						2000	
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0		May	2025	5	8:45 Daily Chronicles- GR110:00 Catholic Mass- GR10:30 Flower Arranging- AS1:15 Trivia Time- LS2:00 Cascades Chorus-LS3:00 Bingo- AS	2 8:45 Daily Chronicles- GR 9:00 Balloon Toss-GR 10:30 Tech Support- AS 1:15 Arts & Crafts - AS 1:45 Classic Movie Matinee- SC 3:00 Bingo- AS 7:00 Classic Movie Night- SC	9:00 Morning News- FC 9:30 Gardening Club- ARS 10:30 UNO- FC 1:45 Saturday Movie Matinee- SC 2:00 The Encore Band- FC 3:00 Bingo- AS 7:00 Saturday Night Movie- SC
1:45 S 2:00 F 3:00 B	unday Afternoon Movie irst Baptist Church-GR ingo- AS unday Night Movie- SC	5 8:45 Daily Chronicles- GR 9:00 Morning Stretch- GR 9:30 Shopping Trip: Walmart 10:30 Armchair Travel- SC 1:00 Cribbage- M 2:00 Bridge Group- MZ 3:00 Bingo- AS	8:45 Daily Chronicles- GR 9:00 Ball Toss- GR 9:30 Shopping Trip: SaveMart 1:15 Table Games- FC 3:00 Bingo- AS 3:30 Happy Hour- FC	7 8:45 Daily Chronicles- GR 9:00 Sit and Stretch- GR 10:15 Pet Therapy Visits w/ Yuki 10:30 Reno PBS Project 1:00 Spirit Squad (Bible Study)-M 1:30 Name That Tune- FC 3:00 Bingo- AS 6:30 Biggest Little Big Band-LS	May Day 8:45 Daily Chronicles- GR 10:00 Catholic Communion- GR 10:30 VA Benefits Presentation 11:00 Lunch Outing: Las Trojes 1:15 Trivia Time 2:00 Cascades Chorus -LS 3:00 Bingo- AS	9 8:45 Daily Chronicles- GR 9:00 Balloon Toss- GR 10:30 Tech Support-LS 1:45 Classic Movie Matinee- SC 2:00 Bill Papa & His Ukulele- LS 3:00 Bingo- AS 7:00 Classic Movie Night- SC	9:00 Morning News- FC 10:30 UNO- FC 1:45 Saturday Movie Matinee- SC 2:00 Mrs. Smiley Sings- FC 3:00 Bingo- AS 7:00 Saturday Night Movie- SC
1:00 C 1:45 S 2:00 F 3:00 B	11am -2pm hurch of Latter-Day Saints unday Afternoon Movie-SC irst Baptist Church-GR ingo- AS unday Night Movie- SC	Cinco de Mayo 12 8:45 Daily Chronicles- GR 9:00 Morning Stretch- GR 9:30 Shopping Trip: Trader Joe's 10:30 Armchair Travel- SC 1:00 Cribbage- M 1:30 Pet Therapy w/ Raylan- LS 2:00 Bridge Group- MZ 3:00 Bingo- AS	13 8:45 Daily Chronicles- GR 9:00 Ball Toss- GR 10:00 Pet Therapy Visit w/ Ernie 10:30 Flower Arranging- AS 1:15 Table Games 2:00 RESIDENT TOWN HALL 3:00 Bingo- AS 3:30 Happy Hour- FC	14 8:45 Daily Chronicles- GR 9:00 Sit and Stretch- GR 10:00 Shopping Trip: Galleria 10:15 Pet Therapy Visits w/ Yuki 1:00 Spirit Squad (Bible Study)-M 1:30 Name that Tune- FC 3:00 Bingo- AS	15 8:45 Daily Chronicles- GR 10:00 Catholic Communion- GR 10:30 Reno PBS Project- AS 1:15 Trivia Time 2:00 Cascades Chorus -LS 3:00 Bingo- AS	16 8:45 Daily Chronicles- GR 9:00 Balloon Toss-GR 10:30 Tech Support- AS 1:15 Arts & Crafts - AS 1:45 Classic Movie Matinee- SC 3:00 Bingo- AS 7:00 Classic Movie Night- SC	9:00 Morning News- FC 9:30 Gardening Club- ARS 10:30 UNO- FC 1:45 Saturday Movie Matinee- SC 2:00 The Bluegrass Association 3:00 Bingo- AS 7:00 Saturday Night Movie- SC
1:45 S 2:00 F 3:15 M 3:00 B	unday Afternoon Movie irst Baptist Church-GR it. Rose Presbyterian-GR ingo- AS unday Night Movie- SC	19 8:45 Daily Chronicles- GR 9:00 Morning Stretch- GR 9:30 Shopping Trip: Walmart 10:30 Armchair Travel- SC 1:00 Cribbage- M 1:30 Pet Therapy w/ Raylan- LS 2:00 Women's Group w/ Denise 2:00 Bridge Group- MZ 3:00 Bingo- AS	20 8:45 Daily Chronicles- GR 9:00 Ball Toss- GR 11:00 Outing: Legends Bay Casino 1:15 Table Games 2:00 DINING TOWN HALL 3:00 Bingo- AS 3:30 Happy Hour- FC	21 8:45 Daily Chronicles- GR 9:00 Sit and Stretch- GR 10:15 Pet Therapy Visits w/ Yuki 10:30 Hand Spa w/ Ardith- AS 1:00 Spirit Squad (Bible Study)-M 2:00 John Rand on Guitar- FC 3:00 Bingo- AS 6:30 Biggest Little Big Band-LS	8:45 Daily Chronicles- GR 10:00 Catholic Communion- GR 10:30 Word Games- AS 1:15 Trivia Time 2:00 Cascades Chorus Performance 3:00 Bingo- AS	23 8:45 Daily Chronicles- GR 9:00 Balloon Toss-GR 10:30 Tech Support- AS 1:15 Arts & Crafts - AS 1:45 Classic Movie Matinee- SC 3:00 Bingo- AS 7:00 Classic Movie Night- SC	Armed Forces Day 9:00 Morning News- FC 10:30 UNO- FC 1:45 Saturday Movie Matinee- SC 2:00 DD James on Guitar- FC 3:00 Bingo- AS 7:00 Saturday Night Movie- SC
1:45 S 2:00 F 3:00 B	unday Afternoon Movie irst Baptist Church ingo- AS unday Night Movie- SC	26 8:45 Daily Chronicles- GR 9:00 Morning Stretch- GR 1:00 Cribbage- M 1:30 Outing: NV Memorial Plaza 2:00 Bridge Group- MZ 3:00 Bingo- AS	8:45 Daily Chronicles- GR 9:00 Ball Toss- GR 10:00 Scenic Drive (AL) 10:30 Flower Arranging- AS 1:15 Table Games 3:00 Bingo- AS 3:30 Happy Hour- FC	28 8:45 Daily Chronicles- GR 9:00 Sit and Stretch- GR 10:15 Pet Therapy Visits w/ Yuki 10:30 Reno PBS Project- AS 1:00 Spirit Squad (Bible Study)-M 2:00 May Birthday Bash w/ music by John Palmore 3:00 Bingo- AS	8:30 Daily Chronicles- GR 10:00 Catholic Communion- GR 10:30 Word Games- AS 1:15 Table Games 2:00 Cascades Chorus-LS 3:00 Bingo- AS	30 8:45 Daily Chronicles- GR 9:00 Balloon Toss-GR 10:30 Tech Support- AS 1:15 Arts & Crafts- AS 1:45 Classic Movie Matinee- SC 3:00 Bingo- AS 7:00 Classic Movie Night- SC	9:00 Morning News- FC 9:30 Gardening Club- ARS 10:30 UNO- FC 1:45 Saturday Movie Matinee- SC 3:00 Bingo- AS 7:00 Saturday Night Movie- SC
		Memorial Day					

Cascades of the Sierra- 275 Neighborhood Way Sparks, NV 89441 (775) 424-5400

* Activities are subject to change based on the interests and requests of our residents.