



2025

Calendar & Newsletter

Independent Living* *Assisted Living* *Memory Care

MEET THE VILLAGE



Management Team

Alexander Ben-Israel
(Senior Executive Director – IL)

Tim Robitz
(Business Office Manager – IL)

Amy Smith
(Executive Director – AL)

Sharon Evans
(Business Office Manager – AL& MC)

Joy Coonrod-Anderson
(Executive Director – MC)

Director of Sales & Marketing

Ember Nordhaus

Plant Operations Director

Eric Zahler

Life Enrichment Coordinators

Anessa Burtner – IL
Hope Gettys – AL
Dolly Mahurien – MC

Dining Services Directors

Chris Ford – IL
Jay Harrison – AL
Alexandria Cruz – MC



Estelita “Stella” Becerra

Stella Becerra, originally from Modesto, California, moved to Oregon in 2017. She started working at Cascade in December 2018 and has been part of the team ever since. She’s a proud mom of five daughters—three of whom also work at Cascade, which makes work feel a little more like home.

Stella enjoys spending time with her kids, especially when they’re out fishing, camping, or just enjoying the outdoors together. She also makes time to visit her family back in California whenever she can. One of her biggest dreams is to travel the world someday and see what’s out there beyond the usual day-to-day.

We love Stella!

Toni Gonzalez



Toni was born in Guatemala and came to the United States when she was just five years old. She was placed in kindergarten without knowing a word of English—but that didn’t stop her. Over time, she became fluent in both Spanish and English and eventually built a career as a bilingual secretary and translator. While living in Chula Vista, California, Toni loved working from home, translating documents at her own pace and enjoying the freedom to take breaks whenever she needed, as long as the job got done.

Toni grew up in a lively household filled with cousins. Raised by her mother and grandmother alongside her siblings, family has always been the center of her world. She later raised three children of her own—two girls and her youngest, a boy.

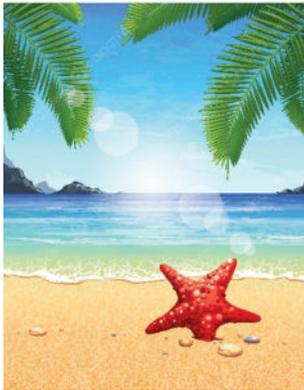
Now retired, Toni lives at The Village with her beloved 13-year-old Pomeranian, Zoe, who still has the playful energy of a puppy. From the moment she met Zoe, it was love at first sight. These days, Toni enjoys reading, spending time on her computer, and joining in on Bingo and Farkle with her fellow residents.

Her warmth, sharp wit, and easygoing spirit make her a cherished part of the community.

WELCOME NEW RESIDENTS!!!

Spring Meadow (IL)

- ◆ Ray B.
- ◆ Lisa M.
- ◆ Jim T.



The Village (AL)

- ◆ Nada K.
- ◆ Nick S.

The Pointe (MC)

- ◆ Sue K.
- ◆ Cheryl R.
- ◆ Terry W.
- ◆ David E.

JULY BIRTHDAYS

Happy Birthday

To YOU



THE SPRINGS

Dennis L. 7/1
Carol O. 7/5
Kathy S. 7/7
Bernie B. 7/8
Hannah S. 7/12
Ray B. 7/13
Wilma A. 7/13
Anne W. 7/14
Colombe L. 7/17
Ray S. 7/17
Harvey D. 7/19
Julie I. 7/19
Arlene M. 7/28
Michael C. 7/31

THE VILLAGE

Julianna L. 7/10
Charles A. 7/15
Edmund R. 7/15

THE POINTE

Tom K. 7/5
Floyd S. 7/23
Donna C. 7/28





Buildings Guide
Spring Meadow IL=Independent Living
The Village AL=Assisted Living
The Pointe MC=Memory Care



July Newsletter

With the very generous donations from Bob Fulmer and his time, detail and determination in making the walkways level and free of rocks has been inspirational!

Scott from Three Rivers Landscape used his bobcat to bring in the decomposed granite which kept things moving forward. Thank you!

Be inspired! Visit our garden. It is now new and improved and waiting for your arrival!!

Thank you for your patience during this process and from here on we look forward to many pleasant activities and opportunities for everyone from all three buildings to enjoy.

The next Big project planned is to replace the wooden vegetable beds with raised block beds. This will be in the fall/winter 2026. We will be accepting donations of any amount towards this project. Thank you for your continued support.

Thanks to Norm the birds have been enjoying the food in the feeders. With water and shelter around the garden, it's fun to watch all the activity. Bring your paper and pencil, or watercolor paints and capture the moment like Joe did!

The flower beds will be getting some added color soon. Dalias in pink, yellow and multicolor varieties.

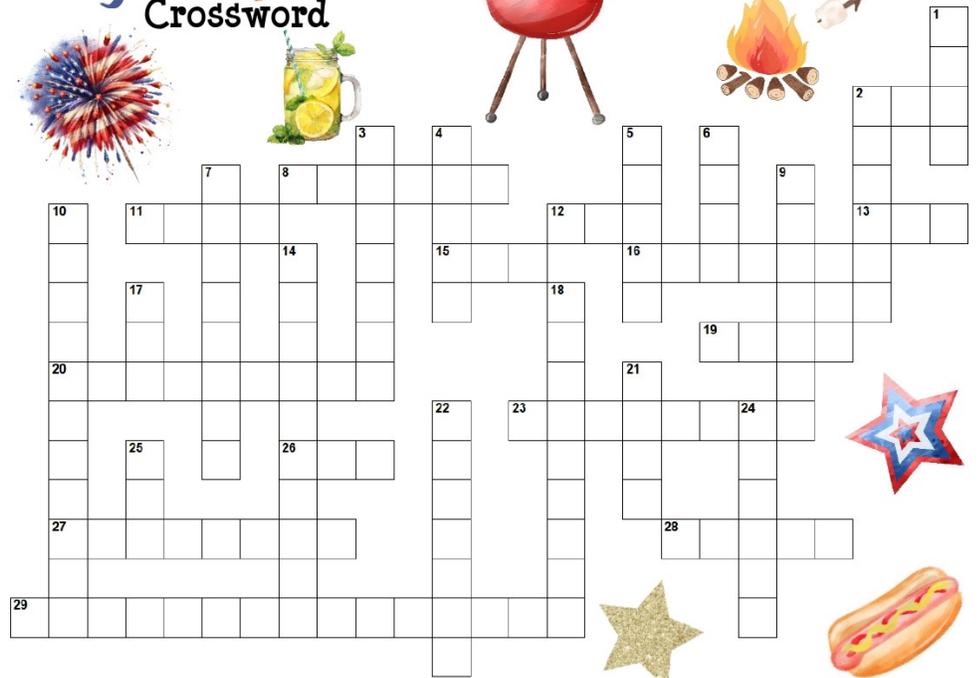
Join us in our community garden!

Katherine





July Crossword



Across

- 2. Big ball of fire in the sky
- 8. Delicious frozen summer treat
- 11. Patriotic symbol
- 12. Hot drink
- 13. Used to catch fish
- 15. Boat ride tool
- 16. Outdoor nighttime activity with a sleeping bag
- 19. July birthstone
- 20. Outdoor game with birdie
- 23. Refreshing summer drink
- 26. Hot dog holder
- 27. Cold treat on a hot day
- 28. Outdoor cooking equipment
- 29. Patriotic holiday

Down

- 1. Camping home
- 2. Backyard play structure
- 3. Seasonal outdoor movie event
- 4. Summer fruit
- 5. Sweet summer fruit
- 6. Sound of fireworks
- 7. Place for roasting marshmallows
- 9. Popular outdoor game with a flying disc
- 10. Fireworks display
- 14. Four-wheeled fun
- 17. American flag color
- 18. July's birth flower
- 21. Swimming place
- 22. Summer insect known for its chirping
- 24. Activity involving jumping into water
- 25. Traditional summer dessert with crust and fruit filling



Happening Out in the Community

- 1.) Open Heart for Everyone *Sundays* 3:00pm-4:00pm
129 NW E St.
- 2.) *July 24th* Luau starting at 4:00pm, Spring Meadow
- 3.) 30th annual Fabulous 50's Charity Car Show *25th-27th*
Fri: Growers Market on F st between 6th & 7th 7:00am-2:00pm
Fri: Jimmy's Classic Drive-In on 515 NE E St. 5:00pm-9:00pm
Sat: Fairgrounds 9:00am-2:00pm
Sun: Handlebars Show 1831 NE 6th St. 1:00pm-4:00pm