YouTube/Football Toss (L)

3:00pm - Bingo! (L)

4:00pm- Ancestry Club (AR)

6:00pm - Movie Night: Apollo 13 (L) Netflix

National Spinach Day

#### THURSDAY

9:00am - 1 on 1 visit 27 with in-room residents

11:00pm - Exercise: YouTube/Dart Ball (L)

12:30pm - Town Hall Meeting (DA)

1:00pm - Tech Help/Ancestry Club (AR)

2:00pm - Spa Day: Pedicures (AR)

3:15pm - Chapel Services (L)

6:00pm – Lounge Chat with Friends (L)

National Scribble Day

#### FRIDAY

9:00am - 1 on 1 visit with

10:00am - 1 on 1 visit with in-room residents

in-room residents

11:00am - Craft: Bunny Rope Coasters (L)

2:00pm - Play Uno with April (L)

3:00pm - Happy Hour (DA)

6:00pm -Card/Dice Players Club (L)

National Black Forest
Cake Day

#### SATURDAY

29

(DA) - DINING AREA

(AR) - ACTIVITIES ROOM

(BP) - BACK PATIO

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### MARCH 2025

It's allergy season again?! You've got to be pollen my leg.

#### SUNDAY

30 9:00am - Church **Services Live Stream (L)** 

11:00am - Puzzles and Crosswords (L)

12:30pm - Catholic Communion (PD)

1:30pm - Resident Led Walking Club (L)

3:00pm - Watch a Bird **Documentary (L)** 

4:00pm - Sit by the Fireplace and have a cup of Tea (L)

6:00pm - Movie Night: The Sting (L) Netflix

**National Pencil Day** 

#### MONDAY

31

10:00am -Coloring/Listen to Music (L)

11:00am - Exercise: Resident Led (L)

1:00pm - Men's Monday (L)

3:00pm - Game: Shut the Box (L)

4:00pm - Read a Book

6:00pm - Call a Friend or Family

**National Tater Day** 



The sense of smell is more acute in the spring because there is usually more moisture in the air

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