




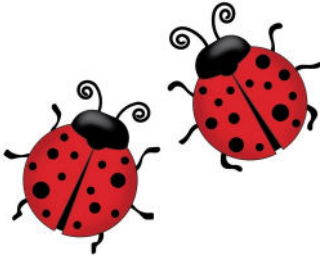


# July- Calendar of Pleasant Events - The Lodge - Cascades of the Sierra - 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Abbreviations Key:</u></p> <p><b>ARS-</b> Aerobic Studio</p> <p><b>AS-</b> Art Studio</p> <p><b>CC-</b> Conference Center</p> <p><b>FC-</b> Fireside Club</p> <p><b>GR-</b> Great Room</p> <p><b>LN-</b> Living Room North</p> <p><b>LS-</b> Living Room South</p> <p><b>SC-</b> Sundance Cinema</p>		<p><b>1</b></p> <p>9:30 Morning Walk</p> <p>10:00 Daily Chronicles</p> <p>10:15 Color Activity</p> <p>1:00 Short Stories</p> <p>1:30 Live Karaoke!</p> <p>2:00 BINGO!</p> <p>3:00 Balloon Circle</p> <p>4:15 Aroma Therapy</p>	<p><b>2</b></p> <p>9:15 A Visit w/ Yuki</p> <p>10:00 Daily Chronicles</p> <p>10:15 Beanbag toss</p> <p>1:00 Gardening Club</p> <p>2:00 Word Scramble</p> <p>3:00 Finish the Phrase</p> <p>4:15 Aroma Therapy</p> <p>6:00 Animal Documentary</p>	<p><b>3</b></p> <p>9:30 Staying Strong w/ Alan</p> <p>10:00 Daily News</p> <p>10:30 Catholic Communion</p> <p>10:30 BINGO!</p> <p>1:00 Card Games and Puzzles</p> <p>2:00 Golf</p> <p>3:00 Trivia Time</p> <p>4:15 Aroma Therapy</p>	<p><b>4 Independence Day</b></p> <p>9:30 Morning Walk</p> <p>10:00 Daily News</p> <p>10:30 Culinary Creations</p> <p>1:00 Trivia Time</p> <p>1:30 4th of July Craft</p> <p>2:00 Afternoon Movie</p> <p>4:15 Aroma Therapy</p> 	<p><b>5</b></p> <p>9:30 Let’s Exercise!</p> <p>10:00 Current Events</p> <p>10:15 BINGO!</p> <p>1:00 Short Stories</p> <p><b>2:00 The Encore Band– FC</b></p> <p>3:15 Artistic Corner</p> <p>4:15 Aroma Therapy</p> <p>6:00 Table Games and Puzzles</p>
<p><b>6</b></p> <p>9:30 Morning Stretch</p> <p>10:00 Sunday Services</p> <p>10:30 Card Games</p> <p>1:00 Color by Numbers</p> <p>2:00 Animal Documentary</p> <p>3:00 Puzzle Time</p> <p>4:15 Aroma Therapy</p>	<p><b>7</b></p> <p>9:30 Morning Walk</p> <p>10:00 Morning News</p> <p>10:15 BINGO!</p> <p>1:00 Let’s Dance!</p> <p>2:00 Balloon Noodle</p> <p>3:00 Card Games and Puzzles</p> <p>4:15 Aroma Therapy</p> <p>6:00 Table Games and Puzzles</p>	<p><b>8</b></p> <p>9:30 Morning Walk</p> <p>10:00 Daily News</p> <p>10:30 Art Time</p> <p>1:00 Gardening Club</p> <p>2:00 Things Game</p> <p>3:00 Balloon Circle</p> <p>4:15 Aroma Therapy</p> <p>6:00 Caregiver’s Choice</p>	<p><b>9</b></p> <p>9:15 A Visit w/ Yuki</p> <p>10:00 Current Events</p> <p>10:15 BINGO!</p> <p>1:00 Balloon Circle</p> <p>2:00 Reminiscing</p> <p>3:00 Documentary Film</p> <p>4:15 Aroma Therapy</p> <p>6:00 Table Games and Puzzles</p>	<p><b>10</b></p> <p>9:30 Staying Strong w/ Alan</p> <p>10:00 Daily News</p> <p>10:30 Catholic Communion</p> <p>10:30 Memory joggers</p> <p>1:00 Bowling</p> <p>2:00 Namaste Nail Care w/ Victoria</p> <p>3:00 Balloon Circle</p> <p>4:15 Aroma Therapy</p>	<p><b>11</b></p> <p>9:30 Morning Walk</p> <p>10:00 Current News</p> <p>10:30 Memory Joggers</p> <p>1:00 Gardening Club</p> <p>2:00 The Faces Game</p> <p>3:00 Puzzle Time</p> <p>4:15 Aroma Therapy</p> <p>6:00 Lucky Dog CH 3512</p>	<p><b>12</b></p> <p>9:30 Strength and Stretch</p> <p>10:00 Daily News</p> <p>10:15 BINGO!</p> <p>1:00 Short Stories</p> <p><b>2:00 Music w/ Sandee</b></p> <p>3:15 Trivia Time</p> <p>4:15 Aroma Therapy</p> <p>6:00 Table Games and Puzzles</p>
<p><b>13</b></p> <p>9:30 Chair Yoga</p> <p>10:00 Sunday Services</p> <p>10:45 Finish the Phrase</p> <p>1:00 Coloring to Music</p> <p>2:00 Chicken Soup for the Soul</p> <p>3:00 Sing Along w/ Suzie Q</p> <p>4:15 Aroma Therapy</p>	<p><b>14</b></p> <p>9:30 Morning Walk</p> <p>10:00 Daily Chronicles</p> <p>10:15 Beanbag Toss</p> <p>1:00 Short Stories</p> <p>2:00 BINGO!</p> <p>3:00 Go Fish!</p> <p>4:15 Aroma Therapy</p> <p>6:00 Family Feud CH 11</p>	<p><b>15</b></p> <p>9:30 Morning Walk</p> <p>10:00 Daily News</p> <p>1:00 Gardening Club</p> <p>2:00 Namaste Nail Care w/ Victoria</p> <p>3:00 Puzzle Time</p> <p>4:15 Aroma Therapy</p> <p>6:00 Caregiver’s Choice</p>	<p><b>The Lodge</b></p>  		<p><u><b>July Birthdays</b></u></p> <p><b>7/2 Pam R.</b></p> <p><b>7/15 Sharon B.</b></p>	

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July - Calendar of Pleasant Events - The Lodge - Cascades of the Sierra - 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>The Lodge</div>			<b>16</b> 9:30 A Visit w/ Yuki 10:00 Daily News 10:30 BINGO! 1:00 Short Stories <b>2:00 Music w/ John Rand– FC</b> 3:00 Table games and Puzzles 4:15 Aroma Therapy 6:00 Animal Documentary	<b>17</b> 9:30 Staying Strong w/ Alan 10:00 Daily Chronicles 10:30 Catholic Communion 10:30 Memory Joggers 1:00 Go Fish! 2:00 BINGO! 3:00 Armchair Traveler 4:15 Aroma Therapy	<b>18</b> 9:30 Morning Walk 10:00 Daily News 10:30 Jokes and Riddles 1:00 Short Stories 1:30 Golf 2:00 Namaste Nail Care w/ Victoria 3:00 Animal Documentary 4:15 Aroma Therapy	<b>19</b> 9:30 Natural Stretch 10:00 Daily Chronicles 10:30 BINGO! 1:00 Poetry Corner <b>2:00 The Bluegrass Association–FC</b> 3:00 Creative Expressions 4:15 Aroma Therapy 6:00 Evening Movie
<b>20</b> 9:30 Morning Stretch 10:00 Sunday Services 10:45 Finish the Phrase 1:00 Coloring to Music 2:00 Chicken Soup for the Soul 3:00 Sing Along w/ Suzie Q 4:15 Aroma Therapy	<b>21</b> 9:30 Morning Walk 10:15 Daily News 10:30 BINGO! 1:00 Word Scramble 2:00 Beanbag Toss 3:00 Carol Burnett Show 4:15 Aroma Therapy 6:00 Table Games and Puzzles	<b>22</b> 9:30 Morning Walk 10:00 Current Events 10:30 Artistic Expressions 1:30 Gardening Club 2:00 The Things Game 3:00 Afternoon Movie 4:15 Aroma Therapy 6:00 Table Games and Puzzles	<b>23</b> 9:15 A Visit w/ Yuki 10:00 Current Events 10:15 BINGO! 1:00 Finish the Phrase <b>2:00 Music w/ John Palmore– FC</b> 3:00 Table Games and Puzzles 4:15 Aroma Therapy 6:00 Evening Movie	<b>24</b> 9:30 Staying Strong w/ Alan 10:00 Daily Chronicles 10:30 Catholic Communion 10:30 Namaste Nail care w/ Victoria 1:30 Scenic Drive 2:30 Memory Joggers 3:00 Noodle Ball 4:15 Aroma Therapy	<b>25</b> 9:30 Morning Walk 10:00 Friday Updates 10:30 Culinary Creations 1:00 Balloon Circle <b>2:00 July Birthday Party w/ Music by The McCollum Duo</b> 3:00 Art Appreciation 4:15 Aroma Therapy	<b>26</b> 9:30 Strength and Stretch 10:00 Daily News 10:15 BINGO! 2:00 Beanbag Toss 3:15 Trivia Time 4:15 Aroma Therapy <b>4:30 Family Pizza Night</b> 6:00 Table Games and Puzzles
<b>27</b> 9:30 Sit and Stretch 10:00 Sunday Services 10:15 Noodle Ball 1:00 Color to Music 2:00 Table Games and Puzzles 3:00 BINGO! 4:15 Aroma Therapy	<b>28</b> 9:30 Morning Walk 10:00 Morning News 10:15 Reminiscing 1:00 Jokes and riddles 2:00 Namaste nail Care w/ Susie 3:00 Balloon Noodle 4:15 Aroma Therapy 6:00 Table Games and Puzzles	<b>29</b> 9:30 Morning Walk 10:00 Daily News 10:15 Getting Crafty 1:00 Gardening club 2:00 Bingo! 3:00 Trivia Time 4:15 Aroma Therapy 6:00 Little House on the Prairie CH 1435	<b>30</b> 9:15 A Visit w/ Yuki 10:00 Daily Chronicles 10:15 Beanbag toss 1:00 Creativity Corner <b>2:00 Music w/ Jacques</b> 3:00 Finish the Phrase 4:15 Aroma Therapy 6:00 Animal Documentary	<b>31</b> 9:30 Staying Strong w/ Alan 10:00 Daily News 10:30 Catholic Communion 10:30 Golf 1:00 Card Games and Puzzles 2:00 BINGO! 3:00 Trivia Time 4:15 Aroma Therapy	<b>July Birthdays</b> <b>7/2 Pam R.</b> <b>7/15 Sharon B.</b>	<b>Abbreviations Key:</b> <b>ARS- Aerobic Studio</b> <b>AS- Art Studio</b> <b>CC- Conference Center</b> <b>FC- Fireside Club</b> <b>GR- Great Room</b> <b>LN- Living Room North</b> <b>LS- Living Room South</b> <b>SC- Sundance Cinema</b>

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