

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Baby Boomers Day</b> 1 9:00 Joel Osteen on Channel 26 10:00 Catholic Mass at the Living Room 10:30 Snack, Hydrate & Trivia 11:00 The Daily Chronicle 1:00 Praise Songs 2:00 Reminiscing Photos 3:00 BINGO for Chocolates 5:30 Netflix Weekender Movie: Fatherhood	<b>National Bubba Day</b> 2 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Snack, Hydrate & Trivia 10:30 Fingerpainting Class 1:00 Steel Feathers Yoga with Gee 2:00 Brain Booster Trivia 2:30 Snack & Hydrate 3:00 Arts and Crafts Hour 5:30 Board Games	<b>National Egg Day</b> 3 9:00 Zen Music Meditation 9:30 Morning Stroll with HS Staff 10:00 Everfit Exercises 10:30 The Daily Chronicle with Snacks 11:00 Sing Along Songs 1:00 Flower Arrangements & Manicures 2:00 Move & Groove 3:00 Large Easy Word Find Puzzles 5:30 Inspirational Movie on Netflix	<b>National Cheese Day</b> 4 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Move & Groove 10:00 Snack, Hydrate & Trivia 1:00 Test Your Problem Solving Skills 2:00 Let's Solve some Simple Riddles 2:30 Sip and Paint with Tracy 3:00 Happy Hour with Tracy & Staff 5:30 Large Floor Jigsaw Puzzles	<b>Russian Language Day</b> 5 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 1:00 Karaoke with Christine 2:00 Let's Make Pizza with Tracy 2:30 Snack & Hydrate 3:00 Aromatherapy with Tracy 5:30 Netflix Adventure Series	<b>National Eyewear Day</b> 6 9:00 Zen Music Meditation 9:00 The Daily Chronicle 0:00 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Brain Teasers and Riddles 1:00 Group Coloring Art with Jeannie 2:30 Snack and Hydrate 3:00 Classic Card Games 5:30 Expoza Travel Hour & Snacks	<b>National Trails Day</b> 7 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Kentucky Derby Horse Pick 2025 1:00 Kentucky Derby Bingo 2:00 Snack and Hydrate 3:00 Namaste Hour with HS Staff 5:30 Celebrating Fathers on Netflix
<b>World Oceans Day</b> 8 9:00 Joel Osteen on Channel 26 10:00 Catholic Mass at the Living Room 10:30 Snack, Hydrate & Trivia 11:00 The Daily Chronicle 1:00 Praise Songs 2:00 Reminiscing Photos 3:00 BINGO for Chocolates 5:30 Netflix Weekender Movie: Old Dads	<b>Coral Triangle Day</b> 9 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Snack, Hydrate & Trivia 10:30 Musical Instruments 1:00 Steel Feathers Yoga with Gee 2:00 Brain Booster Trivia 2:30 Snack & Hydrate 3:00 Move & Groove 5:30 Board Games	<b>Iced Tea Day</b> 10 9:00 Zen Music Meditation 9:30 Coffee & Conversations 10:00 Everfit Exercises 10:30 The Daily Chronicle with Snacks 11:00 Sing Along Songs 1:00 Flower Arrangements & Manicures 2:00 Move & Groove 3:00 Large Easy Word Find Puzzles 5:30 Inspirational Movie on Netflix	<b>Corn on the Cob Day</b> 11 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Exercise w/ Musical Instruments 10:00 Snack, Hydrate & Trivia 1:00 Rhyme & Rythym 2:00 Parachute Game 2:30 Snack & Hydrate 3:00 Happy Hour with Bobby Rumion 5:30 Large Floor Jigsaw Puzzles	<b>Mechanics Day</b> 12 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 1:00 Karaoke with Christine 2:00 Let's Bake Cookies with Tracy 2:30 Snack & Hydrate 3:00 Water Gardening with Tracy 5:30 Netflix Adventure Series	<b>Wear Blue Day</b> 13 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Brain Teasers and Riddles 1:00 Group Coloring Art with Jeannie 2:30 Snack and Hydrate 3:00 Classic Card Games 5:30 Expoza Travel Hour & Snacks	<b>World Juggling Day</b> 14 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Chair Zumba Exercises 1:00 Candy Bingo 2:00 Snack and Hydrate 3:00 Simple Nail & Skin Care 5:30 Celebrating Fathers on Netflix
<b>Happy Father's Day</b> 15 9:00 Joel Osteen on Channel 26 10:00 Catholic Mass at the Living Room 10:30 Snack, Hydrate & Trivia 11:00 Celebrating Father's Day (DR) 1:00 Praise Songs 2:00 BINGO for Chocolates 3:00 Floats & Putting Green (BP) 5:30 Netflix Weekender Series: Like Father	<b>National Cracker Jack Day</b> 16 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Snack, Hydrate & Trivia 10:30 Balloon Toss 1:00 Steel Feathers Yoga with Gee 2:00 Brain Booster Trivia 2:30 Snack & Hydrate 3:00 Arts and Crafts Hour 5:30 Board Games	<b>World Crocodile Day</b> 17 9:00 Zen Music Meditation 9:30 Morning Stroll with HS Staff 10:00 Everfit Exercises 10:30 The Daily Chronicle with Snacks 11:00 Sing Along Songs 1:00 Flower Arrangements & Manicures 2:00 Move & Groove 3:00 Large Easy Word Find Puzzles 5:30 Inspirational Movie on Netflix	<b>International Sushi Day</b> 18 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Simon Says Stretch 10:00 Snack, Hydrate & Trivia 1:00 Test Your Problem Solving Skills 2:00 Conversation Cards with Monica 2:30 Snack & Hydrate 3:00 Happy Hour with Brenda Hebert 5:30 Large Floor Jigsaw Puzzles	<b>Juneteenth</b> 19 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 1:00 Karaoke with Christine 2:00 Let's Make Pastries with Tracy 2:30 Snack & Hydrate 3:00 Move & Grooove 5:30 Netflix Adventure Series	<b>First Day of Summer</b> 20 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Brain Teasers and Riddles 1:00 Group Coloring Art with Jeannie 2:30 Snack and Hydrate 3:00 Classic Card Games 5:30 Evening Classic Movie & Snacks	<b>International T-Shirt Day</b> 21 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Chair Zumba Exercises 1:00 Candy Bingo 2:30 Snack and Hydrate 3:00 Namaste Hour with HS Staff 5:30 Celebrating Fathers on Netflix
<b>World Rainforest Day</b> 22 9:00 Joel Osteen on Channel 26 10:00 Catholic Mass at the Living Room 10:30 Snack, Hydrate & Trivia 11:00 The Daily Chronicle 1:00 Praise Songs 2:00 Reminiscing Photos 3:00 BINGO for Chocolates 5:30 Netflix Weekender Series: Daddy Day Care 1	<b>National Hydration Day</b> 23 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Snack, Hydrate & Trivia 10:30 Fingerpainting Class 1:00 Steel Feathers Yoga with Gee 2:00 Brain Booster Trivia 2:30 Snack & Hydrate 3:00 Arts and Crafts Hour 5:30 Board Games	<b>World UFO Day</b> 24 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Group Coloring & Painting 1:00 Flower Arrangements & Manicures 2:00 Move & Groove 3:00 Large Easy Word Find Puzzles 5:30 Inspirational Movie on Netflix	<b>Celebration of the Senses</b> 25 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Noodle Toss 10:00 Snack, Hydrate & Trivia 1:00 Test Your Problem Solving Skills 2:00 Let's Solve some Simple Riddles 2:30 Snack & Hydrate 3:00 Happy Hour with Mike Jones 5:30 Large Floor Jigsaw Puzzles	<b>National Coconut Day</b> 26 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 1:00 Karaoke with Christine 2:00 Let's Make Brownies with Tracy 2:30 Snack & Hydrate 3:00 Balloon Toss 5:30 Netflix Adventure Series	<b>National Sunglasses Day</b> 27 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Brain Teasers and Riddles 1:00 Group Coloring Art with Jeannie 2:30 Snack and Hydrate 3:00 Classic Card Games 5:30 Expoza Travel Hour & Snacks	<b>National Logistics Day</b> 28 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Everfit Exercises 10:00 Snack, Hydrate & Trivia 10:30 Chair Zumba Exercises 1:00 Candy Bingo 2:30 Snack and Hydrate 3:00 Simple Nail & Skin Care 5:30 Celebrating Fathers on Netflix
<b>World Camera Day</b> 29 9:00 Joel Osteen on Channel 26 10:00 Catholic Mass at the Living Room 10:30 Snack, Hydrate & Trivia 11:00 The Daily Chronicle 1:00 Praise Songs 2:00 Reminiscing Photos 3:00 BINGO for Chocolates 5:30 Netflix Weekender Series: Daddy Day Care 2	<b>California Avocado Day</b> 30 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:00 Snack, Hydrate & Trivia 10:30 Musical Instruments 1:00 Steel Feathers Yoga with Gee 2:00 Brain Booster Trivia 2:30 Snack & Hydrate 3:00 Arts and Crafts Hour 5:30 Board Games					

# June 2025 Heritage Springs Memory Care Events

Activities are subject to change based on the interests and requests of our residents.