

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>CASCADES OF GRASS VALLEY</h1> <p>ALL ACTIVITIES ARE SUBJECT TO CHANGE</p>		9:30 Tuesday Tune Up <b>1</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Color By Numbers 11:30 Aromatherapy - Namaste 1:30 Dominos 3:00 April Fools Trivia 4:00 Balloon Banter  All Fools' Day	9:30 Wind Up Wednesday <b>2</b> 10:00 Mid Morning Recharge with Daily Devotional 10:30 Musical Reminiscing 11:30 Aromatherapy - Namaste 1:30 JENGA 3:00 Garden Club 4:00 Sensory Stations	9:30 Morning Exercise <b>3</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Rain Stick Craft - Guided 11:30 Aromatherapy - Namaste 1:30 Air Hockey <b>3:00 Tai Chi with Homer</b> 4:00 The Art of Table Setting	9:30 Friday Fitness <b>4</b> 10:00 Daily Chronicle <b>10:30 Scenic Drive to Daily Donuts</b> 11:30 Aromatherapy - Namaste 1:30 BINGO! <b>3:00 Happy Hour with Cowboy Curt</b> 4:00 Name That Tune	10:00 Chair Yoga <b>5</b> 10:30 Mid Morning Recharge with Daily Devotional 10:45 Parachute Ball Toss 11:45 Aromatherapy - Namaste 1:30 BINGO! 3:00 Poker with Ryan	
9:30 Morning Stretch <b>6</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Simple Truth Church 11:30 Aromatherapy - Namaste 1:30 Men's Club with Ryan 3:00 Artful Endeavors: Free for all craft 6:30 Movie Night	9:30 Muffin Monday - Lemon <b>7</b> 10:00 Steel Feathers Exercise 10:30 Mid Morning Recharge 11:00 Musical Reminiscing 11:30 Aromatherapy - Namaste 1:30 Cornhole 3:00 Art Class: Painting Landscapes 4:00 Walk About It	9:30 Tuesday Tune Up <b>8</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Pinwheels Craft - Guided 11:30 Aromatherapy - Namaste 1:30 Dominos 3:00 Garden Club 4:00 Garden Reminiscing with Refreshments	9:30 Wind Up Wednesday <b>9</b> 10:00 Mid Morning Recharge with Daily Devotional 10:30 Rhythm & Rhyme <b>11:00 Catholic Mass</b> 11:30 Aromatherapy - Namaste 1:30 UNO! 3:00 Color By Numbers 4:00 Walk About It	9:30 Morning Exercise <b>10</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Parachute Ball Toss 11:30 Aromatherapy - Namaste 1:30 Rock Art 3:00 Duck Duck Match 4:00 Sensory Station	9:30 Friday Fitness <b>11</b> 10:00 Mid Morning Recharge with Daily Devotional <b>10:30 Scenic Drive Around Town</b> 11:30 Aromatherapy - Namaste 1:30 BINGO! <b>3:00 Happy Hour with DENTY</b> 4:00 The Art of Napkin Folding	10:00 Chair Yoga <b>12</b> 10:30 Mid Morning Recharge with Daily Devotional 10:45 Parachute Ball Toss 11:45 Aromatherapy 1:30 BINGO! 3:00 Poker with Ryan  Passover Begins	
9:30 Morning Stretch <b>13</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Simple Truth Church 11:30 Aromatherapy - Namaste 1:30 Men's Club with Ryan 3:00 Pre Dinner Movie  Palm Sunday	9:30 Move N Groove Exercise <b>14</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Manicure's with Stephanie 11:30 Aromatherapy - Namaste 1:30 Air Hockey 3:00 Spring Flowers Craft 4:00 Share Your Travels	9:30 Tuesday Tune Up <b>15</b> 10:00 Mid Morning Recharge with Daily Devotional 10:30 Balloon Banter 11:30 Aromatherapy - Namaste 1:30 JENGA 3:00 Artful Endeavors: Free for all craft 4:00 Musical Reminiscing	9:30 Wind Up Wednesday <b>16</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Bird House Painting 11:30 Aromatherapy - Namaste 1:30 Duck Duck Match 3:00 Walk About It 4:00 Sensory Station	9:30 Morning Exercise <b>17</b> 10:00 Mid Morning Recharge with Daily Devotional 10:30 Color By Numbers 11:30 Aromatherapy - Namaste 1:30 UNO! <b>3:00 Tai Chi with Homer</b> 4:00 The Art of Table Making	9:30 Friday Fitness <b>18</b> 10:00 Mid Morning Recharge with Daily Chronicle <b>1:30 Walk about it at Condon Park</b> 11:30 Aromatherapy - Namaste 1:30 Art Class: Painting Tulips <b>3:00 Happy Hour with Roland</b> 4:00 Sensory Station	10:00 Chair Yoga <b>19</b> 10:30 Mid Morning Recharge with Daily Devotional 10:45 Parachute Ball Toss 11:45 Aromatherapy 1:30 BINGO! 3:00 Poker with Ryan	
9:30 Morning Stretch <b>20</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Simple Truth Church 11:30 Aromatherapy - Namaste 1:30 Men's Club with Ryan 3:00 Easter Reminiscing on Patio with Refreshments  Easter Sunday	9:30 Muffin Monday <b>21</b> 10:00 Steel Feathers Exercise 10:30 Mid Morning Recharge 11:00 Musical Reminiscing 11:30 Aromatherapy - Namaste 1:30 Duck Duck Match 2:30 Artful Endeavors: Free for all craft 3:30 Walk About It	9:30 Tuesday Tune Up <b>22</b> 10:00 Mid Morning Recharge with Daily Devotional 10:30 Garden Club 11:30 Aromatherapy - Namaste 1:30 Paint Your Earth 2:30 Earth Day Sensory Bins 4:00 The Art of Napkin Folding  Earth Day	9:30 Wind Up Wednesday <b>23</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Rhythm & Rhyme 11:30 Aromatherapy - Namaste 1:30 Air Hockey 3:00 Walk About It 4:00 Sensory Station  Administrative Professionals Day	9:30 Morning Exercise <b>24</b> 10:00 Mid Morning Recharge with Daily Devotional 10:30 Walk About It 11:30 Aromatherapy - Namaste 1:30 UNO! 3:00 Parachute Ball Toss 4:00 Musical Reminiscing	9:30 Friday Fitness <b>25</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Armchair Travel around National Parks 11:30 Aromatherapy - Namaste <b>1:30 Scenic Drive to the Garden Center</b> 3:00 Tree Planting for Arbor Day  Arbor Day	10:00 Chair Yoga <b>26</b> 10:30 Mid Morning Recharge with Daily Devotional 10:45 Parachute Ball Toss 11:45 Aromatherapy 1:30 BINGO! 3:00 Poker with Ryan	
9:30 Morning Stretch <b>27</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Simple Truth Church 11:30 Aromatherapy - Namaste 1:30 Men's Club with Ryan 3:00 Artful Endeavors: Free for all craft 6:30 Movie Night	9:30 Move N Groove Exercise <b>28</b> 10:00 Mid Morning Recharge with Daily Devotional 10:30 Manicure's with Stephanie 11:30 Aromatherapy - Namaste 1:30 Dominos 2:30 Garden Club 4:00 Sensory Station	9:30 Tuesday Tune Up <b>29</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Musical Reminiscing 11:30 Aromatherapy - Namaste 1:30 UNO! 3:00 Rock Painting 4:00 The Art of Table Setting	9:30 Wind Up Wednesday <b>30</b> 10:00 Mid Morning Recharge with Daily Chronicle 10:30 Walk About It 11:30 Aromatherapy - Namaste 1:30 Air Hockey 3:00 Virtual Museum Tour 4:00 Garden Reminiscing with Refreshments	<h1>April 2025</h1>			