



900 W. Alpine Way
Shelton, WA 98584

Phone: (360) 426-2600
Fax: (360) 427-3299

www.AlpineWayLiving.com



www.facebook.com/alpinewayliving

Resident Birthdays

7/5 Betty R.

7/10 Martina C.

7/13 Pete H.

7/19 Marie K.

7/25 Molly H.

7/25 Noni H.

7/28 Bonnie N.

Staff Birthdays

7/6 Allison L.

7/8 Kyle M.

7/9 Gloria B.

7/24 Cyndy A.

7/25 Dominique C.

7/31 Winnie D.

Alpine Way

July 2025

Alpine Way | 900 W. Alpine Way, Shelton, WA 98584 | 360-426-2600 |



Meet Our Team!

Executive Director

Trudy Hunter

TrudyH@Cascadeliving.com

Interim Wellness Director

Laura Stevens

LauraS@cascadeliving.com

Assistant Wellness Director

Tracy Schueller

TracyS@Cascadeliving.com

Interim Assistant Wellness Director

Savannah Thomas

SavannahT@Cascadeliving.com

Marketing Director

Cyndy Armitage

CyndyA@cascadeliving.com

Community Relations Director

Brenda Lehman

BrendaL@cascadeliving.com

Business Office Manager

Maria Poulos

MariaP@cascadeliving.com

Life Enrichment Director

Kara Parker

KaraP@cascadeliving.com

Environmental Director

Travis Wagner

TravisW@cascadeliving.com

Plant Operations Director

Rod Davis

RodD@cascadeliving.com

The Fourth of July – Independence Day

The official, legal separation from England actually occurred on July 2, 1776, when the Second Continental Congress approved Virginia representative Richard Henry Lee's resolution to declare the United States a free and independent nation. But the Declaration of Independence was not finalized and signed until two days later, on July 4, 1776, the date Americans have been celebrating ever since.

Beginning in 1777, the Continental Army garrison in Bristol, Rhode Island, fired a 13-gun salute, one shot for each of the colonies, at dawn and again at dusk. In Philadelphia, home of the Continental Congress, a formal dinner was served, with speeches, parades, troop reviews and gun salutes, festive music, solemn prayers, and fireworks.

A year later, General George Washington celebrated with his men near New Brunswick, New Jersey, by giving each a double ration of rum. And John Adams and Benjamin Franklin, ambassadors to France, enjoyed a lively dinner with fellow Americans in Paris.

Massachusetts became the first state to officially recognize July 4 as a state holiday in 1781. But nobody called it Independence Day until 1791. And it took more than 100 years before the United States Congress made it a holiday—unpaid—for federal workers. In 1938, Congress voted to make the Fourth of July an official paid holiday for federal employees.



ALPINE WAY
PRESENTS

PIE EATING CONTEST

Friday July 4th @ 3pm
100 Hall Patio

Please RSVP at the Front Desk!

Made with PosterMyWall.com



B.Y.O.T BRING YOUR OWN TOWEL

WATER DAY PARTY

DELICIOUS FOOD, FUN & GREAT COMPANY!



DUCK DERBY PRIZES

B.B.Q. LUNCH
COLD BEVERAGES
GIANT ICE CREAM SUNDAE

MUSIC • GAMES
MEGA WATER SLIDE
PHOTO BOOTH • RAFFLE

FRIDAY
11 TO 3 PM
JULY 11, 2025

Alpine Way
Continuing Care Community

RSVP 360-426-2600
900 W. ALPINE WAY, SHELTON, WA 98584

Laundry Updates:

When using the laundry service that Alpine Way offers, please make sure all your clothes are clearly labeled so that they can be returned to you. The best labeling method is using the first initial of the first name followed by the last name. If you have items that were sent to the laundry room and haven't made their way back, please check the lost & found cart. This cart is located right outside of the laundry room. Also, Alpine Way does NOT take any clothing donations. Any further questions can be answered by the housekeeping manager Travis Wagner. Thank you.

Good Friends Make Good Neighbors Program

From our elegantly appointed interior and beautifully maintained grounds to the exceptional healthcare programs and services provided by our professional staff, residents who introduce Cascade Living Group's Living Well philosophy to their friends or family members could receive credit(s) applied toward their rent.

How It Works

When a resident or family member refers a new potential resident* to a Cascade Living Group community and that person moves in for at least 90 days, the referring resident will receive a \$4,000 credit applied to their base rent.

**In order to qualify as a new potential resident, the person being referred must not already be on our contact list. To make a referral and to ensure you receive proper credit for making the introduction, please provide your name and the name of your friend or family member to our Executive Director or Director of Sales and Marketing prior to the inquiry or tour.*

Alpine Way
Continuing Care Community
The Difference Between Living and Living Well

For more information, please call
360-426-2600
900 W. Alpine Way | Shelton, WA 98584
www.AlpineWayLiving.com



MOBILITY CARES
EYE CARE CLINIC



**ON AUGUST 19TH WE WILL BE HAVING
MOBILITY CARES COMING TO OUR FACILITY
AND OFFERING MOBILE EYE CARE.
EXAMS ARE COVERED 100% BY INSURANCE.**

We would like residents who are interested in using this service to please sign up at the front desk.