



900 W. Alpine Way  
Shelton, WA 98584

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[www.AlpineWayLiving.com](http://www.AlpineWayLiving.com)



[www.facebook.com/alpinewayliving](https://www.facebook.com/alpinewayliving)

## Resident Birthdays

6/4 Nancy D.

6/16 Debbie B.

6/18 Lee K.

6/23 Vince H.

6/27 Don S.

## Staff Birthdays

6/2 Amber L.

6/3 Laura S.

6/4 Rebecca S.

6/13 Megan B.

6/14 Yolanda M.

## Alpine Way

# June 2025

Alpine Way | 900 W. Alpine Way, Shelton, WA 98584 | 360-426-2600 |



### Meet Our Team!

#### Executive Director

Trudy Hunter

[TrudyH@Cascadeliving.com](mailto:TrudyH@Cascadeliving.com)

#### Interim Wellness Director

Laura Stevens

[LauraS@cascadeliving.com](mailto:LauraS@cascadeliving.com)

#### Assistant Wellness Director

Tracy Schueller

[TracyS@Cascadeliving.com](mailto:TracyS@Cascadeliving.com)

#### Interim Assistant Wellness Director

Savannah Thomas

[SavannahT@Cascadeliving.com](mailto:SavannahT@Cascadeliving.com)

#### Marketing Director

Cyndy Armitage

[CyndyA@cascadeliving.com](mailto:CyndyA@cascadeliving.com)

#### Community Relations Director

Brenda Lehman

[BrendaL@cascadeliving.com](mailto:BrendaL@cascadeliving.com)

#### Business Office Manager

Maria Poulos

[MariaP@cascadeliving.com](mailto:MariaP@cascadeliving.com)

#### Life Enrichment Director

Kara Parker

[KaraP@cascadeliving.com](mailto:KaraP@cascadeliving.com)

#### Environmental Director

Travis Wagner

[TravisW@cascadeliving.com](mailto:TravisW@cascadeliving.com)

#### Plant Operations Director

Rod Davis

[RodD@cascadeliving.com](mailto:RodD@cascadeliving.com)

#### Dining Services Director

Donna Jorgenson

[DonnaJ@cascadeliving.com](mailto:DonnaJ@cascadeliving.com)

### Guardians of the Garden

Gnomes have been a part of gardening culture for centuries, bringing charm and whimsy to yards around the world. These small, bearded figures are said to be protectors of gardens, watching over plants and warding off pests. Their popularity is celebrated every June 10 on International Garden Gnome Day, a fun occasion for garden enthusiasts to showcase their favorite gnome statues. Some even extend the festivities into Gnome Week, taking the time to rearrange their gnome displays or add new ones.

The tradition of garden gnomes dates back to 19th-century Germany, where they were originally made from terra-cotta. By the late 1800s, they had spread across Europe, becoming especially popular in England. The first mass-produced gnomes were created by a German company called Philipp Griebel, whose descendants still produce them today using the original patterns and molds. They were made in the style of miners who had worked in the area, complete with red hats and wheelbarrows. At the height of production, Griebel's factory made approximately 300 different gnomes.

Gnomes have even made their way into pop culture. From fantasy novels to animated films, they are often depicted as mischievous yet wise creatures. Some travelers even participate in "gnome-napping" pranks, where a garden gnome is taken on an adventure and returned with photos from its journey.

Beyond their playful reputation, gnomes bring a sense of personality to gardens. Whether tucked among flowers or standing guard by a vegetable patch, they add a touch of fun to outdoor spaces. Many gardeners believe gnomes bring good luck, helping plants thrive and flourish. Paired with colorful flowers, stone pathways, or miniature fairy gardens, gnomes can make any yard feel more magical.

As June arrives and gardens come into full bloom, it's the perfect time to celebrate these tiny guardians. If you don't already have a garden gnome, this might be the year to welcome one into your yard!



FATHER'S DAY

15 JUNE 12:00 PM

BARBECUE PARTY

LOCATION- ALPINE WAY

DRINKS • FOOD • CAR SHOW

Please RSVP to the front desk if you will be joining us for Fathers Day!

SENIOR CENTER PRESENTS

Choir Performance

Date: 06/13/2025

Time: 2pm

Location: Cedar Dining Room

WE ARE MOVING

The Life Enrichment Office will be moving the first week of June!

We will be swapping offices with our Wellness Team.

We will be located down the ALU Hall in between our 200 and 300 rooms.

Please have patience with us during this time of transition.

**Laundry Updates:**

When using the laundry service that Alpine Way offers, please make sure all your clothes are clearly labeled so that they can be returned to you. The best labeling method is using the first initial of the first name followed by the last name. If you have items that were sent to the laundry room and haven't made their way back, please check the lost & found cart. This cart is located right outside of the laundry room. Also, Alpine Way does NOT take any clothing donations. Any further questions can be answered by the housekeeping manager Travis Wagner. Thank you.

Good Friends Make Good Neighbors Program

From our elegantly appointed interior and beautifully maintained grounds to the exceptional healthcare programs and services provided by our professional staff, residents who introduce Cascade Living Group's Living Well philosophy to their friends or family members could receive credit(s) applied toward their rent.

**How It Works**

When a resident or family member refers a new potential resident\* to a Cascade Living Group community and that person moves in for at least 90 days, the referring resident will receive a \$4,000 credit applied to their base rent.

*\*In order to qualify as a new potential resident, the person being referred must not already be on our contact list. To make a referral and to ensure you receive proper credit for making the introduction, please provide your name and the name of your friend or family member to our Executive Director or Director of Sales and Marketing prior to the inquiry or tour.*

**Alpine Way**  
Continuing Care Community  
*The Difference Between Living and Living Well*

For more information, please call  
**360-426-2600**  
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[www.AlpineWayLiving.com](http://www.AlpineWayLiving.com)

Compassionate Support  
Nurturing Hands  
Dignified Care

**Cascade Living Group**  
*The Difference Between Living and Living Well*

HAPPY NATIONAL NURSING ASSISTANT WEEK June 12-18