

April 2025

Cascades of Sugarland

Cascades of Sugarland Ridge | 1551 Sugarland Drive Sheridan, WY. 82801 | 307-674-5574

What's happening in April

Family Dinner Night

Mark your calendars for Family Dinner Night, April 9th at 5 PM. Enjoy a delicious meal featuring pasta primavera with baked chicken thighs, vegetables, and dessert. Meals are just \$5 per person, and kids under 10 eat free. It's a perfect opportunity to savor great food and make wonderful memories! Please

RSVP to

JenniferG@Cascadeliving.com

Fall Prevention Class

Don't miss the Fall Prevention Class on April 9th, at 10 AM.

Learn essential tips and techniques to improve safety and reduce the risk of falls. It's a valuable opportunity to promote independence and well-being.

Pictures & Fun W/ The Easter Bunny

Bring the whole family to a delightful Easter Bunny Photo Event, on April 19th, from 11 AM to 1 PM! Capture memorable moments with the Easter Bunny and receive a framed 4x6 photo. Kids will also be treated to small party favor gifts to add to the fun.

Make this Easter extra special with cherished photos and festive surprises!



Once a month, we go out for a spirited lunch outing, filled with laughter and camaraderie. During one such occasion, as conversations and jokes flowed freely, someone in our group jokingly suggested that a lady seated nearby—who none of us knew—should pick up our tab. The idea was lighthearted banter, intended to add to the playful atmosphere of the meal. To our astonishment, the woman took the joke in stride, surprising us all by actually covering the entire cost of our table's meal! Her unexpected generosity turned an already delightful gathering into an unforgettable one, leaving us both grateful and amazed by the kindness of strangers. The woman who kindly paid for our meal chose to keep her name a mystery, but she graciously posed for a picture with our group, making the moment even more unforgettable.





At Book Bunch we share thoughtful insights and lively discussions that make the group gatherings truly enriching. Judi P., Gerhard M. and Janice S. all take their turns reading to the group.



Patty C., Jane T. and her niece, Rindy, smile big for picture.

On the second Friday of each month, Abby fills the room with her soulful guitar playing and heartfelt singing, creating a magical and cherished moment for everyone present.

Gerhard M. & Amy M. pose for a picture on St. Patrick's Day.



Jane T.'s face lit up with pure joy when she saw baby chicks. She's marveling at their tiny, fluffy forms and gentle chirps.

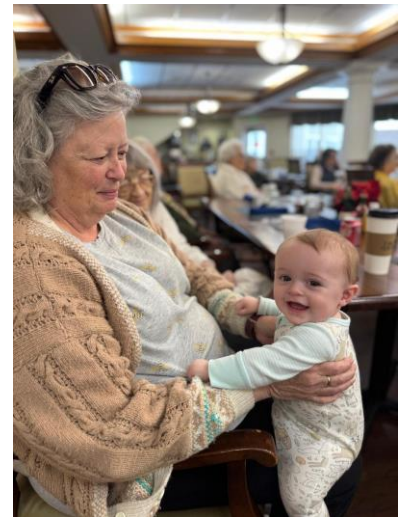
On the third Wednesday of each month, the local dog and cat shelter brings friendly dogs to visit, spreading joy and wagging tails to brighten everyone's day.



Joan M., Judi P. and Joyce E. made sure they came to give this pup some love.



Great Grandma Jeanne R. and Grandma Julie are just lovin' on baby Henery.





This month's hibiscus painting brought everyone together in a swirl of creativity, capturing the vibrant beauty of the tropical blossoms in a shared artistic journey.



Our craft brought creativity to life as we designed vibrant and unique pieces, adding a personal touch to brighten and beautify our shared space.



Shirly H., Janice S. and Ila K. proudly showing off their paintings.



Judy S., Nancy B., Ila K. and Janice S. proudly showcased their creations. Their smiles reflecting the joy and creativity that went into their wonderful work.



Jim & Colleen M. showing their progress during the painting.



Marv H. & Nancy B. snuggle up for a photo.



Amy M. & Shirley J. are all smiles on St. Patrick's Day.

Tom W. is caught having a great time.



April Birthdays

In astrology, those born between April 1–20 are Aries, the Ram. Rams are adventurous go-getters and full of enthusiasm, charm, and energy. They make dynamic pioneers and adventurers—undeterred when the going gets rough. Those born from April 20–30 have the star sign of the Bull of Taurus. Bulls show steady, dogged persistence in achieving their goals. Once goals are reached, they enjoy being rewarded, especially with beauty and peace at home. Here's our April Birthdays.

- Lonna A. 4/6 Concierge
- Nickole H. 4/12 Med. Tech.
- Michael E. 4/18
- Carmen P. 4/24 CNA



Our Singing cowboys came and sang for us during our Party.



Joan M., Patty C., and Eunice D. cheerfully posed for pictures on St. Patrick's Day. Their festive attire and bright smiles captured the holiday's lively spirit.



Fran C. and her daughter smiled warmly as they posed for a picture. Their close bond shining through in the shared moment.

