

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

 <p>Mountain Glen Retirement Living & Assisted Living Community 1810 E Division ST Mount Vernon WA.98274 360-424-7900</p>		<p>9:00 Light & Lively (AR) 1 10:00 Episcopal Church Services (TR) 10:00 Fitness Class (LV) 10:45 Bible Study w/Andy (TR) 1:00 Bingo (AR) 2:00 Juice Bar w/Jana (B) 2:30 Cards & Board games (AR) 5:30 Movies (TR) <small>All Fools' Day</small></p>	<p>9:00 Light & Lively (AR) 2 10:00 Dining room services Meeting w/Josh (ILDR) 10:00 Bible Study w/Judy (LV) 10:00 Balance Class (TR) 1:00 Pinochle (B) 1:00 Sherry's Desings (L) 1:00 Arts & Crafts (AR) 1:15 Cardio Drumming (TR) 2:00 Meet and Greet (LV) 3:00 Documentary (TR) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 3 10:00 VA Coffee Hour (AR) 10:00 QiGong (TR) 1:00 Bingo (AR) 1:00 Gym Fitness 2:30 Card Games (UNO) (AR) 5:30 Movies (TR)</p>	<p>9:00 Light & Livley (AR) 4 9:30 Manicure (AR) 10:30 Bus Lunch Mountains Mikes Pizza 2:00 Happy Hour (AR) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 5 9:30 Coffee & News (LV) 10:00 Wii Bowling (TR) 1:00 Bingo (AR) 2:30 Movie w/popcorn (TR) 3:00 Triva (AR)</p>
<p>9:00 Light & Lively (AR) 6 10:00 TV Church Services (TR) 1:00 Sunday Matinee w/popcorn (TR) 1:30 Crafts (AR) 3:00 Flyswatter Volleyball (AR)</p>	<p>9:30 Bus Grocery Outlet 7 10:00 Meet & Greet Eldercare Chaplains (AR) 1:00 A Novel Reading "The Women" (TR) 1:00 Bunco (B) 2:00 Flyswatter Volleyball (AR) 3:30 Zumba (LV) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 8 9:30 Mount Vernon Library (L) 10:00 Episcopal Church Services (TR) 10:00 Fitness Class (LV) 10:45 Bible study w/Andy (TR) 1:00 Bingo (AR) 2:00 Juice Bar w/Jana (B) 2:30 Card & Board Games (AR) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 9 10:00 Bible Study w/Judy (LV) 10:00 Balance Class (TR) 1:00 Pinochle (1:00) (B) 1:00 Sherry's Desings (L) 1:00 Arts & Crafts (AR) 1:15 Art Group (AR) 2:00 Sweet sensation (LV) 3:00 Documentary (TR) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 10 10:00 VA Coffee Hour (AR) 10:00 IL Resident Meeting (ILDR) 10:00 QiGong (TR) 1:00 Bingo (AR) 1:00 Gym Fitness 2:30 AL Residents Meeting(AR) 3:30 Free Hearing Aid Cleaning (AR) 5:30 Movie</p>	<p>9:00 Light & Livley (AR) 11 Take Away Table 9:30 Manicure (AR) 9:45 Bus Tulip Fields Lunch Applebee's 10:00 Flyswatter Volleyball (AR) 2:00 Happy Hour(AR) 2:30 Music w/Marcia Kester (LV) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 12 9:30 Coffee & News (LV) 10:00 Eden Calming Stress & Anxiety Class led by Marcia (LV) 1:00 Bingo (AR) 2:30 Movie w/popcorn (TR) 3:00 Triva (AR) <small>Passover Begins</small></p>
<p>9:00 Light & Livley (AR) 13 10:00 TV Church Services (TR) 1:00 Dying Easter Eggs w/ helpers (AR) 3:00 flyswatter Volleyball w/helpers (LV) <small>Palm Sunday</small></p>	<p>9:30 Bus Safeway's 14 10:00 Meet & Greet Eldercare Chaplains (AR) 10:00 Book Club (B) 10:00 Hand massage (B) 1:00 A Novel Reading "The Women" (TR) 1:00 Bunco (B) 2:00 Flyswatter Volleyball (AR) 3:30 Zumba (LV) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 15 10:00 Episcopal Church Services (TR) 10:00 Fitness Class 10:45 Bible Study with Andy (TR) 1:00 Bingo (AR) 3:00 Pro Flyswatter (LV) 2:00 Juice Bar w/Jana (B) 2:30 Card & Board Games (AR) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 16 10:00 Bible Study w/Judy (LV) 10:00 Balance Class (TR) 1:00 Pinochle (B) 1:00 Sherry's Desings (L) 1:00 Arts & Crafts (AR) 1:15 Cardio Drumming (TR) 2:00 Sweet sensation w/music by Stan Wing (LV) 3:00 Documentary (TR) 5:30 Movie (TR)</p>	<p>9:00 FOOTCARE NURSE 17 9:00 Light & Lively (AR) 9:00 Veterans Breakfast (AR) 10:00 QiGong (TR) 10:00 Body Games w/Visiting Angels (LV) 1:00 Bingo (AR) 1:00 Gym Fitness 3:00 Music w/Janie Kelly (LV) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 18 10:00 Manicure (AR) 9:45 Bus Tullip Fields Lunch McDonald's 10:00 Flyswatter Volleyball (AR) 2:00 Happy Hour (AR) 2:30 Music w/Mary Whiton (LV) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 19 9:30 Coffee & News (LV) 10:00 Wii Bowling (LV) 1:00 Bingo (AR) 2:30 Movie w/popcorn (TR) 3:00 Triva (AR)</p>
<p>7:00 Easter eggs hunt all over 1st floor 300 eggs 2 golden Egg 9:00 Light & Lively (AR) 10:00 TV Church Services (TR) 1:00 Movie w/ popcorn (TR) 3:00 Flyswatter Volleyball (AR) <small>Easter Sunday</small></p>	<p>9:30 Target & Dollar Tree 21 10:00 Meet & Greet Eldercare Chaplains (AR) 1:00 A Novel Reading "The Women" (TR) 1:00 Bunco (B) 2:00 Flyswatter Volleyball (AR) 3:30 Zumba 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 22 10:00 Episcopal Church Services (TR) 10:00 Fitness Class 10:45 Bible Study w/Andy (TR) 1:00 Bingo (AR) 2:00 Juice Bar w/Jana (B) 2:30 Card & Board Games (AR) 5:30 Movie (AR) <small>Earth Day</small></p>	<p>9:00 Light & Lively (AR) 23 10:00 Bible Study w/Judy (AR) 10:00 Balance Class (TR) 1:00 Pinochle (B) 1:00 Sherry Designs (L) 1:00 Arts & Crafts (AR) 1:15 Art Group (AR) 2:00 Sweet sensation w/music by Jason Lloyd (LV) 3:00 Fun & Games w/Mira Vista (B) 3:00 Documentary (TR) 5:30 Movie (TR) <small>Health Professionals Day</small></p>	<p>9:00 Women's Breakfast 24 (AR) 10:00 VA Coffee Hour (AR) 10:00 QiGong (TR) 1:00 Bingo (AR) 1:00 Gym Fitness 2:30 Washington Old Time Fiddlers (LV) 5:30 Movie (TR)</p>	<p>9:00-2:00 Mount Vernon Christian School, Games and Fun (AR) (LV) 2:00 Happy Hour (AR) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 26 9:30 Coffee & News (LV) 10:00 Wii Bowling (LV) 1:00 Bingo (AR) 2:30 Movie w/popcorn (TR) 3:00 Triva (AR)</p>
<p>9:00 Light & Lively (AR) 27 10:00 TV Church Services (TR) 1:30 Taste & Tell (AR) 3:00 Flyswatter Volleyball (AR)</p>	<p>9:30 Fred Myers 28 10:00 Meet & Greet Eldercare Chaplains (AR) 1:00 A Novel Reading "The Women" (TR) 1:00 Bunco (B) 2:00 Flyswatter Volleyball 3:30 Zumba (LV) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 29 10:00 Episcopal Church Services (TR) 10:45 Bible Study w/ Andy (AR) 1:00 Bingo (AR) 2:00 Juice Bar w/Jana (B) 2:30 Card & Board Games (AR) 5:30 Movie (TR)</p>	<p>9:00 Light & Lively (AR) 30 10:00 Bible Study w/Judy (AR) 1:00 Pinochle (B) 1:00 Sherry Designs (L) 1:00 Arts & Crafts (AR) 2:00 Birthday bash w/Music by The Esquires (LV) 3:00 Documentary (TR) 5:30 Movie (TR)</p>	<p>Happy Easter April 2025 Mountain Glen Retirement Living • Assisted Living</p> 		

(AR) Activity Room (L) Lobby (LV) Living Room (B) Bistro (TR) Theater Room (ILDR) Independent Living Dining Room (ALDR) Assistant Living Dining Room