

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2025

<p>9:30 Light & Lively Exercise 4 10:00 Livestream Church & Hymns 1:00 Ice Cream Social 1:30 Movie 2:00 Indoor/Outdoor Walks 3:00 Wii Sports Games 3:30 Painting on Canvas 6:00 Resident Led Billiards 6:30 Hymn Sing Gathering</p>	<p>9:30 Light & Lively Exercise 5 10:00 Chronicle & Trivia 10:00 Scenic Drive 11:00 Chair Exercise 1:00 Charades 2:00 Coffee, Adult Coloring & Brain Games 3:00 Cinco De Mayo Party 6:30 Sequence Game</p> <p style="text-align: center;"><small>Cinco de Mayo</small></p>	<p>Nurses Week May 6-12 6 9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:00 AA Meeting 2:30 Bingo 3:30 Resident Led Bunco 6:30 Resident Led Pinochle & Mexican Train</p>	<p>Footcare Appointments 7 9:30 Light & Lively Exercise 10:00 Chronicle & Trivia 11:00 Balance Class 2:00 Mother's Day Tea Piano Music by Tod Kimbro 3:30 Golf Card Game 6:30 Sequence Game Resident Led</p>	<p>9:30 Light & Lively Exercise 8 10:00 Chronicle & Trivia 11:00 Chair Exercise 1:00 All Resident & Family Dementia Education 1:00 Bible Study-EN 1:00 Errand Run 2:15 All About Hearing-EN 3:00 Happy Hour 6:30 Mexican Train</p> <p style="text-align: center;"><small>May Day</small></p>	<p>9:30 Light & Lively Exercise 2 10:00 Chronicle & Trivia 10:30 YouTube Yoga Dance 11:00 Chair Exercise 11:30 Kiwanis Salmon BBQ Lunch Outing Sign-Up! 2:00 Documentary 3:00 Pokeno Card Game 6:30 Resident Led Games</p>	<p>9:30 Light & Lively Exercise 3 10:00 All Resident Tea & Coffee Social 10:30 Horse Racing Game 11:00 Indoor/Outdoor Walks 1:30 Root Beer Float Social 2:30 Bingo 3:00 Kentucky Derby 3:30 Resident Led Bunco 6:30 Pinochle</p>
<p>Happy Mother's Day! 11 9:30 Light & Lively Exercise 10:00 Livestream Church & Hymns 1:00 Family Ice Cream Social 1:30 Movie 2:00 Indoor /Outdoor Walks 6:00 Resident Led Billiards</p> <p style="text-align: center;"><small>Mother's Day National Skilled Nursing Care Week</small></p>	<p>9:30 Light & Lively Exercise 12 11:00 Chair Exercise 11:30 Catholic Communion 1:30 Wii Bowling 2:00 Food Meeting 3:00 Adult Coloring, Coffee & Brain Games 3:30 Sequence Game 5:45 Church Bus Outing To Emmanuel Baptist</p>	<p>9:30 Light & Lively Exercise 13 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:00 AA Meeting 2:30 Bingo 3:30 Resident Led Bunco 6:30 Resident Led Pinochle & Mexican Train 6:30 Emmanuel Baptist Church Group</p>	<p>9:30 Light & Lively Exercise 14 10:00 Chronicle & Trivia 11:00 Balance Class 1:00 Home Instead Informational Presentation 2:00 Music with The Esquires 3:15 Card Games 3:15 Scrabble</p>	<p>9:30 Light & Lively Exercise 15 10:00 Chronicle & Trivia Today in History 11:00 Chair Exercise 1:00 Bible Study-Eldercare 1:30 Adult Coloring & Painting 3:00 Happy Hour 4:00-6:30 Spaghetti Dinner Outing Allen U.M. Church</p>	<p>9:30 Light & Lively Exercise 9 10:00 Chronicle & Trivia 10:30 YouTube Yoga Dance 11:00 DVD Chair Exercise 10:30 Brunch at Joy's Bakery in Sedro-Woolley 2:00 Documentary 3:00 Pokeno Card Game 6:30 Resident Led Games</p>	<p>9:30 Light & Lively Exercise 10 10:00 Nurses & Healthcare Professionals Tea & Coffee Social 10:30 Chronicle & Trivia 11:00 Indoor/Outdoor Walks 1:30 Root Beer Float Social 2:30 Bingo 3:30 Resident Led Bunco 6:30 Pinochle</p>
<p>9:30 Light & Lively Exercise 18 10:00 Livestream Church & Hymns 11:00 Everfit Gym Time 1:00 Ice Cream Social 1:30 Movie 2:00 Indoor/Outdoor Walks 3:00 Adult Coloring 6:00 Resident Led Billiards</p>	<p>9:30 Light & Lively Exercise 19 10:00 Chronicle & Trivia 10:00 Scenic Drive 11:00 Chair Exercise 1:00 Wii Bowling 2:00 Town Hall Meeting 3:00 Coffee & Brain Games 3:30 Arts & Crafts or Adult Coloring</p> <p style="text-align: center;"><small>Victoria Day (Canada)</small></p>	<p>Senior Citizens Day 20 9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:00 AA Meeting 2:30 Bingo 3:30 Resident Led Bunco 6:30 Resident Led Pinochle & Mexican Train</p>	<p>9:30 Light & Lively Exercise 21 10:00 Chronicle & Trivia 10:30 Flower Arranging 11:00 Balance Class 1:00 Popcorn/Meditation 2:00 Monthly Birthday Party- Guitar Music With Lee Howard 3:15 Charades/Card Games 6:30 Golf Card Game</p>	<p>9:30 Light & Lively Exercise 22 10:00 Chronicle & Trivia 10:30 Beading Bracelets 11:00 Chair Exercise 1:00 Errand Run 1:00 Bible Study-Eldercare 1:30 Balloon Volleyball 3:00 Happy Hour 6:30 Resident Led Mexican Train</p>	<p>9:30 Light & Lively Exercise 23 10:00 Chronicle & Trivia 10:30 YouTube Yoga Dance 11:00 Chair Exercise 1:00 Documentary 2:00 Open Art Studio Bring Art to Work on or Choose a New One 3:00 Pokeno Card Game 6:30 Resident Led Games</p>	<p>9:30 Light & Lively Exercise 17 10:00 Tea & Coffee Social 11:00 Indoor/Outdoor Walks 1:00 Bingo 3:00 Accordion Music With Bonnie Birch 4:00 Resident Led Bunco 6:00 Jigsaw Puzzles 6:30 Pinochle</p> <p style="text-align: center;"><small>Armed Forces Day</small></p>
<p>9:30 Light & Lively Exercise 25 10:00 Livestream Church & Hymns 11:00 Everfit Gym Time 1:00 Ice Cream Bars Social 2:00 Indoor/Outdoor Walks 3:00 Wii Sports Games 3:30 Adult Coloring/Painting 6:00 Resident Led Billiards</p>	<p>9:30 Light & Lively Exercise 26 10:00 Chronicle & Trivia 11:00 Chair Exercise 11:30 Catholic Communion 1:30 Courtyard Games 2:30 Memorial Day Documentary History, Facts & Trivia 3:00 Coffee & Brain Games</p> <p style="text-align: center;"><small>Memorial Day</small></p>	<p>8:30 Veteran's Breakfast 27 9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:00 AA Meeting 2:30 Bingo 3:30 Resident Led Bunco 6:30 Resident Led Pinochle 6:30 Emmanuel Baptist</p>	<p>9:30 Light & Lively Exercise 28 10:00 Chronicle & Trivia Today in History 11:00 Balance Class 1:00 Popcorn 1:30 Meditation 2:00 Chair Exercise Class 3:00 Indoor Gardening Color Bowls for the Courtyard</p>	<p>9:30 Light & Lively Exercise 29 10:00 Chronicle & Trivia 10:30 Beading Bracelets 11:00 Chair Exercise 1:00 Errand Run 1:00 Bible Study-Eldercare 1:30 Balloon Volleyball 3:00 Happy Hour 6:30 Resident Led Mexican Train</p>	<p>9:30 Light & Lively Exercise 30 10:00 Chronicle & Trivia 10:30 YouTube Yoga Dance 11:00 Chair Exercise 2:00 Beer or Wine In the Courtyard 3:00 Old Time Fiddlers Performance 4:00 Pokeno Card Game 6:30 Resident Led Games</p>	<p>9:30 Light & Lively Exercise 24 10:00 All Residents Tea & Coffee Social 10:30 Chronicle & Trivia 11:00 Indoor/Outdoor Walks 1:30 Root Beer Float Social 2:30 Bingo 3:30 Resident Led Bunco 4:00 Jigsaw Puzzles 6:30 Pinochle</p>
<p>9:30 Light & Lively Exercise 25 10:00 Livestream Church & Hymns 11:00 Everfit Gym Time 1:00 Ice Cream Bars Social 2:00 Indoor/Outdoor Walks 3:00 Wii Sports Games 3:30 Adult Coloring/Painting 6:00 Resident Led Billiards</p>	<p>9:30 Light & Lively Exercise 26 10:00 Chronicle & Trivia 11:00 Chair Exercise 11:30 Catholic Communion 1:30 Courtyard Games 2:30 Memorial Day Documentary History, Facts & Trivia 3:00 Coffee & Brain Games</p> <p style="text-align: center;"><small>Memorial Day</small></p>	<p>8:30 Veteran's Breakfast 27 9:30 Light & Lively Exercise 9:30 Errand Run 10:00 Chronicle & Trivia 11:00 Chair Exercise 2:00 AA Meeting 2:30 Bingo 3:30 Resident Led Bunco 6:30 Resident Led Pinochle 6:30 Emmanuel Baptist</p>	<p>9:30 Light & Lively Exercise 28 10:00 Chronicle & Trivia Today in History 11:00 Balance Class 1:00 Popcorn 1:30 Meditation 2:00 Chair Exercise Class 3:00 Indoor Gardening Color Bowls for the Courtyard</p>	<p>9:30 Light & Lively Exercise 29 10:00 Chronicle & Trivia 10:30 Beading Bracelets 11:00 Chair Exercise 1:00 Errand Run 1:00 Bible Study-Eldercare 1:30 Balloon Volleyball 3:00 Happy Hour 6:30 Resident Led Mexican Train</p>	<p>9:30 Light & Lively Exercise 30 10:00 Chronicle & Trivia 10:30 YouTube Yoga Dance 11:00 Chair Exercise 2:00 Beer or Wine In the Courtyard 3:00 Old Time Fiddlers Performance 4:00 Pokeno Card Game 6:30 Resident Led Games</p>	<p>9:30 Light & Lively Exercise 31 10:00 All Residents Tea & Coffee Social 10:30 Chronicle & Trivia 11:00 Indoor/Outdoor Walks 1:30 Root Beer Float Social 2:30 Bingo 3:30 Resident Led Bunco 4:00 Jigsaw Puzzles 6:30 Pinochle</p>