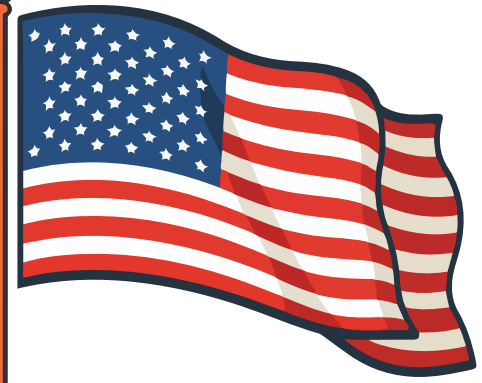


# Newsletter

July 2025

Meadow Creek Assisted Living



## Fourth of July

In the 1700s Great Britain ruled the 13 American colonies that would become the United States. Many American colonists were unhappy with the British government. The colonists did not want to pay taxes unless they had a say in the government.

In 1775 the colonists began to fight for their freedom from Britain. In June 1776 Thomas Jefferson wrote the first draft of the Declaration of Independence. He gave it to the Continental Congress, which made a few changes. The members then adopted the new version on July 4, 1776.

The first Independence Day celebrations included parades and political speeches. By the late 1800s people were celebrating the holiday in the same ways that Americans do today.

## What have we been up too?

We had a great month of May; we had our Mother's Day Tea Celebration. That was very fun, each manager decorated a table. We had a fun trip to the coast and ate clam chowder and watched an otter on the beach, they are so cute. We went to the Evergreen air museum in McMinnville; it was great to see all of the planes.

We have enjoyed more outings, always our normal trips, we also went to the Saturday Market and got some yummy treats. We had some great music to listen to in May. We have had doggie visits from our wonderful Canine Corp., and staff and resident families. It's amazing what animals can do for your soul. Our Garden Club is going strong, and the Garden looks amazing. We have some great outings coming up in June, we hope to be outside a lot to enjoy the sun. Families and Friends are always welcome to join us.

## Employee of the Month

Jerican is our employee of the month, she is a hard worker, we are grateful to have her.

Jerican says she loves working here and getting to take care of our residents, makes her happy.

She is Thankful for her coworkers and amazing residents.

## Resident Spotlight

Jerican has chosen Sheryl for the Resident of the month. She said that Sheryl makes her hard days better. Sheryl is caring and kind and welcomes everyone with open arms. ❤️

## July Upcoming Meetings

July 3rd @ 10:30am - Activities Meeting

July 8th @ 12:30pm - Chefs Corner

June 17th @ 12:30pm - Resident Meeting

June 24th @ 12:30pm - Town Hall

## Upcoming Events

July 4<sup>th</sup> - Fireworks  
Celebration - Happy Hour

July 10<sup>th</sup> @ 12:00pm - Picnic  
in the Meadow

July 26<sup>th</sup> @ 1:00pm - Music  
with Mr. Bills Karaoke  
featuring the Time Machine  
& Ice Cream Social

August 23<sup>rd</sup> @ 1:00pm -  
3:00pm - End of Summer  
Carnival

## Reminders

Do you want to thank a Care Staff, Manager or even another Resident, we have a kudos board for that. It is located in the Lounge.

We have started a bird watching club, we will keep a journal of the birds and what they like. We will be going on outings to enjoy the birds. Come join us.

Do you miss cooking/baking?

We are starting a club this month, we will be making some of our favorite dishes or baked goods. We will be going on an outing to buy the supplies for our food. We will also be creating a recipe book. Come join!

## Meet our Management Crew

JoEda Hanson  
Executive director (ED)  
JoEdaH@cascadeliving.com

Melissa Olson  
Business Office Manager (BOM)  
MelissaO@cascadeliving.com

Paige Matthews  
Community Relations Director (CRD)  
PaigeM@cascadeliving.com

Danielle Allegratto  
Registered Nurse (RN)  
DanielleA@cascadeliving.com

Sara Nelson  
Wellness Director (WD)  
SaraN@cascadeliving.com

Breanna Sill  
Residential Services Director (RSD)  
BreannaS@cascadeliving.com

Melissa Bernik  
Dining Services director (DSD)  
MelissaB@cascadeliving.com

Nick Warney  
Plant Operations director (POD)  
NickW@casacadeliving.com

April DeFoor  
Life Enrichment director (LED)  
AprilD@cascadeliving.com

## Live Vendors This Month

Dave Minton - Music  
Canine Corp - Therapy Dog  
Rowdy Rumlbers - Music  
James Baldwin - Music  
Music We Remember - Music  
Mr. Bills Karaoke and the Time  
Machine - Music  
Dennis Collert - Music

## Do you Talent to Show off?

**If you paint, crochet, knit,  
quilt, sculpt, graphic art. We  
would love to show it off in  
the activities room. Please  
see April if you would like to  
showcase your creativity.**

July

## Birthdays & Anniversaries

### Birthdays

No Birthdays this Month

### Anniversaries

Peggy Lawson 11years on 7/1  
Marie Desarano - 1 year on 7/30

### Staff Birthdays

Bre Sill 7/14  
Paige Matthews 7/19  
Lanissa Orange 7/25  
Sara Nelson 7/27  
Laura White 7/30

### Staff Anniversaries

Emely Ochoa - 2 years 7/6  
Isabel Jaramillo - 2 years 7/19  
Nick Warney - 4 Years 7/26





Music



Our 1<sup>st</sup>  
Harvest!  
Snap  
Peas



Happy Hour



Picnic at Deepwood Estates



Evergreen  
Air Museum

