


# May - Calendar of Pleasant Events - The Lodge - Cascades of the Sierra - 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Abbreviations Key:</b>  <b>ARS- Aerobic Studio</b>  <b>AS- Art Studio</b>  <b>CC- Conference Center</b>  <b>FC- Fireside Club</b>  <b>GR- Great Room</b>  <b>LN- Living Room North</b>  <b>LS- Living Room South</b>  <b>SC- Sundance Cinema</b></p>				<p><b>1</b>            9:30 Staying Strong w/ Alan            10:00 Daily Chronicles            10:30 Catholic Communion            10:30 Artistic Expressions            1:00 Garden Walk            2:00 BINGO!            3:00 Noodle Ball            4:15 Aroma Therapy</p>	<p><b>2</b>            9:30 Sit and Stretch            10:00 Friday Updates            10:15 Facts and Snacks            1:00 Beanbag Toss            2:00 Mind Joggers            3:00 Afternoon Walk            4:15 Aroma Therapy            6:00 Caregiver's Choice</p>	<p><b>3</b>            9:30 Let's Exercise!            10:00 Current Events            10:15 BINGO!            1:00 Book Club!  <b>2:00 The Encore Band- FC</b>            3:15 Balloon Noodle            4:15 Aroma Therapy            6:00 Table Games and Puzzles</p>
<p><b>4</b>            9:30 Morning Stretch            10:00 Sunday Services            10:45 Finish the Phrase            1:00 Coloring to Music            2:00 Beanbag Toss            3:00 Sing Along w/ Suzie Q            4:15 Aroma Therapy</p>	<p><b>5</b>            9:30 Music and Movement            10:00 Daily Chronicles            10:15 BINGO!            1:00 Short Stories            1:30 Things Game            2:00 Afternoon Stroll            3:00 Balloon Circle            4:15 Aroma Therapy</p>	<p><b>6</b>            9:30 Staying Strong w/ Alan            10:00 Daily Chronicles            10:15 Color Activity            1:00 Mind Joggers            1:30 Let's Walk            2:00 BINGO!            3:00 Balloon Circle            4:15 Aroma Therapy</p>	<p><b>7</b>            9:15 A Visit w/ Yuki            10:00 Daily Chronicles            10:15 Puzzle time            1:00 Gardening Club            2:00 Afternoon Walk            3:00 Finish the Phrase            4:15 Aroma Therapy            6:00 Caregiver's Choice</p>	<p><b>8</b>            9:30 Staying Strong w/ Alan            10:00 Daily News            10:30 Catholic Communion            10:30 Word Search            1:00 Namaste Nail Care w/ Victoria            2:00 Let's Dance            3:00 Balloon Circle            4:15 Aroma Therapy</p>	<p><b>9</b>            9:30 Chair Yoga            10:00 Current News            10:15 Word Search            1:30 Short Stories  <b>2:00 Bill Papa's Ukulele Group- LS</b>            3:00 Puzzle Time            4:15 Aroma Therapy</p>	<p><b>10</b>            9:30 Music and Movement            10:00 Daily Chronicles            10:15 BINGO!            1:00 Balloon Toss  <b>2:00 Mrs. Smiley Sings- FC</b>            3:15 Afternoon Stroll            4:15 Aroma Therapy            6:00 Family Feud CH 11</p>
<p><b>11</b>            9:30 Morning Stretch            10:00 Sunday Services            10:45 Word Games            1:00 Color by Numbers            2:00 Table Games and Puzzles            3:00 Comedy: I Love Lucy            4:15 Aroma Therapy</p>	<p><b>12</b>            9:30 Sit and Stretch            10:00 Morning News            10:15 BINGO!            1:00 A Visit w/ Raylan            2:00 Let's Dance            3:00 Balloon Noodle            4:15 Aroma Therapy</p>	<p><b>13</b>            9:30 Staying Strong w/ Alan  <b>10:00 Scenic Drive</b>            1:00 Gardening Club            2:00 BINGO!            3:00 Conversation Starters            4:15 Aroma Therapy            6:00 Evening Movie</p>	<p><b>14</b>            9:15 A Visit w/ Yuki            10:00 Daily Chronicles            10:15 Parachute Fun            1:00 Creativity Corner            2:00 Let's Dance            3:00 Finish the Phrase            4:15 Aroma Therapy            6:00 Table Games and Puzzles</p>	<p><b>15</b>            9:30 Staying Strong w/ Alan            10:00 Daily Chronicles            10:30 Catholic Communion            10:30 Memory Joggers            1:00 Go Fish!            1:15 Garden Club            2:00 BINGO!            3:00 Armchair Traveler            4:15 Aroma Therapy</p>		
						<p><b>May Birthdays</b>  <b>5/16 Walt J.</b></p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>May Birthdays</b> 5/16 Walt J.</p>	 <h1 style="color: purple;">The Lodge</h1> <h1 style="color: pink;">May</h1>				<p><b>16</b> 9:30 Sit and Stretch 10:00 Friday Updates 10:15 Root Beer Floats &amp; Reminisce 1:00 Beanbag Toss 2:00 Mind Joggers 3:00 Afternoon Walk 4:15 Aroma Therapy 6:00 Animal Documentary</p>	<p><b>17</b> 9:30 Natural Stretch 10:00 Daily Chronicles 10:15 BINGO! 1:00 Poetry Corner <b>2:00 The Bluegrass Association-FC</b> 3:15 Artistic Expressions 4:15 Aroma Therapy</p>
<p><b>18</b> 9:30 Morning Stretch 10:00 Sunday Services 10:45 Word Games 1:00 Color by Numbers 2:00 Table Games and Puzzles 3:00 Comedy: I Love Lucy 4:15 Aroma Therapy</p>	<p><b>19</b> 9:30 Music and Movement 10:00 Daily Chronicles 10:15 Indoor Golf 1:00 A Visit w/ Raylan 2:00 BINGO! 3:00 Balloon Circle 4:15 Aroma Therapy 6:00 Family Feud CH 11</p>	<p><b>20</b> 9:30 Staying Strong w/ Alan 10:00 Current Events 10:30 UNO 1:30 Artistic Expressions 2:30 Balloon Circle 3:00 Afternoon Movie 4:15 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p><b>21</b> 9:15 A Visit w/ Yuki 10:00 Daily News 10:15 BINGO! 1:00 Facts and Snacks <b>2:00 Music w/ John Rand- FC</b> 3:00 Table games and Puzzles 4:15 Aroma Therapy 6:00 Animal Documentary</p>	<p><b>22</b> 9:30 Staying Strong w/ Alan 10:00 Daily News 10:30 Catholic Communion 10:30 Bowling 1:00 Namaste Nail Care w/ Victoria 2:00 Afternoon Walk 3:00 Balloon Circle 4:15 Aroma Therapy</p>	<p><b>23</b> 9:30 Sit and Stretch 10:00 Morning News 10:15 Beanbag Toss 1:00 BINGO! <b>2:00 May Birthday Party w/ music by The McCollum Duo</b> 3:00 Balloon Noodle 4:15 Aroma Therapy</p>	<p><b>24</b> 9:30 Strength and Stretch 10:00 Daily News 10:15 BINGO! 1:00 Short Stories <b>2:00 DD James on Guitar- FC</b> 3:15 Trivia Time 4:15 Aroma Therapy</p>
<p><b>25</b> 9:30 Morning Stretch 10:00 Sunday Services 10:30 Card Games 1:00 Color Activity 2:00 Animal Documentary 3:00 Puzzle Time 4:15 Aroma Therapy</p>	<p><b>26</b> 9:30 Sit and Stretch 10:00 Morning News 10:15 Let's Dance 1:00 Jokes and riddles 2:00 Namaste nail Care w/ Susie 3:00 Balloon Noodle 4:15 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p><b>27</b> 9:30 Staying Strong w/ Alan 10:00 Daily News 10:15 BINGO! 1:00 Beanbag Toss 2:00 Parachute Fun 3:00 Mind joggers 4:15 Aroma Therapy 6:00 Caregiver's Choice</p>	<p><b>28</b> 9:15 A Visit w/ Yuki 10:00 Current Events 10:15 Creative Corner 1:00 Finish the Phrase <b>2:00 Music w/ John Palmore- FC</b> 3:00 Table Games and Puzzles 4:15 Aroma Therapy 6:00 Evening Movie</p>	<p><b>29</b> 9:30 Staying Strong w/ Alan 10:00 Daily News 10:30 Catholic Communion 10:30 Indoor Golf 1:00 Card Games and Puzzles 2:00 BINGO! 3:00 Trivia Time 4:15 Aroma Therapy</p>	<p><b>30</b> 9:30 Sit and Stretch 10:00 Friday Updates 10:15 Parachute Fun 1:00 Garden Club 2:00 Mind Joggers 3:00 Afternoon Walk 4:15 Aroma Therapy 6:00 Caregiver's Choice</p>	<p><b>31</b> 9:30 Let's Exercise! 10:00 Current Events 10:15 BINGO! 1:00 Jokes and Riddles 2:00 Afternoon Walk 3:15 Balloon Noodle 4:15 Aroma Therapy <b>4:30 Family Pizza Party &amp; Movie</b></p>

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