



# Calendar & Newsletter 2025

**\*Independent Living\* \*Assisted Living\* \*Memory Care\***

## MEET SPRING MEADOW



### Management Team

Alexander Ben-Israel  
(Senior Executive Director – IL)

Tim Robitz  
(Business Office Manager – IL)

Amy Smith  
(Executive Director – AL)

Sharon Evans  
(Business Office Manager – AL& MC)

Joy Coonrod-Anderson  
(Executive Director – MC)

### Director of Sales & Marketing

Ember Nordhaus

### Plant Operations Director

Eric Zahler

### Life Enrichment Coordinators

Anessa Burtner – IL  
Hope Gettys – AL  
Dolly Mahurien – MC

### Dining Services Directors

Chris Ford – IL  
Jay Harrison – AL  
Alexandria Cruz – MC

**DENNIS**  
Chef



Dennis has been a chef with Cascades for three years. He has been cooking since he was 16 years old. His first job was in a deli. Dennis moved to Oregon from Orange County and even worked at the Manor in Medford. In total, Dennis has been working in senior facility living for 8 plus years.

When Dennis is not whipping up culinary cuisines for Spring Meadow residents, he enjoys hobbies such as fishing and shooting. Dennis' favorite fish to fish for is brown trout. Also as a hobby, Dennis fixes fishing rods in addition to custom making fishing rods. Summer is Dennis' favorite season, for good reason because he is able to do his favorite thing....fish.

Dennis' favorite color is blue and he enjoys a good omelet for breakfast. His favorite meal to cook at home is orange glazed smoked salmon.

Thank you Dennis for fantastically feeding Spring Meadow residents!

**JULIE**



Julie has been a resident at Spring Meadow since 2011.

Julie was born and raised in Newport, CA and moved to Grants Pass in 2005 where she found employment at Americore.

In 1963 Julie graduated from nursing school. She was volunteering at a local hospital in the ER when she realized that she liked the adrenaline rush which is what led her to pursue nursing....she liked the adrenaline rush.

Julie's favorite thing about when she lived in California was the sunshine, ocean and Balboa island. California was "a great place to be a teenager."

Julie has acted in eight plays at Barnstormers, she was married to an artist for 10 years, has one daughter and two grandsons. In her spare time, Julie runs the "Little Store" at Spring Meadow.

# WELCOME NEW RESIDENTS!!!

## Spring Meadow (IL)

- ♦ Joe G.
- ♦ Gary H.
- ♦ Susan

## The Village (AL)

- ♦ Chandra B.
- ♦ Jamie B.
- ♦ Julie P.
- ♦ Karen R.

## The Pointe (MC)

- ♦ Marilyn H.
- ♦ Thomas K.
- ♦ Esther R.



## JUNE

## BIRTHDAYS

*Happy Birthday*

*To YOU*



Find the words listed. Words may appear forward, backward, up, down or diagonal. Words may overlap and cross each other. When you have found a word, be sure to circle it and cross it off the list.



### Word Search

BARBECUE

BEACH

BUTTERFLY

FATHER'S DAY

FIREFLY

FLIP-FLOPS

GERANIUM

HAT

HONEYSUCKLE

ICE CREAM

IRIS

JUNE

LEMONADE

LIGHTNING

LILY

PEONY

PICNIC

ROSE

SANDCASTLE

SHORTS

SOLSTICE

SUMMER

P S T L R S A N D C A S T L E B K L T  
O E H F P L K R S U M M E R F B L V L  
T S U I F D T N P W P R K I R I S T Z  
K S N R B U T T E R F L Y K L E E N N  
N A D E K R P Q J E N J D Y S P L Y T  
A L E F N Y F T S U R T K O N M K F C  
T G R L H M E A A W N C R C A Q C M R  
G N S Y M R U H T H I E S E X W U S S  
N U T P Y L C C R H K M R N L J S U O  
I S O M C D E Q K V E C M T U F Y N L  
N L R Y V P B D A T E R L I L S E D S  
T E M M G T R C G C Y J S I N L N R T  
H M T S Y M A L I T G T P D T G O E I  
G O C R H T B T K Q W F R R A W H S C  
I N M I I O Y V H Y L M L N B Y K S E  
L A Q O N C R C L O M U I N A R E G T  
W D N Q B C A T P N O L E M R E T A W  
Y E T M L E I S S V G J K K M B R D Q  
N N W B B P R P Y Q Y N O E P P P R R

SUNDRESS

SUNGLASSES

SUNSCREEN

SWIMMING

TANK TOP

THUNDERSTORM

VACATION

WATERMELON



## THE SPRINGS

Gladys P. 6/1  
Sharon M. 6/4  
Anne Pike 6/5  
Carole D. 6/15  
Marsha H. 6/16  
Marion B. 6/17  
Dorry L. 6/18  
John K. 6/19  
Leslye R. 6/24  
Naujean B. 6/29

## THE VILLAGE

Theodore C. 6/4  
Terry H. 6/12  
Violet S. 6/16  
Chandra B. 6/20

## THE POINTE

Dawn D. 6/8  
Arlene P. 6/26



## Buildings Guide

Spring Meadow IL=Independent Living

The Village AL=Assisted Living

The Pointe MC=Memory Care

Garden News 6/2025

June Newsletter

It's official, the Community garden has a name. The Monty Fell Community Garden, in honor of the founder and former resident along with many other residents. A few who started it off are still here today. Judy Holdeman, Julie Imhof, and Norm Borreson! Thank you to all who came out to support the dedication and ribbon cutting, and each one of the garden partners who worked together in getting the fall projects completed, sprucing up and the fixing the broken line under the tree, in time for the event. Norm donated the bouquet that was raffled off.

Bob has donated extra funds to support our projects going forward. One of which will be adding decomposed granite to keep the walkways around the pergola and vegetable garden beds clean and accessible for people with walkers, wheelchairs and power chairs. As well as more blocks for edge beds on the north end of the garden.

The lemonade social was a success. Village residents came out for yummy treats, and a chance to enjoy a nice time in the garden.

Come out in the fine weather and enjoy your Community Garden! Join us in the garden.







*Happy Summer*



### A NOTE FROM THE "LITTLE STORE"

June, 2025

Summer comes this month. Time flies, does it not? I look at the 7 day forecast and think "what happened? I was freezing this time last month." Time goes faster with every year.

Come into the Little Store and see the new batch of earrings and necklace/earring combinations we have recently added to our inventory. All ranges of colors and styles are available. Inventory keeps turning over so even though you were just in yesterday doesn't mean there is something new today.

We are all so disappointed to learn that we will be losing our chocolate chip cookie maven, Kathleen Miller, effective immediately. She and Merlin will be moving to Countryside. I am so sad to see her go. This means we will be actively seeking at least one new volunteer for the Store. It is not hard learning the routine and it is only a 2 hour commitment per week. It's an opportunity to meet new friends in the community and it will definitely keep your mind active. It puts a smile on your face too.

You can keep us in mind also, by bringing your overflow jewelry and household goods down for sale. We'll assign you a vendor number, take our 10% handling charge and you can take the rest home. It probably wouldn't be much, but it is a good way to earn a little pocket change. You assign the prices, and you take the proceeds.

Now may be the time for a beautiful ceramic pitcher for lemonade. Come check them out. We all enjoy sitting out on the patio eating watermelon and drinking lemonade. It's a good venue for meeting other residents and relaxing in the shade. I, for one, am looking forward to seeing you out there. I have my comfy anti-gravity chair and will be waiting in the shade. Come say hello.

Julie, Kathy, Cathy, Crystal, Ray, Jerrie and Dianne

