Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jul		10:30AM Rise and Reflect (AR 10:45AM Daily Chronicles (AR) 11:00AM Dominoes 1:30PM One on One Visit 2:30PM Crafting Corner: Clothespin Stars (DR) 4:00PM Weighted Workout (AR) 6:00PM Movie Night (FR)	Medical Transportation Day 10:00AM Bible Study (DR) 10:30AM Morning News Chat 10:45AM Daily Chronicles (AR) 11:00 AM SteelFeathers Fitness w/ Kathy (AR) 1:30PM Technology Support 2:30PM Crown 5 Card Game (DR 6:00PM Movie Night (FR) Wildland Firefighter Day	Medical Transportation Day 10:45AM Daily Chronicles (AR) 11:00AM Shut the Box 1:30PM One on One Visit 1:30PM Food Committee Meeting (DR) 2:30PM Resident Meeting (DR) 4:00PM Upper Body Workout 6:00PM Movie Night (AR)	10:00AM Inclusive Worship (DR) 10:45AM Daily Chronicles (AR 10:00AM Fred Meyers Trip 11:00 AM SteelFeathers Fitness w/ Kathy (AR) 12:00PM 4th of July BBQ Celebration 2:30PM Around the World: Wonders of New Zealand (DR) 3:00PM Nail Glam (AR) Independence Day (U.S.)	10:30AM Morning News Chat 10:45AM Daily Chronicles (AR Kathy (AR) 2:00PM Read Along Book Club: "Little Women" 3:00PM BINGO (DR) 4:00PM Patio Stretching (P) 6:00PM Saturday Night Movie National Play Outside Day
9AM-10AM Online Church 6	10:45AM Daily Chronicle (AR) 7	8	Medical Transportation Day Q	Medical Transportation Day 1 (10:00AM Inclusive Worship (DR)	10:30AM Rise and Reflect (AR12
10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Movie Matinee: "Nowhere Special" (FR) 4:00PM Catch Phrase (AR)	11:00AM Shut the Box (AR) 2:00PM Jigsaw Puzzle (AR) 4:00PM Color Me Calm (AR) 6:00PM Monday Movie (FR)	10:30AM Coffee & Conversation 10:45AM Daily Chronicles (AR 11:30AM Baking Club: Low Sugar Watermelon Ice Cream 1:30PM Technology Support	10:00AM Bible Study (DR) 10:45AM Daily Chronicles 11:00AM SteelFeathers Fitness w/ Kathy (AR) 1:30PM One on One Visit	10:30AM Morning Meditation 10:45AM Daily Chronicles (AR 11:00AM July Trivia (AR) 2:30PM History of Napoleon Bonaparte (DR)	10:45AM Daily Chronicles (AR 11:00AM SteelFeathers Fitness w/ Kathy (AR) 130PM Activity Planning Meeting	10:45AM Daily Chronicles 11:00 AM Pet Therapy w/ Walter the Golden Retriever (AR) 2:00PM Read Along Book Club: "Little Women"
6:00PM Movie Night (FR) *Independent activities are available in the Activity Room	*Independent activities are available in the Activity Room National Macaroni Day	2:30PM Crown 5 Card Game (DR 4:00PM Chair Cardio (AR) 6:00PM Staff Pick Movie (FR) National Cow Appreciation Day	2:30PM Performance by: Dan Schlesinger (New) 3:30PM Crossword Collab (AR) 6:00PM After Dinner Movie FR	3:30PM Tabletop Targets 4:00PM Seated Cardio (AR) 6:00PM Netflix Movie Night National Kitten Day	2:30PM Nail Glam (AR) 4:00PM Dinner & Drinks @ River Roadhouse (FL) 6:00PM Movie Night (FR)	3:00PM BINGO (DR) 4:00PM Zumba Workout 6:00PM Saturday Night Movie National Simplicity Day
9AM-10AM Online Church 13 10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Movie Matinee: "Ticket to Paradise" 4:00PM Color Me Calm (AR) 6:00PM Sunday Night Movie *Independent activities are		• • • • • • • • • • • • • • • • • • • •	Medical Transportation Day 16 10:00AM Bible Study (DR) 10:30AM Rise and Reflect (AR) 10:45AM Daily Chronicle (AR) 11:00 AM SteelFeathers Fitness w/ Kathy (AR) 1:30PM One on One Visit 2:30PM Yahtzee (DR) 6:00PM After Dinner Movie FR	-	10:00AM Inclusive Worship (DR) 10:45AM Daily Chronicles (AR 11:00AM Visit the Oregon Historical Society Museum (FL) 11:00 AM SteelFeathers Fitness w/ Kathy (AR) 1:30PM Technology Support 2:30PM The Name Game (AR) 3:30PM Nail Glam (AR)	10:30AM Rise and Reflect (AR19 10:45AM Daily Chronicle 11:00 AM Shuffleboard (AR) 2:00PM Read Along Book Club: "Little Women" 3:00PM BINGO (DR) 4:00PM Zen Yoga 6:00PM Saturday Night Movie
available in the Activity Room	National Tape Measure Day	National Gummy Worm Day	National Hot Dog Day	National Yellow Pig Day	6:00PM Movie Night (FR)	National Play Day
9AM-10AM Online Church 10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Movie Matinee: "Are You There God? It's Me Margaret" (FR) 3:30PMColor Me Calm (AR) 6:00PM Movie Night (FR) *Independent activities are available in the Activity Room	10:45AM Daily Chronicle (AR) 21 11:00AM Shut the Box (AR) 2:00PM Catch Phrase (AR) 3:00PM Color Me Calm (AR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room National Junk Food Day	10:30AM Morning Meditation 10:45AM Daily Chronicles (AR 1:30PM Technology Support 2:30PM Crafting Corner: Seashell Art (DR) 3:30PM Crossword Collaboration 4:00PM Weighted Workout (AR) 6:00PM After Dinner Movie (FR) National Mango Day	Medical Transportation Day 10:00AM Bible Study (DR)) 10:30AM Current Events 10:45AM Daily Chronicles (AR) 11:00 AM SteelFeathers Fitness w/ Kathy (AR)		10:00AM Inclusive Worship (DC) 10:00AM Shopping at Red, White, Blue Thrift Store 10:45AM Daily Chronicles (AR) 11:00 AM SteelFeathers Fitness w/ Kathy (AR) 2:30PM Wii Bowling 3:00PM Nail Glam (AR) 6:00PM Friday Night Movie (FR) National Hot Fudge Sundae Day	10:30AM Morning Discussions 6 10:45AM Daily Chronicles (AR 11:00 AM Pet Therapy w/ Walter the Golden Retriever (AR) 1:30PM One on One Visit 2:00PM Read Along Book: Club "Little Women" 3:00PM BINGO (DR) 4:00PM Weighted Workout 6:00PM Saturday Night Movie
9AM-10AM Online Church 27	10:45AM Daily Chronicle (AR) 28	<u> </u>			National Flot Fudge Sundae Day	
10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Movie Matinee: "Dirty Dancing" (FR) 3:30PM Dominoes (AR) 6:00PM Color Me Calm (AR) *Independent activities are available in the Activity Room	11:00AM Shut the Box (AR) 2:00PM Uno Card Game (AR) 3:00PM Color Me Calm (AR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room	10:30AM Good Morning Chat 29 10:45AM Daily Chronicles (AR 11:00AM Uno Card Game (AR) 1:30PM Technology Support 2:30PM Crown 5 Card Game (DR 3:30PM Crossword Collaboration 4:00PM Seated Cardio (DR) 6:00PM Netflix Movie Night (FR)	10:00AM Bible Study (DR)) 10:45AM Daily Chronicles (AR) 11:00 AM SteelFeathers Fitness w/ Kathy (AR) 1:30PM One on One Visit 2:30PM July Birthday Celebration w/ Noel & Dana (Song Memories) (DR) 6:00PM Resident Choice Movie	10:30AM Coffee & Conversation 10:45AM Daily Chronicles (AR 11:00AM Catch Phrase (AR) 1:30PM Technology Support 2:30PM Fruit Smoothies (AR) 4:00PM Upper Body Workout (DR 6:00PM Movie Night (FR)	Deerfie Assisted	ld Village Living
	National Milk Chocolate Day	National Lasagna Day		National Mutt Day		
All Activities are subject to cha	ange. See Daily Activity board fo	r undates	D	eerfield Village Assisted Liv	ingl 5770 SF Kellogg Creek	Drive I 503-653-4064