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Heritage Springs
Assisted Living Memory Care

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#### Heritage Springs

### The Heritage Springs Gazette

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Articles are from Activity Connection

July 2025 Issue



# **Barbara Jorgensen Marjorie Kaltenbach**

From your friends at







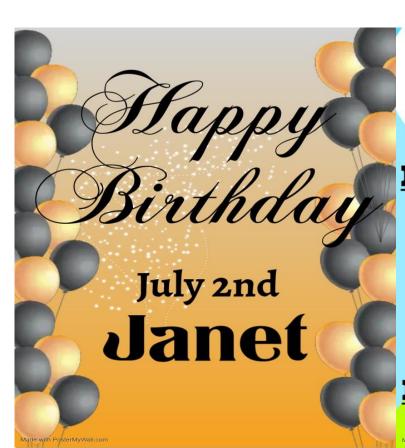
July is the seventh month of the year in the Julian and Gregorian calendars. It falls in the middle of summer and is usually the hottest month of the year in the northern hemisphere. In the ancient Roman calendar, which began the year with March, July was the fifth month,

known as

Quintilis. When January and February were added to the calendar, Roman Emperor Augustus changed the name to Julius in



The Difference Between Living and Living Well



#### JULY 2025 OUTING LINE UP

July 4th

**Red Robin Burger** 

July 11th

Rampart Casino

Wild Fig Smokehouse

July 25th **Buldogis Hot Dogs** 

Sign Up at the Front Desk

## This Month's Upcoming Events





#### **BUS SCHEDULE**

Sign up at the Front Desk.
A \$45 charge for a transportation request and also when a staff is needed at an appointment.

Doctor Appointment Days are every Mondays, Wednesdays and Thursdays from 9:00am to 2:00pm

Scheduled Shopping Days are every Tuesdays and Fridays (Please See our Activity Calendar)



Join us for our monthly
RESIDENT COUNCIL MEETING
and Food For Thought
with Chef Celeste
Second Wednesdays
at 10:00 am
at the Second Floor Commons



#### Photos from our Sweet Summertime Event - June 25th, 2025















#### Kathy's Hair Cottage call (702) 326-2260

Shampoo only	\$10
Men's Shampoo & Haircut	.\$22
Women's Shampoo & Haircut	\$27
Shampoo, Cut & Style	.\$43
Shampoo & Style	.\$27
Color & Style	
Color, Cut & Style	
Perm & Cut	
Men's Haircut	.\$20
Fingernail or Toenail Trim	•
Manicure	
Pedicure	