(DA) - DINING AREA

(AR) - ACTIVITIES ROOM

(BP) - BACK PATIO

(PD) - PRIVATE DINING





Meeting Birthdays
Live Performances
Anniversaries
Popular Activities
Holiday Activities
New Activities
Fun Dates



#### TUESDAY

9:00am - Exercise: YouTube (L)

11:00am - Noodle Ball (L)

12:30pm -Outing To: Walgreens

3:00pm - Garden Club

4:00pm - Ancestry Club (AR)

6:00pm - Card Players Club (L)

HAPPY BIRTHDAY
CARRELL MANKA

yaD s'looF lirpA



#### WEDNESDAY

9:30am - Outing To: Fred Meyer

1:00pm - Music with: Dave Minton (DA)

1:00pm - Ancestry Club (AR)

3:00pm - Bingo! (L)

4:00pm- Ancestry Club (AR)

6:00pm - Movie Night: The Forge (L) Netflix

**National Walking Day** 

#### THURSDAY

9:00am - 1 on 1 visit with in-room residents

10:00am – 1 on 1 visit with in-room residents

10:30am - Activities Meeting (AR)

11:00pm - Exercise: YouTube(L)

1:00pm - Tech Help/Ancestry Club (AR)

1:30pm - Canine Corp (L)

2:00pm - Spa Day: Manicures (AR)

3:15pm - Chapel Services (L)

6:00pm – Lounge Chat with Friends (L)

**National Burrito Day** 

# FRIDAY

9:00am – 1 on 1 visit with in-room residents

10:00am - Outing: Bank/ South Salem Senior Center Craft Fair.

12:45pm - Pinochle/Bridge Club (DA)

3:00pm - Happy Hour (DA)

6:00pm -Card/Dice

National Vitamin C Day

#### SATURDAY

9:00am - Garden Club (AR)

10:00am - SteelFeather Zumba Seated Exercise (DA)

11:00am - Arm Chair Travel (AR)

1:00pm - Bingo! (DA)

2:00pm - Crosswords (L)

3:00pm -Card Players Club (DA)

6:00pm – Play a Game with a Friend (L)

National Love Our Children
Day

(DA) - DINING AREA

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Meeting Birthdays
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#### SUNDAY

9:00am - Church Services Live Stream (L)

11:00am - Crosswords (L)

12:30pm - Catholic Communion (PD)

1:30pm - Resident Led Walking Club (L)

3:00pm - Game: Choice (L)

4:00pm - Sit on the Patio-if weather permits

6:00pm - Movie Night: Trap (L) Netflix

National Caramel Popcorn day

# MONDAY

7

10:00am -Crosswords (L)

11:00am - Exercise: Resident Led (L)

1:00pm -Pinochle/Bridge Club (DA)

3:00pm - Game: Yahtzee (L)

4:00pm - Read a Book (L)

6:00pm - Call a Friend or Family

HAPPY BIRTHDAY VARENE YORK

National Coffee Cake
Day

# TUESDAY

8

9:00pm - Exercise: YouTube (L)

11:00am - Ladder Toss (L)

11:30pm - Outing To: Lunch TBA

3:00pm - Garden Club (AR)

4:00pm - Ancestry Club (AR)

6:00pm - TV: News

National Zoo Lovers
Day

# WEDNESDAY

9

9:30am - Outing To: Walmart

1:00pm - Ancestry Club (AR)

2:00pm-Exercise: YouTube/Football Toss (L)

3:00pm - Bingo! (L)

4:00pm- Ancestry Club (AR)

6:00pm - Movie Night: The Electric State (L) Netflix

National Unicorn Day

# THURSDAY

9:00am - 1 on 1 visit with in-room residents

10:00am – 1 on 1 visit with in-room residents

11:00pm - Exercise: YouTube/Balloon Ball (L)

1:00pm - Music: James Baldwin (DA)

1:00pm - Tech Help/Ancestry Club (AR)

2:00pm - Spa Day: Pedicures (AR)

3:15pm - Chapel Services (L)

6:00pm - Lounge Chat with Friends (L)

National Name Yourself Day

# FRIDAY

11

9:00am – 1 on 1 visit with in-room residents

10:00am – 1 on 1 visit with in - room residents

12:45am – Pinochle/Bridge Club (DA)

2:00pm - Music With: James Baldwin (DA)

3:00pm - Happy Hour

6:00pm –Card/Dice Players Club (L)

AT MEADOW CREEK
YVONNE ALEXANDER

National Day of Silence Day

## SATURDAY

12

9:00am- Garden Club (AR)

10:00am - SteelFeather Zumba Seated Exercise (DA)

11:00am: Craft: Spring (L)

1:00pm - Arm Chair Travel (L)

2:00pm – Sit on Patio-Weather permitting

3:00pm - Card Players Club (DA)

6:00pm – Play a Game with a Friend (L)

**National Licorice Day** 

(DA) - DINING AREA

(AR) - ACTIVITIES ROOM

(BP) - BACK PATIO

(PD) - PRIVATE DINING



**Meeting Birthdays Live Performances Anniversaries Popular Activities Holiday Activities New Activities Fun Dates** 

#### SUNDAY

9:00am - Church **Services Live Stream (L)** 

11:00am - Puzzles and Crosswords (L)

12:30pm - Catholic **Communion (PD)** 

1:30pm - Resident Led Walking Club (L)

3:00pm - Game: Choice (L)

4:00pm - Sit on the patio if weather permits.

6:00pm - Movie Night: **Runaway Jury (L)** Netflix

**National Scrabble Day** 

#### MONDAY

14

10:00am -Mens Monday TBA

11:00am - Exercise: Resident Led (L)

1:00pm - Music: Ron Hampton (DA)

3:00pm - Pinochle/Bridge Club (DA)

4:00pm - Read a Book (L)

6:00pm - Call a Friend or **Family** 

**National Gardening Day** 

#### TUESDAY

15 9:00am - Exercise: YouTube (L)

11:00am - Dart Ball (L)

12:30pm - Outing To: **Wavra Nursery** 

12:30pm - Chefs Corner (DA)

2:30pm - Music with: Mary &(Da)

3:00pm -Garden Club (AR)

4:00pm - Ancestry Club (AR)

6:00pm - TV: News (L)

**National Purple Day** 

# WEDNESDAY

16

9:30am - Outing To: Fred Meyer

1:00pm - Ancestry Club (AR)

2:00pm-Exercise: YouTube/Football Toss (L)

3:00pm - Bingo! (L)

4:00pm- Ancestry Club (AR)

6:00pm - Movie Night: Annie (L) Netflix

**National Orchid Day** 

# **THURSDAY**

9:00am - 1 on 1 visit 17 with in-room residents

11:00pm -Penny Toss (L)

12:30pm - Resident Meeting (DA)

1:00pm - Music with: **Dennis Colleret (DA)** 

1:00pm - Tech Help/Ancestry Club (AR)

2:00pm - Spa Day: Manicures (AR)

3:15pm - Chapel Services (L)

6:00pm - Lounge Chat with Friends (L)

**National Cheeseball Day** 

# FRIDAY

18

9:00am - 1 on 1 visit with in-room residents

10:00am - Outing: Bank

11:00am - Craft:

1:00pm - Play Banana Grams with April (L)

3:00pm - Happy Hour (DA)

6:00pm -Card/Dice Players Club (L)

**Good Friday** 

## SATURDAY

9:00am- Garden Club (AR)

10:00am - SteelFeather **Zumba Seated Exercise** (DA)

11:00am - Bingo! (DA)

1:00pm - Easter **Celebration - Family and** Friends are always Welcome!

3:00pm - Card Players Club (DA)

6:00pm - Play a Game with a Friend (L)

**National Garlic Day** 

(DA) - DINING AREA

(AR) - ACTIVITIES ROOM

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Meeting Birthdays
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#### SUNDAY

9:00am - Church 20 Services Live Stream (L)

11:00am - Puzzles and Crosswords (L)

12:30pm - Catholic Communion (PD)

12:30PM - Music With: Song Man Dan (DA)

1:30pm - Resident Led Walking Club (L)

3:00pm - Watch a Bird Documentary (L)

4:00pm - Sit outside weather permitting

6:00pm - Movie Night:
Peter Rabbit
HAPPIA EAS-EA

#### MONDAY

21

10:00am -Coloring/Listen to Music (L)

11:00am - Exercise: Resident Led (L)

1:00pm - Men's Monday (L)

3:00pm -Pinochle/Bridge Club (DA)

4:00pm - Read a Book

6:00pm - Call a Friend or Family

HAPPY BIRTHDAY
JANET ABRAHAM

**National Yellow Bat Day** 

#### TUESDAY

9:00am - Exercise: YouTube (L) 11:00am - Cornhole (L)

12:30pm - Outing To: Dollar Tree

3:00pm - Garden club (AR)

4:00pm - Ancestry Club (AR)

6:00pm - TV: News (L):

National Jellybean Day

# WEDNESDAY

9:30am - Outing To: Walmart

1:00pm - Ancestry Club (AR)

2:00pm-Exercise: YouTube/Football Toss (L)

2:30pm - Music with: The Rowdy Rumblers (DA)

4:00pm- Ancestry Club (AR)

6:00pm - Movie Night: You, Me and Dupree (L) Netflix

HAPPY BIRTHDAY
RUTH WILLIAMS
National Take a Chance
Day

# **THURSDAY**

9:00am - 1 on 1 visit 24 with in-room residents

11:00pm - Exercise: YouTube/Dart Ball (L)

12:30pm - Town Hall Meeting (DA)

1:00pm - Tech Help/Ancestry Club (AR)

2:00pm - Spa Day: Pedicures (AR)

3:15pm - Chapel Services (L)

6:00pm – Lounge Chat with Friends (L)

HAPPY BIRTHDAY
PEGGY LAWSON
National Help Animals
Day

# FRIDAY

9:00am – 1 on 1 visit with in-room residents

10:00am – 1 on 1 visit with in-room residents

12:45pm Pinochle/Bridge Club
(DA)

2:00pm - Play Uno with April (L)

3:00pm – Happy Hour (DA)

6:00pm -Card Players Club (L)

**National Arbor Day** 

# SATURDAY

26

9:00am - Garden Club (AR)

10:00am - SteelFeather Zumba Seated Exercise (DA)

11:00am -Music: Brianna Blanchfill (DA)

1:00pm - Armchair Travels (AR)

2:00pm - Crosswords (l)

3:00pm: Play game with a friend (L)

6:00pm - Play a Game with a Friend (L)

National Sense of Smell Day (L) - LOUNGE (DA) - DINING AREA

(AR) - ACTIVITIES ROOM

(BP) - BACK PATIO

(PD) - PRIVATE DINING



**Live Performances Anniversaries Popular Activities Holiday Activities New Activities Fun Dates** 

#### SUNDAY

9:00am - Church **Services Live Stream (L)** 

11:00am - Puzzles and Crosswords (L)

12:30pm - Catholic **Communion (PD)** 

1:30pm - Resident Led Walking Club (L)

3:00pm -)

4:00pm - Sit on the patio - Weather Permitting

6:00pm - Movie Night: Choice (L)

**National Gummy Bear** Day

# MONDAY

28

10:00am -Coloring/Listen to Music (L)

11:00am - Exercise: Resident Led (L)

1:00pm - TV: Watch **Funny Videos (L)** 

3:00pm - Game:

4:00pm - Read a Book (L)

6:00pm - Call a Friend or Family

**National SuperHero Day** 

#### TUESDAY

29

11:30pm - Outing To: Picnic Lunch at the Park **Weather Permitting** 

1:00pm - Exercise: YouTube/Fly ball (L)

2:00pm - Current News Coffee Chat (AR)

3:00pm - Garden Club (AR)

4:00pm - Ancestry Club (AR)

6:00pm - TV: News (L)

**National Shrimp Scampi Day** 

#### WEDNESDAY

9:30am - Outing To: 30 Fred Meyer

1:00pm - Ancestry Club (AR)

2:00pm-Exercise: YouTube/Football Toss (L)

2:30pm - Music with: The Rowdy Rumblers (DA)

4:00pm- Ancestry Club (AR)

6:00pm - Movie Night: You, Me and Dupree (L) Netflix

**National Oatmeal Cookie Day** 



Why are people always so tired in March?

Because they just finished a March!

**How Many April's?** 

APRIL is ranked as the 291st most popular given name in the United States with an estimated population of 235,401.

This name is in the 99th percentile, this means that nearly 0% of all the first names are more popular.

There are 73.83 people named APRIL for every 100,000 Americans.

# Top Fun Facts About April

- In the Northern Hemisphere, April is a time for planting gardens and crops.
- April is the only month where it's socially acceptable to make a fool of someone.
- April 26 is celebrated as National Pretzel Day in the United States.
- The cherry blossom trees in Washington D.C. typically reach their peak bloom in early April.
- April is National Grilled Cheese Month in the United States.
- The zodiac signs for April are Aries and Taurus.
- April showers bring May flowers, but they also bring mud and puddles.
- The birth flower for April is the daisy, which symbolizes innocence and purity





# Fun Facts About Spring

- Honeybees are more active, starting their nectar collection.
- Trees regain their leaves, creating lush green landscapes.
- Birds migrate back, filling skies with varied species.
- Flowers bloom in dazzling arrays of colors.
- Butterflies emerge, adding beauty to gardens.
- Longer days bring more sunshine and warmth.
- Lambs are born, symbolizing new life
- Many animals awaken from hibernation