

Sierra Del Sol Senior Living
8151 E. Speedway Blvd.
Tucson, AZ 85711

Postage
Information

May 2025

Sierra Times

Sierra Del Sol Senior Living- 8151 E Speedway Blvd, Tucson AZ 85710



Meet Our Team

**Laure
O-Mendenhall**
Executive Director

Anne Connell
Community Relation Director

Keelani Duffey
Wellness Director

Madison Faulkner
Wellness Director

Arine Boschian
Dining Services Director

Maryanna Rodriguez
Life Enrichment Director

Kimberly Adams
Business Office Manager

Aaron Brady
Plant Operations Director

Celebrating May

**Military Appreciation
Month**

May Day
May 1

Kentucky Derby
May 3

Cinco De Mayo
May 5

Wildflower Week
May 4–10

Mother's Day
May 11

World No-Tobacco Day
May 31

Good Friends Make Good Neighbors

**Do you have a friend who
is looking to make a move
into a community?
When you or your family
members refer someone
to move into the
community, you will
receive a rent credit for
\$4000 after they have lived
with us for 90 days.**

Laure Letter May 2025 Newsletter

Dear Residents, Families, and Friends,

As we step into the vibrant month of May, I want to take a moment to reflect on the season of renewal that surrounds us—not just in nature, but here within our community as well. The longer days and blooming flowers serve as a beautiful reminder of the growth and joy we nurture every day at our home.

This month, we're embracing the spirit of gratitude and celebration. First and foremost, I want to extend heartfelt thanks to our incredible team. Their compassion, dedication, and professionalism continue to make a profound impact on the lives of our residents and their families. Whether through a warm smile, a listening ear, or an extra moment of care, our staff demonstrates every day what it means to truly serve with heart.

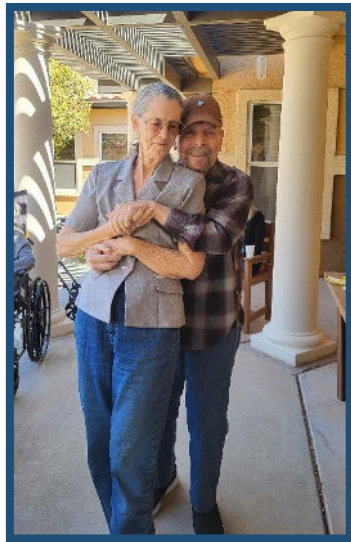
May is also a time to honor the mothers, grandmothers, and maternal figures who have shaped our lives. We're excited to host our Mother's Day Breakfast on Sunday, May 12th, from 7:30am to 9:00am. We hope you can join us as we celebrate the remarkable women who continue to inspire us.

I encourage families to stay involved—whether by attending events, joining us for meals, or simply stopping by for a visit. Your presence brings such energy to our community and means the world to our residents.

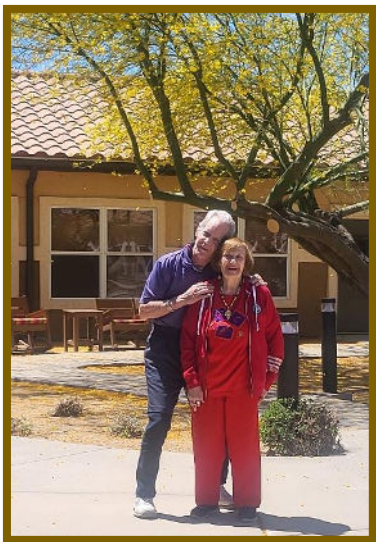
Thank you for being a part of our extended family. I look forward to seeing many of you around the community this month.

Warmest regards,
Laure Mendenhall
Executive Director





A good friend is what the heart needs all the time!



**APRIL EMPLOYEE
OF THE MONTH**



Reyna has worked with us for over a year . She started off as a server then showed interest in becoming a cook. We gave her the opportunity to learn and prove that she could do it. She made huge strides with learning time management, cooking skills and baking. She has become a great value to our department and an amazing baker and a great cook. We are all very proud of her.



More Than Margaritas

Cinco de Mayo—which is Spanish for “Fifth of May”—is often a cause for celebration among Mexicans and most anyone else interested in Mexican food, drink, and music. Some less-informed revelers will claim Cinco de Mayo as the day of Mexico’s independence. Those in the know will tell you it celebrates the Mexican army’s 1862 victory over the French at the Battle of Puebla, led by General Zaragoza.

In 1862, Mexico had just gained its independence from Spain. France seized this as an opportunity to expand its empire and launched an assault at Veracruz, a 600-mile march from Mexico City. An underwhelming Mexican militia of 4,500 led by Zaragoza met the 8,000 well-armed French troops at Puebla. Though the French army was considered the greatest fighting force in the world, the Mexicans defeated the French. Six years later, France withdrew its claim on the country. But it was this May 5 David-versus-Goliath moment that instilled a new sense of patriotism and national pride in the young country of Mexico.



Doing some turtle and duck sightseeing at Aqua Caliente Park!



As always, a beautiful Easter Lunch

May Outings

- 5/1 Dollar Store
- 5/6 A Trip to the World Market
- 5/8 Trader Joe's
- 5/13 Mount Lemmon BBQ
- 5/15 Fry's Grocery Store
- 5/20 Lunch at El Molinito
- 8/22 Walmart
- 5/25 Sunday Scenic Bus Ride
- 5/29 Men's Fishing Group at Silverbell Lake

Please make sure to sign up for all outings and excursions in advance!

YOU ARE INVITED TO A

Mother's day

BREAKFAST

MAY 11TH

SUNDAY - 7:30 AM - 9:00 AM

PLEASE RSVP NO LATER THAN MAY 4TH TO GUARANTEE A TABLE.

TICKET PRICE IS \$20 PER FAMILY MEMBER




We hope everyone was visited by the Easter Bunny and had an amazing Easter!



The Sock That Got Away

Do you have a spot for old unmatched socks? Do you hold out hope of someday reuniting those single socks with their lost matches? Chances are you may never see those lost socks again, since many fall over the top of washing machine tubs and are sucked into the drain. On May 9—Lost Sock Memorial Day—take the time to say goodbye to those missing socks, wherever they may be. Perhaps the best way to celebrate this strange holiday is to take those unmatched socks out of the back of the drawer and wear them! Restore them to their former glory, and go unmatched for a day.

Happy Birthday To You



Resident Birthdays	Staff Birthdays
5/2 Dorothy P.	5/6 Katie L.
5/5 Janet C.	5/8 David M.
5/6 Cruz M.	5/17 Risa C.
5/10 Harry R.	5/19 Yesenia E.
5/11 Julie M.	5/31 Kimberly A.
5/19 Ardith F.	
5/22 Chuck R.	

DON'T FORGET TO JOIN US FOR OUR LIVE PERFORMANCES

- 5/2 Sing Along w/ Marianne
- 5/7 The Littlest Big Band
- 5/10 Pianist Lily & Clarinetist Lyrica
- 5/13 Patriotic Performance by Rise & Sign
- 5/14 Sing Along w/ Linda Updike
- 5/21 Singing Duo w/ Me & My Gal