



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
		April Fool's Day 1 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Sing Along Songs 1:00 Flower Arrangements 2:30 Snack & Hydrate 3:00 Large Easy Word Find Puzzles 5:30 Inspirational Movie on Netflix	National Walk Day 2 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 1:00 Test Your Problem Solving Skills 2:00 Let's Solve some Simple Riddles 2:30 Snack & Hydrate 3:00 Birthday Bash with Tony B. 5:30 Large Floor Jigsaw Puzzles	Qingming Festival 3 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 1:00 2:00 Baking Goodies with Tracy 2:30 Snack & Hydrate 3:00 "I Spy" Game on YouTube 5:30 Netflix Adventure Series	National Deep Dish Pizza Day 4 9:00 Zen Music Meditation 9:00 The Daily Chronicle 0:00 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Brain Teasers and Riddles 1:00 Group Coloring Art with Jeannie 2:30 Snack and Hydrate 3:00 Classic Card Games 5:30 Expoza Travel Hour & Snacks	Everyday is Tag Day 5 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Chair Zumba Exercises 1:00 Candy Bingo 2:00 Snack and Hydrate 3:00 Namaste and Simple Spa Hour 5:30 Inspirational Movie on Netflix
Army Day 6 9:00 Joel Osteen on Channel 26 9:45 Catholic Mass at the Living Room 10:00 Snack, Hydrate & Trivia 10:30 The Daily Chronicle 1:30 Karaoke Fun with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Weekender Series: Mystery of the Faith	World Health Day 7 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Snack, Hydrate & Trivia 10:30 Spot The Difference- YouTube 1:00 Steel Feathers Yoga with Gee 2:00 Brain Booster Trivia 2:30 Snack & Hydrate 3:00 Arts and Crafts Hour 5:30 Board Games	National Library Day 8 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Sing Along Songs 1:00 Flower Arrangements 2:30 Snack & Hydrate 3:00 Large Easy Word Find Puzzles 5:30 Inspirational Movie on Netflix	Cherish an Antique Day 9 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 1:00 Test Your Problem Solving Skills 2:00 Let's Solve some Simple Riddles 2:30 Snack & Hydrate 3:00 Happy Hour with Bobby Rumion 5:30 Large Floor Jigsaw Puzzles	Siblings Day 10 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 1:00 Baking Goodies with Tracy 2:30 Snack & Hydrate 3:00 "I Spy" Game on YouTube 5:30 Netflix Adventure Series	National Chinese Fondue Day 11 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Brain Teasers and Riddles 1:00 Group Coloring Art with Jeannie 2:30 Snack and Hydrate 3:00 Classic Card Games 5:30 Expoza Travel Hour & Snacks	Passover 12 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Chair Zumba Exercises 1:00 Candy Bingo 2:00 Snack and Hydrate 3:00 Simple Nail Care with Carol 5:30 Inspirational Movie on Netflix
Palm Sunday 13 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass at the Living Room 10:00 Snack, Hydrate & Trivia 10:30 The Daily Chronicle 1:30 Karaoke Fun with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Weekender Series: Mystery of the Faith	National Gardening Day 14 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Snack, Hydrate & Trivia 10:30 Spot The Difference- YouTube 1:00 Steel Feathers Yoga with Gee 2:00 Brain Booster Trivia 2:30 Snack & Hydrate 3:00 Arts and Crafts Hour 5:30 Board Games	Income Tax Pay Day 15 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Sing Along Songs 1:00 Flower Arrangements 2:30 Snack & Hydrate 3:00 Large Easy Word Find Puzzles 5:30 Inspirational Movie on Netflix	Banana Day 16 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 1:00 Test Your Problem Solving Skills 2:00 Conversation Cards with Monica 2:30 Snack & Hydrate 3:00 Happy Hour with Brenda Hebert 5:30 Large Floor Jigsaw Puzzles	Holy Thursday 17 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 1:00 2:00 Baking Goodies with Tracy 2:30 Snack & Hydrate 3:00 "I Spy" Game on YouTube 5:30 Netflix Adventure Series	National Crawfish Day 18 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Brain Teasers and Riddles 1:00 Group Coloring Art with Jeannie 2:30 Snack and Hydrate 3:00 Classic Card Games 5:30 Expoza Travel Hour & Snacks	Bicycle Day 19 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Chair Zumba Exercises 1:00 Candy Bingo 2:30 Snack and Hydrate 3:00 Namaste and Simple Spa Hour 5:30 Inspirational Movie on Netflix
Easter Sunday 20 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass at the Living Room 10:00 Snack, Hydrate & Trivia 10:30 The Daily Chronicle 1:30 Karaoke Fun with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Weekender Series: Mystery of the Faith	Happy Birthday Marian! 21 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Snack, Hydrate & Trivia 10:30 Spot The Difference- YouTube 1:00 Steel Feathers Yoga with Gee 2:00 Brain Booster Trivia 2:30 Snack & Hydrate 3:00 Arts and Crafts Hour 5:30 Board Games	National Baseball Day 22 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Sing Along Songs 1:00 Flower Arrangements 2:30 Snack & Hydrate 3:00 Large Easy Word Find Puzzles 5:30 Classic Card Games	Movie Theater Day 23 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 1:00 Test Your Problem Solving Skills 2:00 Let's Solve some Simple Riddles 2:30 Snack & Hydrate 3:00 Happy Hour with Mike Jones 5:30 Featured Movie of the Week	English Language Day 24 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 1:00 History of English Slangs 2:00 Baking Goodies with Tracy 2:30 Snack & Hydrate 3:00 "I Spy" Game on YouTube 5:30 Netflix Adventure Series	Arbor Day 25 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Brain Teasers and Riddles 1:00 Group Coloring Art with Jeannie 2:30 Snack and Hydrate 3:00 Classic Card Games 5:30 Expoza Travel Hour & Snacks	World Pretzel Day 26 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Chair Zumba Exercises 1:00 Candy Bingo 2:30 Snack and Hydrate 3:00 Simple Nail Care with Carol 5:30 Inspirational Movie on Netflix
Blue Sunday 27 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass at the Living Room 10:00 Snack, Hydrate & Trivia 10:30 The Daily Chronicle 1:30 Karaoke Fun with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Weekender Series: Mystery of the Faith	Biological Clocks Day 28 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Snack, Hydrate & Trivia 10:30 Spot The Difference- YouTube 1:00 Steel Feathers Yoga with Gee 2:00 Brain Booster Trivia 2:30 Snack & Hydrate 3:00 Arts and Crafts Hour 5:30 Board Games	International Dance Day 29 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Sing Along Songs 1:00 Flower Arrangements 2:30 Snack & Hydrate 3:00 Large Easy Word Find Puzzles 5:30 Inspirational Movie on Netflix	Adopt a Shelter Pet Day 30 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 1:00 Test Your Problem Solving Skills 2:00 Let's Solve some Simple Riddles 2:30 Snack & Hydrate 3:00 Sentimental Karaoke with Tracy 5:30 Large Floor Jigsaw Puzzles			

April 2025 Heritage Springs Memory Care Events
 Activities are subject to change based on the interests and requests of our residents.