

NEWSLETTER

MARCH 2025

MEADOW CREEK ASSISTED LIVING



St. Patricks Day

Bring out your green! St. Patrick's Day—observed every March 17—is packed with parades, good luck charms, and all things green. The event started as a religious holiday, but over time it's become a celebration of St. Patrick might be the patron saint of Ireland—but he didn't always live in Ireland. Patrick was born in Britain in the fourth century and didn't arrive in Ireland until he was 16 years old, when he was sent to work in the country.

After he arrived, Patrick became interested in Christianity and started teaching others about the religion. He is said to have converted many of the country's residents to Christians, and now St. Patrick's Day is celebrated on the day Patrick supposedly died.

Leprechauns are actually one reason you're supposed to wear green on St. Patrick's Day—or risk getting pinched! The tradition is tied to folklore that says wearing green makes you invisible to leprechauns, which like to pinch anyone they can see. Some people also think sporting the color will bring good luck, and others wear it to honor their Irish ancestry.

What have we been up too?

Well, that Pesky Gopher saw his shadow and took it literally...it snowed! It did not stop us from having fun celebrations, and activities. We had some great musicians come in and play for us, and also a favorite that we get those great cuddles in from Bo the Dog. We did some fun crafts potpourri, paper roses, borax crystal hearts, door decor. we had a great turn out for the Super Bowl, Friends, Fun & Yummy food and beverages, what more could you ask for! We had a great Valentines Dinner & Dance, the Dining Room was decorated, and dinner was delicious, the dancing was very fun. We all enjoyed it. Thank you to all of the staff that helped make it all possible. You are appreciated.

Super Bowl Party



▶ LIVE

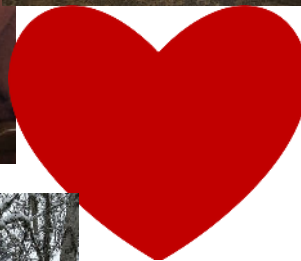
Music



Valentines Day Dinner & Dance



Snow!!



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Meet our Management Crew

TBD-

Executive director (ED)
HeatherG@cascadeliving.com

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Nick Warney
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April DeFoor
Life Enrichment director (LED)
AprilD@cascadeliving.com

Live Vendors This Month

Dave Minton - Music
Canine Corp - Therapy Dogs
Brianna Blanchfill - Music
Rachel Hampton - Music
Dennis Colerett - Muscic
Music We Remember - Music

January Birthdays & Anniversaries

Birthdays

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Anniversaries

Ruth T. - 2 years on 3/9

Staff Birthdays

Please see Daily Activity Calendar

