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Articles are from Activity Connection



Giselle Liance Florence Alston

From your friends at eritage Springs Assisted Living Memory Care

In the Good Ol' Days of April

Fifty-five years ago, in April 1969, the medium annual income was approximately \$9,400 in the United States. Average cost of a new house was about \$28,000. Minimum wage was \$1.60 per hour. A loaf of bread was 23cents, a dozen eggs were 62cents, and postage stamps were 6cents each. A new car costs about \$2,000. But best of all, gasoline was 32cents per gallon -- even cheaper than a gallon of milk, which was \$1.10.



name the Romans gave the month because it is the time of year when flowers and plants begin to bud or open.



The Difference Between Living and Living Well

April 2025 Issue

three? June, September and November. The rest are 31 days with the exception of February, which only has 28 days.) The name April comes from Aprilis, derived from aperire, meaning "to open". It is the

Marvelous Facts About April Holidays

Here's a look at the history behind a few celebratory events in April.

April Fools' Day, celebrated on April 1st, most likely began in 1564 the year france moved the start of its calendar from April 1 to January 1. It is said that those still celebrating the new year in April reportedly had a paper fish (or april fish) stuck to their backs by pranksters. And so, an April "fools" ritual was born.

Earth Day, was launched on April 22nd 1970, following a 1969 oil spill of the coast of California. Founded by Wisconsin Senator Gaylord Nelson, the holiday inspired 20 million Americans to demon-

strate in marches for the environment. Organizers continue to lead events worldwide on April 22nd and credit this day to the formation of the U.S. Environmental Protection Agency.

Arbor Day, held the last Friday in April each year in the U.S., began in 1872 thanks to the efforts of the Nebraska Territory pioneer J. Sterling Morton. Morton's first tree-planting holiday included prizes for the most trees planted.



BUS SCHEDULE Sign up at the Front Desk. A \$45 charge for a transportation request and also when a staff is needed at an appointment.

Doctor Appointment are every Monday, Wednesdays and Thursdays from 9:00am to 2:00pm

Scheduled Shopping Days are every Tuesdays and Fridays (Please See our Activity Calendar)

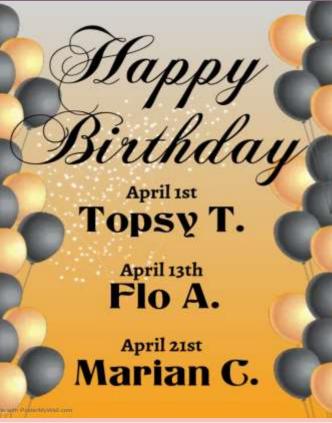




Kathy's Hair Cottage call (702) 326-2260



This Month's Upcoming Events



APRIL 2025 OUTING LINE UP

April 4th <u>Buca di Beppo</u>

April 11th Rampart Casino

April 18th Crab 'n' Spice

April 25th Applebee's

Sign Up at the Front Desk



Join us for our monthly **RESIDENT COUNCIL MEETIN** and Food For Thought with Chef Celeste **Second Wednesdays** at 10:00 am at the Second Floor Commons



Photos from our St. Paddy's Lucky Hour March 15th, 2025













| Shampoo only | \$10 |
|----------------------------|------|
| Men's Shampoo & Haircut | \$22 |
| Women's Shampoo & Haircut | \$27 |
| Shampoo, Cut & Style | \$43 |
| Shampoo & Style | \$27 |
| Color & Style | \$62 |
| Color, Cut & Style | \$77 |
| Perm & Cut | \$85 |
| Men's Haircut | \$20 |
| Fingernail or Toenail Trim | \$15 |
| Manicure | \$25 |
| Pedicure | \$37 |
| | |