

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Happy Birthday Topsy! 1 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 1:30 Flower Arrangements w/ Carol (B) 2:00 LIFEDER Travels on YouTube (TR) 2:30 Shopping at Walmart 5:00 Netflix Documentary (B) MAGICAL ANDES	National Walk Day 2 9:00 Coffee and News at the Bistro 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia (B) 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 3:00 Karaoke and Floats with Sally (B) *Serving Rootbeer Floats* 5:00 Netflix Nature Series: (B) Absurd Planet	Qingming Festival 3 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk at the Bistro 1:00 BINGO at the Activity Room 3:00 Mahjong Group with Cynthia (B) 3:00 Baking Goodies with Carol (CK) 5:00 Netflix Easter Series: Mysteries of the Faith	National Deep Dish Pizza Day 4 9:00 Coffee and News at the Bistro 10:00 Chair Dancing on YouTube (B) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to Bucca di Beppo 2:00 Rummikub with Alaina (B) 3:00 Shopping at the Dollar Tree 3:00 Holy Rosary with Cecile (CR) 5:00 Resident's Choice Movie (B)	Everyday is Tag Day 5 9:00 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Bible Verse Sharing (LR) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 3:00 Happy Hour with Michael Sara (LR) 5:00 Spiritual Movie at the Bistro: The Forge
Army Day 6 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Group Coloring Class (B) 2:00 Expoza Travels on YouTube (TR) 3:00 Large Word Find Puzzles (B) 5:00 Spiritual Movie at the Bistro: The Shack	World Health Day 7 9:00 Walking Club with HS Staff (FE) 10:00 Chair Dancing w/ Daisy on YouTube 1:00 Bingo at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 3:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series (B) Somebody Feed Phil - Season 7	National Library Day 8 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 1:15 Tea Tasting with Chef Celeste (DR) 2:00 Flower Arrangements w/ Carol (B) 2:30 Shopping at Smith's 5:00 Netflix Documentary (B) MAGICAL ANDES	National Cherish an Antique Day 9 9:00 Coffee and News at the Bistro 10:00 Resident Council Meeting and Food for Thought with Chef Celeste 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 2:00 Memorabilia Showcase (DR) *Serving Wine and Charcuterie* 5:00 Netflix Nature Series: (B) Absurd Planet	Siblings Day 10 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 3:00 Mahjong Group with Cynthia (B) 3:00 Baking Goodies with Carol (CK) 5:00 Netflix Easter Series: Mysteries of the Faith	National Chinese Fondue Day 11 9:00 Coffee and News at the Bistro 10:00 Strength Exercises at the Bistro 10:30 Spot the Difference Puzzles (B) 11:00 Casino Outing at Rampart Casino 2:00 Rummikub with Alaina (B) 3:00 Shopping at Albertsons 3:00 Holy Rosary with Cecile (CR) 5:00 Resident's Choice Movie (B)	Passover 12 9:00 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Bible Verse Sharing (LR) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 2:30 Simple Manicures w/ Carol (AR) 5:00 Spiritual Movie at the Bistro: The Hill
Happy Birthday Flo! 13 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Group Coloring Class (B) 2:00 Expoza Travels on YouTube (TR) 3:00 Large Word Find Puzzles (B) 5:00 Spiritual Movie at the Bistro: The Wait	National Gardening Day 14 9:00 Walking Club with HS Staff (FE) 10:00 Chair Dancing w/ Daisy on YouTube 1:00 Bingo at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 3:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series (B) Somebody Feed Phil - Season 7	Income Tax Pay Day 15 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 2:00 Flower Arrangements w/ Carol (B) 2:00 LIFEDER Travels on YouTube (TR) 2:30 Shopping at Walmart 5:00 Netflix Documentary (B) MAGICAL ANDES	Banana Day 16 7:00 Monthly Signature Breakfast (DR) 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia (B) 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 3:00 Karaoke and Floats with Sally (B) *Serving Rootbeer Floats* 5:00 Netflix Nature Series: (B) Absurd Planet	Holy Thursday 17 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 3:00 Baking Goodies with Carol (CK) 3:00 Mahjong Group with Cynthia (B) 5:00 Netflix Thursday Easter Series: Mysteries of the Faith	National Crawfish Day 18 9:00 Coffee and News at the Bistro 10:00 Chair Dancing on YouTube (B) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to Crab 'n' Spice 2:00 Rummikub with Alaina (B) 3:00 Shopping at the Dollar Tree 3:00 Holy Rosary with Cecile (CR) 5:00 Resident's Choice Movie (B)	Bicycle Day 19 9:00 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Bible Verse Sharing (LR) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 3:00 Happy Hour w/ Donna Lynne (B) 5:00 Spiritual Movie at the Bistro: MARY
Easter Sunday 20 8:30 Easter Sunrise Church Service (B) 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Easter Service (TR) 10:00 Non Denominational Easter Service (B) 1:00 Annual HS Easter Egg Hunt (L) 2:00 Expoza Travels on YouTube (TR) 3:00 Easter Large Word Find Puzzles (B) 5:00 Spiritual Movie at the Bistro: Journey to Bethlehem	World Creativity Day 21 9:00 Walking Club with HS Staff (FE) 10:00 Chair Dancing w/ Daisy on YouTube 1:00 Bingo at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 3:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series (B) Somebody Feed Phil - Season 7	National Baseball Day 22 9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 2:00 Flower Arrangements w/ Carol (B) 2:00 LIFEDER Travels on YouTube (TR) 2:30 Shopping at Smith's 5:00 Netflix Documentary (B) MAGICAL ANDES	Movie Theater Day 23 9:00 Coffee and News at the Bistro 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia (B) 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 3:00 Wine Down Wednesday - Bistro *Serving Wine and Charcuterie* 5:00 Netflix Nature Series: (B) Absurd Planet	English Language Day 24 9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 History of English Slangs (B) 1:00 BINGO at the Activity Room 3:00 Mahjong Group with Cynthia (B) 3:00 Baking Goodies with Carol (CK) 5:00 Netflix Thursday Easter Series: Mysteries of the Faith	Arbor Day 25 9:00 Coffee and News at the Bistro 10:00 Chair Dancing on YouTube (B) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to The Pancake House 2:00 Rummikub with Alaina (B) 3:00 Shopping at Albertsons 3:00 Holy Rosary with Cecile (CR) 5:00 Resident's Choice Movie (B)	World Pretzel Day 26 9:00 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Bible Verse Sharing (LR) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 2:30 Simple Manicures w/ Carol (AR) 5:00 Spiritual Movie at the Bistro: Blue Miracle
Blue Sunday 27 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Group Coloring Class (B) 2:00 Expoza Travels on YouTube (TR) 3:00 Large Word Find Puzzles (B) 5:00 Spiritual Movie at the Bistro: The Starling	Biological Clocks Day 28 9:00 Walking Club with HS Staff (FE) 10:00 Chair Dancing w/ Daisy on YouTube 1:00 Bingo at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 3:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series (B) Somebody Feed Phil - Season 7	International Dance Day 29 9:00 Coffee and News at the Bistro 10:00 Zumba Dance Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 2:00 Flower Arrangements w/ Carol (B) 2:00 LIFEDER Travels on YouTube (TR) 2:30 Shopping at Walmart 5:00 Netflix Documentary (B) MAGICAL ANDES	Adopt a Shelter Pet Day 30 9:00 Coffee and News at the Bistro 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia (B) 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 3:00 Karaoke & Floats with Sally (B) *Serving Rootbeer Floats* 5:00 Netflix Nature Series: (B) Absurd Planet			L = Lobby TR = Theater Room CK = Country Kitchen AR = Activity Room BP = Back Patio CR = Conference Room LR = Living Room FE = Front Entrance

April 2025 Heritage Springs Assisted Living Events
 Activities are subject to change based on the interests and requests of our residents.