

Sierra Del Sol Senior Living
8151 E. Speedway Blvd.
Tucson, AZ 85711

Postage
Information

July 2025

Sierra Times

Sierra Del Sol Senior Living- 8151 E Speedway Blvd, Tucson AZ 85710



Meet Our Team

**Laure
O-Mendenhall**
Executive Director

Leah Montgomery
Director of Sales & Marketing

Anne Connell
Community Relation Director

Keelani Duffey
Wellness Director

Madison Faulkner
Wellness Director

Arine Boschian
Dining Services Director

Maryanna Rodriguez
Life Enrichment Director

Kimberly Adams
Business Office Manager

Carisa Myles
Resident Service Coordinator

Aaron Brady
Plant Operations Director

Laure Letter – July 2025

As we step into the heart of summer, I want to take a moment to celebrate the warmth, joy, and togetherness that define life here at Sierra Del Sol. July is always a special month—a time to reflect on our nation’s independence, enjoy longer days, and create lasting memories with the people who make this community so vibrant.

We are especially excited about our upcoming 4th of July celebration! From festive decorations and music to delicious barbecue and patriotic activities, it’s always a highlight of the summer. I invite all residents, staff, and families to join in the fun as we honor the spirit of community and freedom.

I want to recognize our incredible team. July marks the mid-year point, and I couldn’t be prouder of the care and dedication our staff shows each and every day. Their commitment to creating a safe, welcoming, and enriching environment is what makes Sierra Del Sol not just a place to live—but a place to thrive.

As always, my door is open. If you have suggestions, ideas, or simply want to chat, I welcome the conversation. Let’s continue to build on the strong sense of family and connection that makes this community so special.

Wishing you all a joyful and safe July.

Warm regards,

Laure Mendenhall
Executive Director



Celebrating July

Grilling Month

Family Reunion Month

**Share a Sunset with Someone
You Love Month**

Canada Day
July 1

Independence Day
July 4

Cheer Up the Lonely Day
July 11

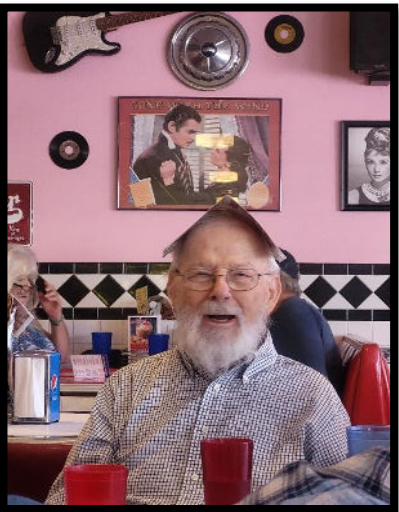
Moon Day
July 20

Paperback Book Day
July 30

Good Friends Make Good Neighbors

**Do you have a friend who
is looking to make a move
into a community?**

**When you or your family
members refer someone
to move into the
community, you will
receive a rent credit for
\$4000 after they have lived
with us for 90 days.**



Wonderful company and amazing lunch at Little Anthony's Diner!



A Fun Visit to at Pima Air & Space Museum



Don't forget to join us for Ice Coffee & Cocoa Every Monday!



JUNE EMPLOYEE

OF THE MONTH

Breanna has been with SDS for nearly a year now and has proven to be an incredible asset to our team. She consistently goes above and beyond, always stepping in to help even without being asked. Her positive attitude, dedication, and genuine passion for what she does are evident in everything she takes on. Breanna has a heart for this work, and it truly shows. We are so grateful to have her as part of our SDS family.

Resident Spotlight

This month, we're shining the spotlight on Marian! Her warm smile lights up every room, and her cheerful greetings never go unnoticed. Marian is a joy to be around and to share a laugh with. What truly sets her apart is her incredible memory for those beloved tunes from the 1950s—she knows them all and loves to sing along! Thank you, Marian, for bringing so much joy and positive energy to our community.

BEAT THE HEAT & STAY HYDRATED

Happy 4th of July!

LIBERTY AND JUSTICE FOR ALL

Let's Shake Rattle-N-Roll

JOIN US FOR A 50's Sock Hop To Celebrate 4th of July!

**JULY 3RD, 2025
5:30-7:00 PM
IN THE LIVING ROOM**

APPETIZERS & DRINKS WILL BE PROVIDED

MUSIC WILL BE PROVIDED BY DJ RUBEN

DRESS IN YOUR BEST SKIRTS AND GREASER CLOTHES!

Happy Birthday To You

RESIDENT BIRTHDAYS	STAFF BIRTHDAYS
7/9 Walter C.	7/14 Veronica S.
7/14 Tom D.	7/14 Kesha W.
7/15 Lois M.	7/20 Maryanna R.
7/17 Jane H.	7/21 Daisha F.
7/19 Joesph B.	7/27 Brianna F.
7/19 Nick V.	7/27 Rainer N.
7/19 Jim M.	
7/29 Marta V.	

July Outings

- 7/1 Midtown Mercantile
- 7/3 Dollar Store
- 7/6 Picnic on Mt. Lemmon
- 7/10 Frys
- 7/13 Scenic Bus Ride
- 7/15 Lunch at El Molintos Mexican Restaurant
- 7/17 Walmart
- 7/22 Flandrau Planetarium
- 7/27 Scenic Bus Ride
- 7/29 Tucson Bowling Alley
- 7/31 Target

DON'T FORGET TO JOIN US FOR OUR LIVE PERFORMANCES

- 7/2 LIVE ENTERTAINMENT W/ ADKINS & ANDERSON
- 7/9 SING ALONG W/ LINDA UPDIKE
- 7/16 DIRTY OLD MEN BAND
- 7/28 LIVE ENTERTAINMENT W/ WILD BILL

SUMMER MAZE PUZZLE

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