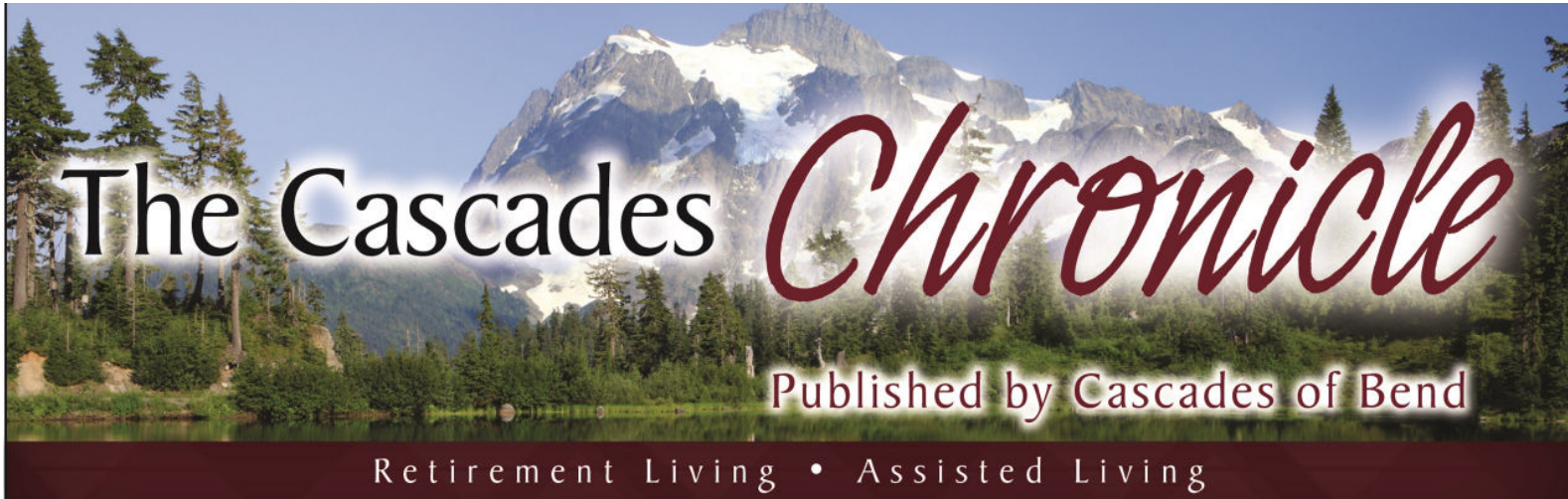




Management Team

- Crystal Brokaw** - Executive Director
- Misty Nicholas-Liceaga**– Associate Executive Director
- Julie Gibbons RN**– Community Wellness Director
- Lisa Paslechnik**- Associate Wellness Director
- Jessica Metzger**– Resident Care Coordinator
- Jennie Johnson**– Memory Care Resident Care Coordinator
- Kari Hutchison**- Director Of Sales And Marketing
- Lisa Davis**- Community Relations Director
- Kelly Graves**– Senior Life Enrichment Director
- Beverley Lakey**– Business Office Manager
- KC Munford**- Dining Services Director
- Tim Dilworth**- Plant Operations Director



Bombs Bursting in Air

*Celebrating
July*

World Watercolor Month

Parks & Recreation Month

Canada Day
July 1

Tour de France Begins
July 1

Independence Day (U.S.)
July 4

Ventriloquism Week
July 13–16

Bastille Day: France
July 14

Ice Cream Day
July 17

Day of the Cowboy
July 23

**International Day of Friend-
ship**
July 30

It is common on July summer nights to hear the far-off crackle and boom of fireworks, but no holiday boasts a more grandiose display of fireworks than America’s Independence Day celebrations on July 4.

Setting off fireworks to celebrate Independence Day is a tradition that dates all the way back to America’s Declaration of Independence in 1776. On July 1 of that year, the Continental Congress convened in Philadelphia to debate whether the colonies should declare independence from Britain. In the midst of their debate, news suddenly arrived that British ships had entered New York Harbor. The delegates’ sense of urgency increased, and on July 2 they voted in favor of independence.

John Adams, representative of Massachusetts, sensed the significance of the decision. He wrote to his wife, Abigail: “The Second Day of July 1776, will be the most memorable Epocha, in the History of America... It ought to be solemnized with Pomp and Parade, with Shews, Games, Sports, Guns, Bells, Bonfires and Illuminations from one End of this Con- tinent to the other.” Adams may have been off by two days, but his vi- sion of future Independence Day celebrations was spot on. Cities would commemorate the day just as Adams had predicted. In Philadelphia on July 4, 1777, a cannon was fired 13 times to honor the 13 original colonies, and 13 fireworks were shot into the air.

Those early fireworks looked very different from those we enjoy today. Many offered nothing more than a fountain of monochromatic sparks or a loud explosion. It wasn’t until the 1830s that Italian inventors added metal salts like strontium and barium to the incendiary mixtures, finally giving fireworks a palette of color. At last, crowds could “Ooh!” and “Ahh!” as the night sky was lit up in glittering shades of red, white, and blue. Other innovations in fireworks are on the way. Quiet fireworks, those without the loud explosions, have been tested in Europe. There are even daytime fireworks with vivid colors that stand out against a sunlit sky.



July Fourth Word Search

R	D	H	X	M	S	H	J	G	A	U	N	Z	P	V
I	M	O	D	E	E	R	F	U	M	D	O	W	L	Z
G	H	J	T	S	K	R	O	W	E	R	I	F	Q	W
H	O	A	M	S	E	X	U	Y	R	E	T	P	K	Q
T	T	A	C	Y	C	N	R	I	I	V	A	E	H	J
S	D	E	I	B	N	O	T	L	C	O	R	V	N	X
A	O	Y	D	A	E	S	H	U	A	L	A	J	K	N
E	G	T	T	R	D	R	C	C	J	U	L	Y	J	H
X	S	I	M	B	N	E	Q	O	N	T	C	T	P	G
V	O	L	V	E	E	F	Z	I	L	I	E	R	A	E
N	F	A	D	C	P	F	T	E	D	O	D	E	R	K
Q	Z	U	P	U	E	E	T	Y	S	N	N	B	A	I
D	X	Q	R	E	D	J	X	J	W	R	I	I	D	A
S	S	E	R	G	N	O	C	P	S	F	J	L	E	M
X	W	P	T	H	I	R	T	E	E	N	U	F	K	S



- | | | |
|-------------|--------------|------------|
| ADAMS | FOURTH | NATION |
| AMERICA | FREEDOM | PARADE |
| BARBECUE | HOTDOGS | REVOLUTION |
| COLONIES | INDEPENDENCE | RIGHTS |
| CONGRESS | JEFFERSON | STATES |
| DECLARATION | JULY | THIRTEEN |
| EQUALITY | LIBERTY | UNITED |
| FIREWORKS | | |

Hardscrabble Life

From July 15–19, Las Vegas, Nevada, will host one of the most consequential and cutthroat competitions in the world: the 2023 Scrabble Players Championship. The competition is so stiff that Scrabble enthusiasts declare the entire week Scrabble Week.

Anyone who has played Scrabble with a serious player knows how frustrating it can be. After all, many words are allowed in the game that we don't use in common language. This is where the Official Scrabble Players Dictionary comes in. This dictionary is loaded with words players can use during play, even little-known words like *atemoya*, a "Central and South American fruit," and *sthenia*, "a condition of abnormal strength or vitality," to name a couple. For years, it was even legal to play terms that are offensive, such as racial slurs and profanity. As recently as 2021, a list of banned words was released, an act that some players lauded as morally just and others decried as ruining the game.

Quote of the Month

"If it wasn't hard, everyone would do it. It's the hard that makes it great."

~ Tom Hanks

Resident Birthdays

- | | |
|---------------|---------------|
| Yvonne K. 7/1 | Mike N. 7/25 |
| Helen B. 7/6 | Terry H. 7/30 |
| Kikue R. 7/13 | Sandy J. 7/31 |

July Horoscopes & Famous Birthdays

In astrology, those born July 1–22 are Cancer's Crabs. Crabs like to retreat into their "shells" and enjoy being surrounded by loved ones at home. They nurture deep relationships and become loyal friends. Those born July 23–31 are Leo's Lions. These "kings of the savanna" are natural-born leaders, full of creativity, confidence, and charisma. Leos use their generosity and sense of humor to unite different groups into a common cause.

- Carl Lewis (Olympian) – July 1, 1961
- Richard Petty (racing driver) – July 2, 1937
- Anjelica Huston (actress) – July 8, 1951
- Mavis Staples (singer) – July 10, 1939
- Richard Simmons (fitness guru) – July 12, 1948
- Nelson Mandela (political leader) – July 18, 1918
- Robin Williams (actor) – July 21, 1952
- Sandra Bullock (actress) – July 26, 1964
- Laurence Fishburne (actor) – July 30, 1961

4th of July Fun Fact

The first fireworks were used as early as 200 BC. The tradition of setting off fireworks on the 4 of July began in Philadelphia on July 4, 1777, during the first organized celebration of Independence Day. Ship's cannon fired a 13-gun salute in honor of the 13 colonies.

The *Pennsylvania Evening Post* reported: "at night there was a grand exhibition of fireworks (which began and concluded with thirteen rockets) on the Commons, and the city was beautifully illuminated." That same night, the Sons of Liberty set off fireworks over Boston Common.