

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025



1
 9:30 Welcome March Discussion
 10:30 Morning Walk
 1:30 Beach Ball Toss
 2:00 **Guitar with Tim Biggs**
 3:30 Circle Kickball
 4:00 Quality Face to Face
 6:00 Planet Earth with Snacks

2
 9:30 **March Gazette and Coffee**
 10:00 Grace Community Worship (THR)
 10:30 **Sunday Fruit Smoothies**
 1:30 Walk the Trail
 2:30 March Bingo
 3:30 Quality Face to Face
 4:00 Sit and Stretch
 6:00 March Crossword

3
 9:30 March Newsletter and Coffee
 10:30 Ever Fit
 1:30 Piano with Robin
 2:00 **Resident Council with Refreshments**
 3:00 Hit the Target
 4:00 Namaste Puzzle Time
 6:00 Famous Name's Word Search

4
Fat Tuesday
 9:30 March Trivia and Coffee
 10:30 Ever fit
 1:30 **Tuesday Matinee 3rd Floor (THR) "Cheaper by Dozen"**
 2:30 Color Blending Shamrocks
 3:30 Adult Mardi Gras Color Pages
 4:00 **I Spy Mardi Gras**
 Mardi Gras

5
 9:30 **Bible Study with Tim**
 10:30 Ever Fit
 1:30 **Scenic Drive**
 2:30 National Hit the Target Day Games and Target Trivia
 3:30 Walk the Trail
 4:00 Quality Face to face
 6:00 Word Search Together

6
Happy Birthday Hugh O
 9:30 This Day in History
 10:30 Ever Fit
 1:30 Waterford Walk
 2:00 **Performance by Timothy Patrick**
 3:30 **Thirsty Thursdays Cocktail Hour**
 4:00 Table Game, Uno, Dominos or Yahtzee
 6:00 Reminiscent Corner

7
 9:30 Coffee and Conversation
 10:30 Ever Fit
 1:15 **Piano with Louis Faro**
 2:30 Hit the Target
 3:30 Light Classical and Puzzles
 4:00 Quality Face to Face
 6:00 March I Spy Adult

8
 9:30 Saturday Funnies and Coffee
 10:30 Chalkboard Picture This
 1:30 **Name that Tune (Irish Diddie's)**
 3:30 Uno, Yahtzee and Chess
 4:00 Sit and Stretch
 6:00 Giant Word Search or Crossword

9
Happy Birthday Jean R.
 9:30 Morning Gather and Coffee
 10:00 Grace Community Worship (THR)
 10:30 Day light Saving Time Trivia
 1:30 March Fun Facts
 2:00 **Art Class with Terri**
 3:30 Armchair Travel to Dublin
 4:00 Sit and Stretch
 Daylight Saving Time Begins

10
 9:30 Daily Chronicle and Coffee
 10:30 Ever Fit
 1:30 **St. Patrick's Cookie Decorating**
 2:30 Do you Know? Deference of Irish And Celtic Music
 3:00 Cookie Coffee Social
 4:00 Namaste Puzzle Time
 6:00 Reminiscent Corner

11
 9:30 Meet and Greet
 10:30 Ever Fit
 1:30 Family Feud North Shore VS South Shore
 2:00 **Gus Russell Performs on Piano**
 3:00 Root Beer Float Social
 4:00 Sit and Stretch
 6:00 Puzzle Club

12
 9:30 **Bible Study with Tim**
 10:30 Ever Fit
 1:30 **Country Drive**
 2:30 Piano with Robin (NS)
 3:30 **Watercolor Painting Shamrocks**
 4:00 Quality face to Face
 6:00 **History of Ireland Documentary And Refreshments**

13
 9:30 This Day in History
 10:30 Ever Fit
 1:30 Cooking Club and Trivia
 2:30 Stomp to the Beat
 3:30 **Thirsty Thursday Cocktail Hour**
 4:00 Sit and Stretch
 6:00 Animal Planet and Snacks
 Purim Begins

14
 9:30 Coffee and Conversation
 10:00 **Celebrate St. Patty's Day with Entertainer, Jeff Oster**
 1:30 History of St. Patrick's Day
 2:00 Mini Golf (Indoor Put)
 3:30 Walk the Trail
 4:00 Quality Face to Face
 6:00 Table Games with Snacks

15
 9:30 Saturday Funnies and Coffee
 10:30 Morning Stretches
 1:30 Irish Myths Revealed: The Blarney Stone
 2:00 **Sara Scofield Sings**
 3:30 Quality Face to Face
 4:00 Afternoon Stretch
 6:00 Animal Planet and Snacks

16
Happy Birthday Roger S
 9:30 Morning Gather and Coffee
 10:00 Grace Community Worship (THR)
 10:30 **Sunday Fruit Smoothies**
 1:30 Armchair Travel to Ireland
 2:30 Travelogue Color Pages of Ireland
 3:00 Cooking Club and Trivia
 4:00 Afternoon Stretch
 6:00 Animal Planet and Snacks

17
 9:30 Daily Chronicle and Coffee
 10:30 Ever Fit
 1:30 Party Decorating Together
 2:00 **St. Patrick's Day Party**
 3:30 Outdoor Walk around the Garden
 4:00 Namaste Puzzle Time
 6:00 Adult I Spy St. Patty's Day
 St. Patrick's Day

18
 9:30 Meet and Greet
 10:30 Ever Fit
 1:30 **Tuesday Matinee 3rd Floor (THR) "Cheaper by Dozen Part 2"**
 2:30 Quality Face to Face
 3:30 Dominos and Card Games
 4:00 Afternoon Exercise
 6:00 Table Games with Snacks

19
 9:30 **Bible Study with Tim**
 10:30 Ever fit
 1:00 March Birthday Party (Al Bistro)
 1:30 **Scenic Drive**
 2:30 Quality Face to Face
 3:00 Cornhole and Popcorn
 4:00 Adult March Puzzle Maze
 6:00 Reminiscent Corner and Refreshments

20
Happy Spring
 9:30 This Day in History
 10:30 Ever Fit
 1:30 **Flower of the Month Trivia**
 2:30 Cornhole and Popcorn
 3:30 **Thirsty Thursday Cocktail Hour**
 4:00 Puzzle Club or Word Search
 6:00 Soundscapes and Hydration
 Spring Begins

21
 9:30 Coffee and Conversation
 10:30 Ever fit
 1:30 Sing a-Long with Robin
 2:30 Outdoor Spring Walk to Garden
 3:30 **Irish lyric Finish the Phrase**
 4:00 Sit and Stretch
 6:00 Famous March Birthdays Word Search and Snacks

22
 9:30 Saturday Funnies and Coffee
 10:30 Morning Stretches
 1:30 If I Had Three Wishes?
 2:30 Outdoor Walk to the Garden
 3:30 Chicken Soup for the Soul
 4:00 Sit and Stretch
 6:00 Planet Earth / Hydration

23
 9:30 Daily Chronicle and Coffee
 10:00 Grace Community Worship
 10:30 Finish the Lyrics
 1:30 Waterford Walk
 2:00 **Art Class with Terri**
 3:00 Root Beer Float Social
 4:00 Sit and Stretch
 6:00 Soundscapes and Hydration

24
 9:30 Daily Chronicle and Coffee
 10:30 Ever Fit
 1:30 Finish the Phrase
 2:30 **Family Afternoon Spring Tea**
 3:30 Quality Face to face
 4:00 Namaste Puzzle Time
 6:00 Crossword Together and Refreshments

25
 9:30 Meet and Greet
 10:30 Ever Fit
 1:30 **Tuesday Matinee 3rd Floor (THR) Dolphin Island**
 2:30 Quality Face to Face
 3:30 Parachute balloon Ball
 4:00 Sit and Stretch
 6:00 Word Search Together

26
 9:30 **Bible Study with Tim**
 10:30 Ever Fit
 1:30 **Country Drive**
 2:30 Piano with Robin
 3:30 Beach Ball Toss
 4:00 EZ Does It Trivia
 6:00 **Documentary Discovery of Ireland / Refreshments**

27
 9:30 This Day in History
 10:30 Ever Fit
 1:30 Stomp to the Beat
 2:30 Complex Coloring and Snacks
 3:30 **Thirsty Thursday Cocktail Hour**
 4:00 Quality Face to Face
 6:00 Light Classical Music and Puzzle Group with Refreshments

28
 9:30 Coffee and Conversation
 10:30 Ever Fit
 1:30 Waterford Walk
 2:00 **Reader's Theater**
 3:30 Afternoon Exercise with Robin
 4:00 Quality Face to Face
 6:00 Table Games with Snacks

29
 9:30 Saturday Funnies and Coffee
 10:30 Morning Stretches
 1:30 EZ Does It Trivia
 2:00 **Tim Biggs Play Guitar**
 3:30 Chicken Soup for the soul
 4:00 Sit and Stretch
 6:00 Table Games, Uno, Dominos or Yahtzee

30
 9:30 March Gazette and Coffee
 10:00 Grace Community Worship (THR)
 10:30 **Sunday Fruit Smoothies**
 1:30 Walk the Trail
 2:30 March Bingo and Prizes
 3:30 Quality face to Face
 4:00 Sit and Stretch
 6:00 March Crossword

31
 9:30 Daily Chronicle and Coffee
 10:30 Ever Fit
 1:30 Musical Beach Ball Toss
 2:30 Watercolor Painting Springtime
 3:30 Ice Cream Social
 4:00 Namaste Puzzle Time
 6:00 Table Games, Uno, Dominos or Yahtzee

Waterford Grand
 Assisted Living and Memory Care

North Shore Memory Care

Waterford Grand (541) 636-3329 All activities are subject to change.