

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2025

Mountain Glen Retirement Living & Assisted Living Community
1810 E Division ST Mount Vernon, WA 98274 360-424-7900

<p>9:00 Light & Lively (AR) 4</p> <p>10:00 TV Church Services (TR)</p> <p>1:00 Sunday Matinee w/popcorn (TR)</p> <p>1:00 Various Card Games (B)</p> <p>1:30 Bring your own Crafts (AR)</p> <p>3:00 Flyswatter Volleyball (AR)</p>	<p>9:30 Bus Grocery Outlet 5</p> <p>10:00 Meet & Greet Eldercare Chaplains (AR)</p> <p>10:00 Hand Massage w/Jana (B)</p> <p>1:00 A Novel Reading "The Women" (TR)</p> <p>1:00 Buno (B)</p> <p>2:00 Cinco de Mayo Happy Hour – Housekeeping (LV)</p> <p>5:30 Movie (TR)</p> <p><small>Cinco de Mayo</small></p>	<p>9:00 Light & Lively (AR) 6</p> <p>10:00 Episcopal Church Services (TR)</p> <p>10:00 Fitness Class (LV)</p> <p>10:45 Bible Study w/Andy (TR)</p> <p>1:00 Bingo (AR)</p> <p>1:00 Various Card Games (B)</p> <p>2:00 Juice Bar w/Jana (B)</p> <p>2:30 Cards & Board games (AR)</p> <p>5:30 Movies (TR)</p>	<p>9:00 Light & Lively (AR) 7</p> <p>10:00 Dining room services Meeting w/Josh (ILDR)</p> <p>10:00 Bible Study w/Judy (LV)</p> <p>10:00 Balance Class (TR)</p> <p>1:00 Pinochle (B)</p> <p>1:00 Sherry's Desings (L)</p> <p>1:00 Arts & Crafts (AR)</p> <p>1:15 Art Group w/Jana (AR)</p> <p>2:00 Meet and Greet (LV)</p> <p>3:00 Documentary (TR)</p> <p>5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 8</p> <p>10:00 VA Coffee Hour (AR)</p> <p>10:00 IL Town Hall (ILDR)</p> <p>1:00 Bingo (AR)</p> <p>1:00 Gym Fitness</p> <p>1:15 Park Walk w/Jana</p> <p>2:30 AL Town Hall (AR)</p> <p>2:30 Gym Fitness</p> <p>5:30 Movie</p> <p><small>May Day</small></p>	<p>9:00 Light & Livley (AR) 9</p> <p>Take Away Table</p> <p>9:30 Manicure (AR)</p> <p>10:00 Flyswatter Volleyball (AR)</p> <p>10:00 Pet Therapy Aspen (L)</p> <p>10:30 Lunch @ Applebee's</p> <p>2:00 Happy Hour(AR)</p> <p>5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 10</p> <p>9:30 Coffee & News (LV)</p> <p>10:00 Eden Calming Stress & Anxiety Class led by Marcia (LV)</p> <p>1:00 Bingo (AR)</p> <p>2:30 Movie w/popcorn (TR)</p> <p>3:00 Triva (AR)</p>
<p>9:00 Light & Lively (AR) 11</p> <p>10:00 TV Church Services (TR)</p> <p>1:00 Sunday Matinee w/popcorn (TR)</p> <p>1:00 Various Card Games (B)</p> <p>1:30 Taste & Tell (AR)</p> <p>1:30 Bring your own Crafts (AR)</p> <p>3:00 Flyswatter Volleyball (AR)</p> <p><small>Mother's Day National Skilled Nursing Care Week</small></p>	<p>9:30 Bus Haggan 12</p> <p>10:00 Meet & Greet Eldercare Chaplains (AR)</p> <p>10:00 Book Club (B)</p> <p>1:00 A Novel Reading "The Women" (TR)</p> <p>1:00 Bunco (B)</p> <p>2:00 Flyswatter Volleyball (AR)</p> <p>3:30 Zumba (LV)</p> <p>5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 13</p> <p>10:00 Episcopal Church Services (TR)</p> <p>10:00 Fitness Class (LV)</p> <p>10:45 Bible Study w/Andy (TR)</p> <p>1:00 Bingo (AR)</p> <p>1:00 Various Card Games (B)</p> <p>2:00 Juice Bar w/Jana (B)</p> <p>2:30 Cards & Board games (AR)</p> <p>5:30 Movies (TR)</p>	<p>9:00 Light & Lively (AR) 14</p> <p>10:00 Bible Study w/Judy (LV)</p> <p>10:00 Balance Class (TR)</p> <p>1:00 Pinochle (B)</p> <p>1:00 Sherry's Desings (L)</p> <p>1:00 Arts & Crafts (AR)</p> <p>1:15 Cardio Drumming (TR)</p> <p>2:00 Sweet Sensation w/Music by Mary Whiton (LV)</p> <p>3:00 Documentary (TR)</p> <p>5:30 Movie (TR)</p>	<p>9:00 FOOTCARE NURSE In the Beauty Shop</p> <p>9:00 Light & Lively (AR)</p> <p>9:00 Veterans Breakfast (AR)</p> <p>10:00 Gym Visits</p> <p>10:00 Body Games w/Visiting Angels (LV)</p> <p>1:00 Bingo (AR)</p> <p>1:15 Park Walk w/Jana</p> <p>2:30 Card Games (UNO) (AR)</p> <p>5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 16</p> <p>10:00 Manicure (AR)</p> <p>10:00 Flyswatter Volleyball (AR)</p> <p>10:30 Lunch @ Lorenzo's</p> <p>2:00 Happy Hour (AR)</p> <p>5:30 Movie (TR)</p> <p><small>Armed Forces Day</small></p>	<p>9:00 Light & Lively (AR) 17</p> <p>9:30 Coffee & News (LV)</p> <p>10:00 Wii Bowling (LV)</p> <p>1:00 Bingo (AR)</p> <p>2:30 Movie w/popcorn (TR)</p> <p>3:00 Triva (AR)</p>
<p>18</p> <p>MOTHER'S DAY DESSERT</p> <p>1:00 – 2:30</p>	<p>9:30 Walmart 19</p> <p>10:00 Meet & Greet Eldercare Chaplains (AR)</p> <p>1:00 A Novel Reading "The Women" (TR)</p> <p>1:00 Bunco (B)</p> <p>2:00 Flyswatter Volleyball (AR)</p> <p>3:30 Zumba</p> <p>5:30 Movie (TR)</p> <p><small>Victoria Day (Canada)</small></p>	<p>9:00 Light & Lively (AR) 20</p> <p>10:00 Episcopal Church Services (TR)</p> <p>10:00 Fitness Class (LV)</p> <p>10:45 Bible Study w/Andy (TR)</p> <p>1:00 Bingo (AR)</p> <p>1:00 Various Card Games (B)</p> <p>2:00 Juice Bar w/Jana (B)</p> <p>2:30 Cards & Board games (AR)</p> <p>3:00 Pro Flyswatter (LV)</p> <p>5:30 Movies (TR)</p>	<p>9:00 Light & Lively (AR) 21</p> <p>10:00 Bible Study w/Judy (LV)</p> <p>10:00 Balance Class (TR)</p> <p>1:00 Pinochle (B)</p> <p>1:00 Sherry's Desings (L)</p> <p>1:00 Arts & Crafts (AR)</p> <p>1:15 Art Group w/Jana (AR)</p> <p>1:15 Cardio Drumming (TR)</p> <p>2:00 Sweet Sensation w/music by Stan Wing (LV)</p> <p>3:00 Documentary (TR)</p> <p>5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 22</p> <p>10:00 VA Coffee Hour (AR)</p> <p>10:00 Qigong (TR)</p> <p>1:00 Bingo (AR)</p> <p>1:15 Park Walk w/Jana</p> <p>3:00 Washington Old Time Fiddlers (LV)</p> <p>5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 23</p> <p>9:30 Skagit Casino</p> <p>10:00 Manicure (AR)</p> <p>10:00 Flyswatter Volleyball (AR)</p> <p>2:00 Happy Hour (AR)</p> <p>5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 24</p> <p>9:30 Coffee & News (LV)</p> <p>10:00 Wii Bowling (LV)</p> <p>1:00 Bingo (AR)</p> <p>2:30 Movie w/popcorn (TR)</p> <p>3:00 Triva (AR)</p>
<p>9:00 Light & Lively (AR) 25</p> <p>10:00 TV Church Services (TR)</p> <p>1:00 Sunday Matinee w/popcorn (TR)</p> <p>1:00 Various Card Games (B)</p> <p>1:30 Taste & Tell (AR)</p> <p>1:30 Bring your own Crafts (AR)</p> <p>3:00 Flyswatter Volleyball (AR)</p>	<p>9:30 Fred Myers 26</p> <p>10:00 Meet & Greet Eldercare Chaplains (AR)</p> <p>1:00 A Novel Reading "The Women" (TR)</p> <p>1:00 Bunco (B)</p> <p>2:00 Flyswatter Volleyball</p> <p>3:30 Zumba (LV)</p> <p>5:30 Movie (TR)</p> <p><small>Memorial Day</small></p>	<p>8:00 Men's Breakfast w/ Maintenance Team (AR) 27</p> <p>10:00 Episcopal Church Services (TR)</p> <p>10:45 Bible Study w/Andy (TR)</p> <p>1:00 Bingo (AR)</p> <p>1:00 Various Card Games (B)</p> <p>2:00 Juice Bar w/Jana (B)</p> <p>2:30 Cards & Board games (AR)</p> <p>5:30 Movies (TR)</p>	<p>9:00 Light & Lively (AR) 28</p> <p>10:00 Bible Study w/Judy (AR)</p> <p>10:00 Balance Class (TR)</p> <p>1:00 Pinochle (B)</p> <p>1:00 Sherry Designs (L)</p> <p>1:00 Arts & Crafts (AR)</p> <p>1:15 Art Group (AR)</p> <p>2:00 Birthday Bash w/ The Esquires (LV)</p> <p>3:00 Documentary (TR)</p> <p>3:00 Fun & Games w/Mira Vista (B)</p> <p>5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 29</p> <p>10:00 VA Coffee Hour (AR)</p> <p>10:00 Qigong (TR)</p> <p>1:00 Bingo (AR)</p> <p>1:00 Gym Fitness</p> <p>2:30 Card Games (UNO) (AR)</p> <p>5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 30</p> <p>10:00 Manicure (AR)</p> <p>10:00 Flyswatter Volleyball (AR)</p> <p>2:00 Happy Hour (AR)</p> <p>2:30 Music w/Marcia Kester (LV)</p> <p>5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 31</p> <p>9:30 Coffee & News (LV)</p> <p>10:00 Wii Bowling (LV)</p> <p>1:00 Bingo (AR)</p> <p>2:30 Movie w/popcorn (TR)</p> <p>3:00 Triva (AR)</p>

(AR) Activity Room (L) Lobby (LV) Living Room (B) Bistro (TR) Theater Room (ILDR) Independent Living Dining Room (ALDR) Assisted Living Dining Room