

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:00 Wii Bowling <b>9:45 Midtown Mercantile</b> <b>10:00 1<sup>st</sup> Floor Walkers Club</b> 10:30 Concert in the Theater: Country Legends Dolly Parton & Porter Wagoner 11:00 Group Crosswords 1:30 Quarter Bingo 3:00 Balloon Volleyball 5:00 Dominos 6:00 Series: Alfred Hitchcock Present E1 <small>Canada Day</small>	<b>1</b> 9:00 Low Impact Cardio <b>10:00 What's Cooking with Maryanna: Patriotic Berry Trifle</b> 1:30 Flower Arranging 2:00 Beginners Gym Tutorial <b>3:00 Live Entertainment w/ Adkins &amp; Anderson</b> 5:00 Puzzles in the Living Room 6:00 Western Movie: Young Guns	<b>2</b> <b>8:30 Shopping at Dollar Store</b> 9:00 Rummikub 10:30 Knock Out! 1:00 Wii Bowling 1:30 Hangman Word Game <b>3:00 Social: Malt Milk Shakes</b> 5:30 4 <sup>th</sup> of July Sock Hop w/ DJ Ruben 6:00 Tough Guy Movie: Born On the Fourth of July	<b>3</b> <b>9:00 Low Impact Cardio w/ Rosanda</b> 9:30 Farkle 10:30 Prize Bingo <b>1:30 Sing Along w/ MaryAnne</b> <b>3:00 4<sup>th</sup> of July Root Beer Floats and Patriotic Music</b> 5:00 Scrabble 6:00 Classic Movie: Top Gun <small>Independence Day (US)</small>	<b>4</b> 9:30 Bunco 11:00 Balloon Volleyball 11:30 Question of the Week 1:00 Mindful Meditations on YouTube <b>1:30 Afternoon Stretch w/ Katie</b> 3:00 Group Book Club: The Little Old Lady Strikes Again 6:00 Saturday Night Movie: The Illusionist
9:30 Group Water Coloring <b>10:00 UNO!</b> 10:30 Virtual Church Service 1:00 Movie Matinee: Space Cowboys 3:00 Blackjack 6:00 The Waltons S1 E1	<b>6</b> 9:00 Rummikub <b>9:30 Communion with Deacon Dennis</b> 10:00 Rosary Group <b>10:30 Brain Health w/ Marianne from Bayada</b> 1:30 July Jeopardy <b>3:00 Yoga w/ Myrlene from Steel Feathers</b> 6:00 Documentary: America the Story of Us E1	<b>7</b> <b>9:00 Picnic on Mt. Lemmon</b> 9:00 Wii Bowling <b>10:00 1<sup>st</sup> Floor Walkers Club</b> 10:30 Concert in the Theater: The Carpenters 11:00 Color Your Mind 1:30 Quarter Bingo w/ Shirley 3:00 Arithmetic Showdown 5:00 Dominos 6:00 Series: Alfred Hitchcock Present E2	<b>8</b> 9:00 Low Impact Cardio <b>10:00 What's Cooking with Maryanna: Deviled Eggs</b> 11:00 Gratitude Circle w/ Susan 1:30 Flower Arranging 1:30 Pima County Library Book Mobile <b>2:30 Sing Along w/ Linda Updike</b> 5:00 Puzzles in the Living Room 6:00 Western Movie: Support Your Local Gunfighter	<b>9</b> <b>8:30 Shopping at Fry's Grocery Store</b> 9:00 Rummikub 10:30 Loteria Mexican Bingo 1:00 Wii Bowling 1:30 Beginners Yahtzee <b>3:00 Social: Peaches &amp; Cream Snow Cones</b> 5:00 Monopoly 6:00 Tough Guy Movie: The 13 <sup>th</sup> Warrior	<b>10</b> <b>9:00 Low Impact Cardio w/ Rosanda</b> 9:30 Farkle 10:30 Prize Bingo 1:30 Left Center Right 3:00 Crazy 8's 5:00 Scrabble 6:00 Classic Movie: Out to Sea	<b>11</b> 9:30 Rummy 11:00 Balloon Volleyball 11:30 Question of the Week 1:00 Mindful Meditations on YouTube <b>1:30 Afternoon Stretch w/ Katie</b> 3:00 Wine & Trivia Happy Hour 6:00 Saturday Night Movie: Cinderella Man
<b>9:30 Sunday Scenic Bus Ride</b> 10:30 Virtual Church Service 1:00 Matinee Movie: Three Amigos! <b>2:00 Church Service w/ Faith Community Church</b> 3:00 Resident Activity Planning Meeting 6:00 The Waltons S1 E2	<b>13</b> 9:00 Rummikub <b>9:30 Communion with Deacon Dennis</b> 10:00 Rosary Group <b>10:30 Tea, Cocoa &amp; Iced Coffee in the Bistro</b> 1:30 Craft w/ Katie <b>3:00 Yoga w/ Myrlene from Steel Feathers</b> 6:00 Documentary: America the Story of Us E2	<b>14</b> 9:00 Rummikub <b>9:30 Communion with Deacon Dennis</b> 10:00 Rosary Group <b>10:30 Tea, Cocoa &amp; Iced Coffee in the Bistro</b> 1:30 Craft w/ Katie <b>3:00 Yoga w/ Myrlene from Steel Feathers</b> 6:00 Documentary: America the Story of Us E2	<b>15</b> 9:00 Wii Bowling <b>10:00 1<sup>st</sup> Floor Walkers Club</b> 10:30 Concert in the Theater: Elvis Presley <b>11:00 El Molintos Mexican Restaurant</b> 11:00 Group Word Search 1:30 Quarter Bingo 3:00 Balloon Volleyball 5:00 Dominos 6:00 Series: Alfred Hitchcock Present E3	<b>16</b> 9:00 Low Impact Cardio <b>10:00 What's Cooking with Maryanna: Vanilla Wafer Banana Pudding</b> 1:30 Flower Arranging 2:00 Town Hall Meeting <b>3:00 The Dirty Old Men Band</b> 5:00 Puzzles in the Living Room 6:00 Western Movie: Quigley Down Under	<b>17</b> <b>8:30 Shopping at Walmart</b> 9:00 Rummikub 10:30 Knock Out! 1:00 Wii Bowling 2:00 Chef Cooking Demo w/ Mershon <b>3:00 Social: Margaritas, Chips &amp; Salsa</b> 5:00 Monopoly 6:00 Tough Guy Movie: Coogan's Bluff	<b>18</b> <b>9:00 Low Impact Cardio w/ Rosanda</b> 9:30 Farkle 10:30 Prize Bingo 1:30 Bowling 3:00 Mexican Train Dominos 5:00 Scrabble 6:00 Classic Movie: Moby Dick (1956)
9:30 Group Water Coloring <b>10:00 UNO!</b> 10:30 Virtual Church Service 1:00 Movie Matinee: Little Women 3:00 Paint by Numbers w/ Maryanna 6:00 The Waltons S1 E3	<b>20</b> 9:00 Rummikub <b>9:30 Communion with Deacon Dennis</b> 10:00 Rosary Group 10:00 Food Meeting w/ Chef Arine <b>10:30 Tea, Cocoa and Iced Coffee in the Bistro</b> 1:30 What's the Scoop? <b>3:00 Yoga w/ Myrlene from Steel Feathers</b> 6:00 Documentary: America the Story of Us E4	<b>21</b> 9:00 Rummikub <b>9:30 Communion with Deacon Dennis</b> 10:00 Rosary Group 10:00 Food Meeting w/ Chef Arine <b>10:30 Tea, Cocoa and Iced Coffee in the Bistro</b> 1:30 What's the Scoop? <b>3:00 Yoga w/ Myrlene from Steel Feathers</b> 6:00 Documentary: America the Story of Us E4	<b>22</b> 9:00 Wii Bowling <b>9:30 Flandrau Planetarium</b> <b>10:00 1<sup>st</sup> Floor Walkers Club</b> 10:30 Concert in the Theater: Johnny Cash 11:00 Color Your Mind 1:30 Quarter Bingo w/ Shirley 3:00 Categories 5:00 Dominos 6:00 Series: Alfred Hitchcock Present E4	<b>23</b> 9:00 Low Impact Cardio <b>10:00 What's Cooking with Maryanna: Brown Sugar Bacon Wrapped Smokies</b> <b>11:00 Wives of Veteran's Group w/ Chaplain Scotty from VFW Post 549</b> 1:30 Flower Arranging 3:00 Craft w/ Rosanda 5:00 Puzzles in the Living Room 6:00 Western Movie: Support Your	<b>24</b> 9:00 Rummikub <b>10:30 Aging in Place Health Talk w/ Cheryl from Independence Rehab</b> 1:00 Wii Bowling 1:30 Beginners Yahtzee <b>3:00 Social: Creamsicle Floats</b> 5:00 Monopoly 6:00 Tough Guy Movie: The Magnificent 7 (2016)	<b>25</b> <b>9:00 Low Impact Cardio w/ Rosanda</b> 9:30 Farkle 10:30 Prize Bingo 1:30 Left Center Right 3:00 Crazy 8's 5:00 Scrabble 6:00 Classic Movie: The Graduate
<b>9:30 Sunday Scenic Bus Ride</b> 10:30 Virtual Church Service 1:00 Movie Matinee: Best in Show <b>2:00 Church Service w/ Faith Community Church</b> 3:00 Blackjack 6:00 The Waltons S1 E4	<b>27</b> 9:00 Rummikub <b>9:30 Communion with Deacon Dennis</b> 10:00 Rosary Group <b>10:30 Tea, Cocoa &amp; Iced Coffee in the Bistro</b> <b>2:00 Live Entertainment w/ Wild Bill</b> <b>3:00 Yoga w/ Myrlene from Steel Feathers</b> 6:00 Documentary: America the Story of Us E4	<b>28</b> 9:00 Rummikub <b>9:30 Communion with Deacon Dennis</b> 10:00 Rosary Group <b>10:30 Tea, Cocoa &amp; Iced Coffee in the Bistro</b> <b>2:00 Live Entertainment w/ Wild Bill</b> <b>3:00 Yoga w/ Myrlene from Steel Feathers</b> 6:00 Documentary: America the Story of Us E4	<b>29</b> 9:00 Wii Bowling <b>10:00 1<sup>st</sup> Floor Walkers Club</b> <b>11:45 Tucson Bowling Alley</b> 10:30 Concert in the Theater: The Beatles 11:00 Group Word Search 1:30 Quarter Bingo 3:00 Balloon Volleyball 5:00 Dominos 6:00 Series: Alfred Hitchcock Present E5	<b>30</b> 9:00 Low Impact Cardio <b>10:00 What's Cooking with Maryanna: Decadent Chocolate Brownies</b> <b>1:30 Visit from Trish a Mary Kay Consultant</b> 3:00 Flower Arranging 5:00 Puzzles in the Living Room 6:00 Western Movie: Fist Full of Dollars	<b>31</b> <b>8:30 Shopping at Target</b> 9:00 Rummikub 10:30 Armchair Traveling: North Island, New Zealand 1:00 Wii Bowling 1:30 Pictionary <b>3:00 Social: Build Your Own Sundae</b> 5:00 Monopoly 6:00 Tough Guy Movie: 007 From Russia With Love	

Schedule is Subject to change. For the most updated information please see Activity Daily. Sierra Del Sol Senior Living 8151 E Speedway Tucson AZ 85710