

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2025

## Waterford Grand Assisted Living



<p>10:30 Community Fellowship 10:30 Phase 10 Card Game 1:00 The Effect of Trauma on the brain and how it affects behaviors-<i>yt</i> 1:30 Dominoes Game -<i>atr</i> 2:00 Resident led Bingo-<i>dta</i> 6:30 Movie: Groundhog's Day-<i>nf</i></p>	<p>9:00 and 10:30 Everfit 10:30 Coffee &amp; Conversation 1:00 Resident Led Phase 2:00 Bunco with Terri-<i>dta</i> 3:15 Resident Led Bingo-<i>dta</i> 6:30 Movie-The Teacher Lounge-<i>nf</i></p>	<p>9:00 and 10:30 Everfit 10:00 Chair Yoga, Johanna 10:30 Phase10 Card Game (<i>atr</i>) 1:30 Mardi Gras Social/ Kings Cake. 2:00 Resident Led Bingo (<i>dta</i>) 3:00 Painting with Terri (<i>atr</i>) 6:30 Movie: Legend of the Fall-<i>nf</i></p>	<p><b>Ash Wednesday</b> 9:00 and 10:30 Everfit 10:00 Phase10 Card Game-<i>atr</i> 2:00 Afternoon Flick w/ Popcorn and Soda. Watch Wicked-Vudu in the Dorian Theater. 3:15 Current Events/Tim (<i>dta</i>) 6:30 Movie: Maverick - Vudu</p>	<p>9:00 and 10:30 Everfit 10:00 Chair Yoga, Johanna 10:30 Bible Study, Pas Steve-<i>bty</i> 2:00 Timothy Patrick (<i>dining rm</i>) 3:15 Resident Led Bingo (<i>dta</i>) 6:30 Movie-A Quiet Place 2 -<i>nf</i></p>	<p>9:00 and 10:30 Everfit 10:30 Bible Study/ Tim (<i>bty</i>) 1:30 Shopping: Whole Foods 2:00 Louis Faro on Piano (<i>dr</i>) 3:00 Reading with Tim... 4:00 Social Hour (<i>bst</i>) 6:30 Movie-Fly me to the Moon</p>	<p>9:45 Scenic Drive-Tims choice Destination-<i>lobby</i> 10:30 Phase 10 Card Game (<i>atr</i>) 10:30 Travelogue: Wonders of South Africa Post Disc-<i>thr</i> 2:00 Resident Led Bingo (<i>dta</i>) 3:15 History Discussion (<i>dta</i>) 6:30 Movie-Stand by Me-<i>nf</i></p>
<p><b>Spring forward!</b> Don't forget to turn your clocks forward an hour! 10:30 Community Fellowship 10:30 Phase 10 Card Game 1:00 Pente Game 2:00 Resident Led Bingo-<i>dta</i> 6:30 Movie-Major Payne <small>Daylight Saving Time Begins</small></p>	<p>9:00 and 10:30 Everfit 10:30 Coffee &amp; Conversation 1:00 Resident Led Phase 10 2:00 Shamrock Craft w/Terri- <i>atr</i> 3:15 Res Led Bingo-<i>dta</i> 6:30 Movie-In The Heart of the Sea</p>	<p>9:00 and 10:30 Everfit 10:00 chair Yoga, Johanna 10:30 Phase 10 Card Game-<i>atr</i> 1:30 Tech Tuesday-<i>atr</i> 2:00 Resident Led Bingo-<i>dta</i> 3:00 Painting with Terri-<i>atr</i> 6:30 Movie-You Gotta Believe-<i>nf</i></p>	<p>9:00 and 10:30 Everfit 10:00 Phase 10 Card Game-<i>atr</i> 10:30 Lost &amp; Found Table <i>dta</i> 2:00 Resident Council- <i>dta</i> 3:15 Current Events/Tim-<i>dta</i> 6:30 Movie-As Good As it Gets</p>	<p>9:00 and 10:30 Everfit 10:00 Chair Yoga, Johanna-<i>thr</i> 10:30 Bible Study, Pas Steve-<i>bty</i> 2:00 Service Project Willamette Cancer Center-<i>dta</i> 3:15 Resident Led Bingo-<i>dta</i> 6:30 Movie-The Choice-<i>yt</i> <small>Purim Begins</small></p>	<p>9:00 and 10:30 Everfit 10:30 Bible Study/ Tim (<i>bty</i>) 11:00 Chess with Julie 11:15 Lunch w/Jill @ Sweet Water. Sign up at the reception 3:00 Reading with Tim... 4:00 Green Beer Social (<i>bst</i>) 6:30 Movie-Red Notice 2-<i>nf</i></p>	<p>9:45 Scenic Drive 10:30 Phase10 Card Game-<i>atr</i> 1:30 Shopping: Bi-Mart 2:00 Resident Led Bingo (<i>dta</i>) 3:15 History Discussion (<i>dta</i>) 6:30 Movie-Heart of Stone-<i>nf</i></p>
<p>10:30 Community Fellowship 10:30 Phase 10 Card Game 1:00 Penny Toss(<i>dta</i>) 2:00 Resident Led Bingo-<i>dta</i> 3:00 Travelogue- Irland w/ Rick Steve 6:30 Movie-The Father's Choice-<i>yt</i></p>	<p><b>Wear your best Irish Green!</b> Talk in Your Best Irish Accent 9:00 am and 10:30 Everfit 10:30 Coffee &amp; Conversation 11:00 History of St. Patrick-<i>dta</i> 1:00 Pot of Gold Scavenger hurt. 2:00 St. Patrick's Day Social-<i>dta</i> 6:30 Movie-Irish Wish-<i>nf</i> <small>St. Patrick's Day</small></p>	<p>9:00 and 10:30 Everfit 10:00 Chair Yoga, Johanna 10:30 Phase 10 Card Game-<i>at</i> 1:15 Tech Tuesday-<i>atr</i> 2:00 Service Project Willamette Cancer Center-<i>dta</i> 3:00 Painting with Terri- <i>atr</i> 6:30 Movie-Ace of Hearts-<i>yt</i></p>	<p><b>March Birthdays</b> 9:00 and 10:30 Everfit 10:00 Phase10 Card Game-<i>atr</i> 1:00 March Birthday Celebration 2:00 HealthPro Therapy: Nourish to Flourish-<i>thr</i> 3:15 Current Events/Tim-<i>dta</i> 6:30 Mov. The Six Triple Eight <i>nf</i></p>	<p><b>Spring has Sprung!</b> 9:00 and 10:30 Everfit 10:00 Chair Yoga, Johanna-<i>thr</i> 10:00 Holly's Jewelry-<i>lby</i> 10:30 Bible Study, Pas Steve-<i>bty</i> 2:00 Julie Sing's - <i>dr</i> 3:15 Resident Led Bingo-<i>dta</i> 6:30 Movie-Midway-<i>nf</i> <small>Spring Begins</small></p>	<p>9:00 and 10:30 Everfit 10:30 Bible Study/ Tim (<i>bty</i>) 1:30 Shopping: Fred Meyer 2:00 Activity Forum (<i>dta</i>) 3:00 Reading with Tim... 4:00 Social Hour (<i>bst</i>) 6:30 Movie-Awakening-<i>nf</i></p>	<p>9:45 Breakfast Outing: Elmers 10:30 Phase10 Card Game-<i>atr</i> 2:00 Resident Led Bingo-<i>dta</i> 3:15 History Discussion-<i>dta</i> 6:30 Movie-An Affair to Remember-<i>nf</i></p>
<p>10:30 Community Fellowship 10:30 Phase 10 Card Game 10:30 Watercolor Class-<i>dta</i> 1:00 Green Ice Cream Soc -<i>bst</i> 2:00 Resident Led Bingo-<i>dta</i> 6:30 Movie Miss Congeniality- <i>nf</i></p>	<p>9:00 am and 10:30 Everfit 10:30 Coffee &amp; Conversation 10:00 Resident Led Phase 10 1:00 History of Spring Daffodils 2:00 Res Led Bingo-<i>dta</i> 6:30 Movie-Damsel-<i>nf</i></p>	<p>9:00 and 10:30 Everfit 10:00 chair Yoga, Johanna 10:30 Phase 10 Card Game- <i>atr</i> 1:30 Tech Tuesday-<i>atr</i> 2:00 Resident Led Bingo-<i>dta</i> 3:00 Painting with Terri- <i>atr</i> 6:30 Movie-This is us-<i>nf</i></p>	<p>9:00 and 10:30 Everfit 10:00 Phase 10 Card Game-<i>atr</i> 10:15 Hearing By Design-<i>dta</i> 2:00 Chef's Corner-<i>thr</i> 3:15 Current Events/Tim-<i>dta</i> 6:30 Movie-Self Made-<i>nf</i></p>	<p>9:00 and 10:30 Everfit 10:00 Chair Yoga, Johanna-<i>thr</i> 10:30 Bible Study, Pas Steve-<i>bty</i> 2:00 Service Project Willamette Cancer Center-<i>dta</i> 3:15 Resident Led Bingo-<i>dta</i> 6:30 Movie-Tyson's Run-<i>nf</i></p>	<p>9:00 and 10:30 Everfit 10:30 Bible Study/ Tim (<i>bty</i>) 1:30 Shopping: Albertsons 2:00 Readers Theater-<i>thr</i> 2:00 Calling all Bridge Players 4:00 Social Hour (<i>bst</i>) 6:30 Movie-Holiday in the Wild-<i>nf</i></p>	<p>9:45 Museum of Natural History Capturing the Cosmos Exhibit:\$3.00 10:30 Phase 10 Card Game (<i>atr</i>) 2:00 Resident Led Bingo (<i>dta</i>) 3:15 History Discussion (<i>dta</i>) 6:30 Movie-Richie Rich-<i>nf</i></p>
<p>10:30 Community Fellowship 10:30 Phase 10 Card Game 1:00 Dominoes-<i>atr</i> 2:00 Resident Led Bingo-<i>dta</i> 6:30 Movie-Lion-<i>nf</i></p>	<p>9:00 am and 10:30 Everfit 10:30 Mindfulness Meditation With Esther-Theater 10:00 Resident Led Phase 10 1:00 Dominoes Game-<i>Atr</i> 2:00 Res Led Bingo-<i>dta</i> 6:30 Movie-The Dig-<i>nf</i></p>	<p><b>An Irish birthday wish</b> Typically "Lá Breithe Sona Duit," Which translates to "Happy Birthday to you" in Irish Gaelic</p>		<p><b>March Birthdays</b> 3/1 Ron F. 3/3 Shirley B. 3/5 Carol H. 3/13 Vickie H. 3/15 Doug Brown</p>		