

(L) - LOUNGE
(DA) - DINING AREA
(AR) - ACTIVITIES ROOM
(BP) - BACK PATIO
(PD) - PRIVATE DINING

July 2025 CALENDAR



Meeting Birthdays
Live Performances
Anniversaries
Popular Activities
Special Events
New Activities
Fun Dates



Happy Hour

Snack & Drinks, Games & Fireworks Show

4TH OF JULY

Join us in the Front parking lot at 6:00pm



Meet Us at the Meadow

Join Us for a Picnic Lunch Thursday,
July 10 | 12 p.m.

We're serving up sunshine, good company, and a taste of life at Meadow Creek Village Assisted Living. Join us for a classic backyard picnic in our beautiful meadow – complete with picnic baskets, plenty of laughter, and time to relax and connect. Bring your own lunch if you'd like, or enjoy what we've prepared. It's the perfect way to mingle with residents, meet our team, and get a feel for what makes our community so special.

Contact Paige to RSVP by
July 7.

503-375-9732

PaigeM@cascadeliving.com

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00am - Exercise: YouTube (L) 11:00am - Outing To: Football Toss (L) 3:00pm - Garden Club (AR) 4:00pm - Cooking Club Meeting (L) 6:00pm - Play Mahjong (L) National U.S. Postage Stamp Day Happy Move-In 11 Year Anniversary Peggy Lawson	2 9:30am - Outing To: Walmart 1:00pm - Music with: Dave Minton (DA) 2:00pm - Exercise: Resident Led YouTube/Fly Ball (L) 3:00pm - Bingo! (DA) 4:00pm- Bird watchers club (BP) 6:00pm - Movie Night: Our Times (L) Netflix National Fried Clams Day	3 9:00am - 10:30am – 1 on 1 visit with in-room residents 10:30am - Activities Meeting (L) 11:00am – Exercise: YouTube Ladder Toss (L) 1:00pm - Tech Help/Ancestry Club 2:00pm - Spa Day: Manicures (AR) 3:15pm – Chapel Services (L) 6:00pm - Lounge/Patio Chat with Friends National Eat your Beans Day	4 9:00am – 1 on 1 visit with in-room residents 10:00am- 1 on 1 in- room residents 11:00am - Game: Corn hole competition with Staff 12:45pm - Pinochle/Bridge Club (DA) 6:00pm – Happy Hour - Fireworks Celebration National Independence Day 4th of July	5 9:00am - Garden Club (AR) 10:00am – Steel- Feather Zumba Seated Exercise (DA) 10:45am – Cooking Club (AR) 1:00pm – Craft (L) 2:00pm – Creativity Table (L) 3:00pm –Card Players Club (DA) 6:00pm – Play a Game with a Friend (L) National Hawaii Day

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<div>6</div> <div>9:00am - Church Services Live Stream (L)</div> <div>11:00am - Puzzles (L)</div> <div>12:30pm - Catholic Communion (PD)</div> <div>1:30pm - Resident Led Walking Club (L)</div> <div>3:00pm - Game: Uno (L)</div> <div>4:00pm - Sit on the patio if weather permits.</div> <div>6:00pm - Movie Night: Paddington in Peru (L) Netflix</div> <div>National Fried Chicken Day</div>	<div>7</div> <div>10:00am - Crosswords (L)</div> <div>11:00am - Exercise: Resident Led (L)</div> <div>1:00pm Pinochle/Bridge Club (DA)</div> <div>3:00pm-Game: Bananagrams (L)</div> <div>4:00pm - Spend Time on the Patio</div> <div>6:00pm - TV - Choice (L)</div> <div>National Rock ‘N’ Roll Day</div>	<div>8</div> <div>9:00am - Exercise: YouTube (L)</div> <div>12:30pm - Chef’s Corner (DA)</div> <div>12:30pm - Outing To: Minto Brown Park Bird Watching & Coffee</div> <div>3:00pm - Garden Club (AR)</div> <div>4:00pm - Cooking Club Meeting (L)</div> <div>6:00pm - Play Mahjong (L)</div> <div>National Cow Appreciation Day</div>	<div>9</div> <div>9:30am - Outing To: Fred Meyer</div> <div>1:00pm - Ancestry Club (AR)</div> <div>2:00pm - Exercise: Resident Led YouTube/Dart Ball (L)</div> <div>3:00pm - Bingo! (DA)</div> <div>4:00pm- Bird watchers club (BP)</div> <div>6:00pm - Movie Night: Our Times (L) Netflix</div> <div>National Dimples Day</div>	<div>10</div> <div>9:00am - 10:30am – 1 on 1 visit</div> <div>11:00am – Exercise: YouTube Cornhole (L)</div> <div>12:00pm - Picnic in the Meadow</div> <div>1:00pm - Tech Help/Ancestry Club</div> <div>2:00pm - Spa Day: Pedicures (AR)</div> <div>3:15pm – Chapel Services (L)</div> <div>3:30pm - Let's make Non-alcohol Pina Coladas (L)</div> <div>National Pina Colada Day</div>	<div>11</div> <div>9:00am – 1 on 1 visit with in-room residents</div> <div>10:00am- Outing To: Bank/Library</div> <div>12:45pm - Game Come see me in the Lounge (L)</div> <div>3:00pm – Happy Hour (DA)</div> <div>6:00pm –Card/Dice (L)</div> <div>National 7-11 Day</div>	<div>12</div> <div>9:00am - Garden Club (AR)</div> <div>10:00am – Steel-Feather Zumba Seated Exercise (DA)</div> <div>10:45am – Cooking Club (AR)</div> <div>1:00pm – Bingo (DA)</div> <div>2:00pm – Creativity Table (L)</div> <div>3:00pm –Card Players Club (DA)</div> <div>6:00pm – Play a Game with a Friend (L)</div> <div>National Simplicity Day</div>

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<div>13</div> <p>9:00am - Church Services Live Stream (L)</p> <p>11:00am - Puzzles (L)</p> <p>12:30pm - Catholic Communion (PD)</p> <p>1:30pm - Resident Led Walking Club (L)</p> <p>3:00pm - Game: Uno (L)</p> <p>4:00pm - Sit on the patio if weather permits.</p> <p>6:00pm - Movie Night: Hitchcock (L) Netflix</p> <p>National Beans 'n' Franks Day</p>	<div>14</div> <p>10:00am - Crosswords (L)</p> <p>11:00am - Exercise: Resident Led (L)</p> <p>1:00pm - Music With: Rachel Hampton (DA)</p> <p>1:00pm Pinochle/Bridge Club (DA)</p> <p>3:00pm-Game: Yahtzee (L)</p> <p>4:00pm - Spend Time on the Patio</p> <p>6:00pm - TV - Choice (L)</p> <p>National Mac and Cheese Day</p>	<div>15</div> <p>9:00am - Exercise: YouTube (L)</p> <p>11:00am - Football Toss (L)</p> <p>11:00pm - Outing to: Dallas Japanese Garden & Picnic</p> <p>3:00pm - Garden Club (AR)</p> <p>4:00pm - Cooking Club Meeting (L)</p> <p>6:00pm - Play Mahjong (L)</p> <p>National Gummi Worm Day</p>	<div>16</div> <p>9:30am - Outing To: Walmart</p> <p>1:00pm - Ancestry Club (AR)</p> <p>2:00pm - Exercise: Resident Led YouTube/Balloon Basket (L)</p> <p>2:30pm - Music With: Rowdy Rumbler (DA)</p> <p>3:00pm - Bingo! (DA)</p> <p>4:00pm- Bird Watchers Club (BP)</p> <p>6:00pm - Movie Night: Home Team (L) Netflix</p> <p>National Hot Dog Day</p>	<div>17</div> <p>9:00am - 10:30am – 1 on 1 visit</p> <p>11:00am – Exercise: YouTube Ladder Toss (L)</p> <p>12:30pm - Resident Meeting (DA)</p> <p>1:00pm - Tech Help/Ancestry Club (AR)</p> <p>2:00pm - Music With: James Baldwin (DA)</p> <p>2:00pm - Spa Day: Manicures (AR)</p> <p>3:15pm – CANCELLED - Chapel Services (L)</p> <p>National Tattoo Day</p>	<div>18</div> <p>9:00am – 1 on 1 visit with in-room residents</p> <p>10:00am- 1 on 1 with in room residents</p> <p>12:45am - Game: Come see me in the Lounge</p> <p>3:00pm – Happy Hour & Peach Ice Cream Sundaes of course. (DA)</p> <p>6:00pm –Card/Dice (L)</p> <p>National Peach Ice Cream Day</p>	<div>19</div> <p>9:00am - Garden Club (AR)</p> <p>10:00am – Steel-Feather Zumba Seated Exercise (DA)</p> <p>10:45am – Cooking Club (AR)</p> <p>1:00pm – Craft (L)</p> <p>2:00pm – Creativity Table (L)</p> <p>3:00pm –Card Players Club (DA)</p> <p>6:00pm – Play a Game with a Friend (L)</p> <p>National Daiquiri Day</p>

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<div>20</div> <p>9:00am - Church Services Live Stream (L)</p> <p>11:00am - Puzzles (L)</p> <p>12:30pm - Catholic Communion (PD)</p> <p>1:30pm - Resident Led Walking Club (L)</p> <p>3:00pm - Game: Uno (L)</p> <p>4:00pm - Sit on the patio if weather permits.</p> <p>6:00pm - Movie Night: The Sleepover (L) Netflix</p> <p>National Moon Day</p>	<div>21</div> <p>10:00am - Crosswords (L)</p> <p>11:00am - Exercise: Resident Led (L)</p> <p>1:00pm Pinochle/Bridge Club (DA)</p> <p>3:00pm-Game: 10,000 Dice (L)</p> <p>4:00pm - Spend Time on the Patio</p> <p>6:00pm - TV - Choice (L)</p> <p>National Junk Food Day</p>	<div>22</div> <p>9:00am - Exercise: YouTube (L)</p> <p>11:00am - Ring Toss (L)</p> <p>12:30pm - Outing to: Champoege Park and Picnic</p> <p>3:00pm - Garden Club (AR)</p> <p>4:00pm - Cooking Club Meeting(L)</p> <p>6:00pm - Play Mahjong (L)</p> <p>National Mango Day</p>	<div>23</div> <p>9:30am - Outing To: Fred Meyer</p> <p>1:00pm - Ancestry Club (AR)</p> <p>1:15pm - Music with: Music We Remember (DA)</p> <p>2:00pm - Exercise: Resident Led YouTube/Fly Ball (L)</p> <p>3:00pm - Bingo(DA)</p> <p>4:00pm- Bird watchers club (BP)</p> <p>6:00pm - Movie Night: Are We Done Yet? (L) Netflix</p> <p>National Lemon Day</p>	<div>24</div> <p>9:00am - 10:30am – 1 on 1 visit with in-room residents</p> <p>11:00am – Exercise: YouTube Game (L)</p> <p>12:30pm - Town Hall Meeting (DA)</p> <p>1:00pm - Ancestry Club (AR)</p> <p>2:00pm - Spa Day: Manicures (AR)</p> <p>3:15pm – Chapel Services (L)</p> <p>6:00pm – Lounge Chat with Friends</p> <p>National Cousins Day</p>	<div>25</div> <p>9:00am – 1 on 1 visit with in-room residents</p> <p>10:00am- Outing To: Bank/Library</p> <p>12:45pm - Game: Come see me in the Lounge</p> <p>3:00pm – Happy Hour (DA)</p> <p>6:00pm –Card/Dice (L)</p> <p>National Wine and Cheese Day</p>	<div>26</div> <p>9:00am - Garden Club (AR)</p> <p>10:00am –Steel-Feather Zumba Seated Exercise (DA)</p> <p>10:45am – Cooking Club (AR)</p> <p>1:00pm – Music with: Mr Bill's Karaoke & The time Machine/ Ice Cream Social (DA)</p> <p>2:00pm – Creativity Table (L)</p> <p>3:00pm –Card Players Club (DA)</p> <p>6:00pm – Play a Game with a Friend (L)</p> <p>National Coffee Milkshake Day</p>

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27 9:00am - Church Services Live Stream (L) 11:00am - Puzzles (L) 12:30pm - Catholic Communion (PD) 1:30pm - Resident Led Walking Club (L) 3:00pm - Game: Uno (L) 4:00pm - Sit on the patio if weather permits. 6:00pm - Movie Night: Inside the Mind of a Cat (L) Netflix National Love is Kind Day	28 10:00am - Crosswords (L) 11:00am - Exercise: Resident Led (L) 1:00pm Pinochle/Bridge Club (DA) 3:00pm-Game: Yahtzee (L) 4:00pm - Spend Time on the Patio 6:00pm - TV - Choice (L) National Milk Chocolate Day	29 9:00am - Exercise: YouTube (L) 11:00am - Football Toss (L) 12:30pm - Outing to: Dollar Tree 1:00pm - Music With: Dennis Colletet (DA) 3:00pm - Garden Club (AR) 4:00pm - Cooking Club Meeting (L) 6:00pm - Play Mahjong (L) National Lasagna Day	30 9:30am - Outing To: Walmart 1:00pm - Ancestry Club (AR) 2:00pm - Exercise: Resident Led YouTube/Fly Ball (L) 3:00pm - Bingo! (DA) 4:00pm- Bird watchers club (BP) 6:00pm - Movie Night: Mother of the Bride (L) Netflix National Cheesecake Day Happy Move-In 1 Year Anniversary Marie Desarano	31 9:00am - 10:30am – 1 on 1 visit with in-room residents 11:00am – Exercise: YouTube Ladder Toss (L) 1:00pm - Ancestry Club (AR) 2:00pm - Spa Day: Manicures (AR) 3:15pm – Chapel Services (L) 6:00pm – Lounge Chat with Friends National Chili Dog Day		

4TH OF JULY WORD SEARCH

T M N W Q J E T A R B E L E C D Y
I M T Q H H Y M Q R Q U D U E I A
O Q T A W Q M Z Y E X U C C N T D
I N D E P E N D E N C E L C J A I
A S I O U O R H A M U A A T U Q L
N K S A M E R I C A R P P S O S O
U R P U F U B E E A Y S T R U B H
P O A Y D L D W T O E C I N C I P
K W R W E A A I L P O E A U E O N
F E K H T F O G I A D E U S D I H
Y R L I I N T R B E M D T N A T L
L I E T N P T Z E U R A E T R S C
U F R E U S L Q R R R U I U A A E
J V S O D L K V T S L R O K P J B
W I T O E O M O Y B B F I U P J L
I A S V Y E M R E D R E M M U S E

America	Fireworks	Independence	Red	United
Blue	Flag	July	Sparklers	White
Britain	Fourth	Liberty	Stars	
Celebrate	Freedom	Parade	Stripes	
Declaration	Holiday	Picnic	Summer	

JOKES

What are the most patriotic flowers?
Yankee Doodle Dandylions.

Did you hear the one about the
Liberty Bell?
Yeah, it cracked me up too!

Fun Fact

While the Declaration of
Independence was adopted
on July 4th, it wasn't actually
signed on that date. The
signing took place primarily
on August 2, 1776.

Upcoming Events

7/26/2025 - Mr. Bills Karaoke featuring The
Time Machine and we also enjoy an Ice
Cream Social. 1:00pm in the Dining Room

8/23/2025 - End of Summer Bash Carnival.
1:00pm in the Front Parking area.
Keep a look out for more Info.

July Fourth Word Scramble

DIRECTIONS: Unscramble the words, then use the highlighted
letters to write out the scrambled secret message.

ASTSET	<input type="text"/>
ENDDEEENICN	<input type="text"/>
DEARAP	<input type="text"/>
LUEB	<input type="text"/>
TENIUD	<input type="text"/>
TWEHI	<input type="text"/>
AEQTIULY	<input type="text"/>
ERIRFKWOS	<input type="text"/>
ARLANCDITEO	<input type="text"/>
FDREOME	<input type="text"/>
DER	<input type="text"/>
ILBEYTR	<input type="text"/>

<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

Remember: You Are
Smart
You Are
Beautiful
And You Are Important