					All a			
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>©</b>	9:00 Puzzle Groups 1 10:00 Daily Chronicles 11:00 Self-Walk About 2:00 Music and Social 4:00 Methodist Church Service  Shavuot Begins	8:30 Mindful Melodies and 2 Puzzles 9:00 Daily Chronicles 10:30 Exercise w/ Johanna 11:00 Hallway Golf 1:00 Cascade Health: Travel Health Talk with Tara (L) 2:00 CRAFT: Ceramic Mandala Project (A)	8:30 Mindful Melodies and Puzzles 9:00 Daily Chronicles 10:30 Exercise w/Savannah 11:00 Balloon Swat 1:30 BINGO 3:00 Gardening Club (B) 4:30 TED TALK- What Does It Take to Create Change? (L)	8:30 Puzzle Group 9:00 Daily Chronicles 9:30 Shopping- Target 10:00 Chair Yoga with Savannah (L) 1:00 Willamalane Pool 1:00 Travelogue Destination: Cologne, Germany (L) 2:00 Cranium Crunches 3:00 Shopping Outing- Walmart 3:00 CRAFT: Button Making (A)	8:30 Puzzle Group 9:00 Daily Chronicles 10:00 Catholic Communion 11:00 Exercise with Savannah (L) 1:00 CRAFT-Collaged Coasters (A) 3:00 Uno with Savannah (L) 6:00 Resident Led Card Games	8:30 Mindful Melodies and Puzzles 9:00 Daily Chronicles 10:00 Self-Walk About 11:00 Backyard Yahtzee 1:30 BINGO 3:00 Baking Club w/ Savannah-Mary's Famous Pudding (A) 6:00 MOVIE: My Big Fat Greek Wedding w/ Lainie Kazan	9:00 Puzzle Group 10:00 Daily Chronicles 10:30 Exercise with Traci 2:00 BINGO with Traci 3:30 Music in the Lounge	7
	9:00 Puzzle Groups 10:00 Daily Chronicles 11:00 Self-Walk About 2:00 Music and Social 4:00 Methodist Church Service	8:30 Mindful Melodies and Puzzles 9:00 Daily Chronicles 10:30 Exercise w/ Johanna 11:00 Hallway Bowling 1:00: Sereni-Tea and Manicures (L) 3:00 TECH CORNER: Need help w/ your cell phone? 6:00 MOVIE: McLintock! (L)	8:30 Mindful Melodies and 10 Puzzles 9:00 Daily Chronicles 10:30 Exercise w/Savannah 11:00 Talk n' Toss 1:30 BINGO 3:00 Gardening Club (B) 4:30 TED TALK- The Formula for Successful Aging (L)	9:00 Daily Chronicles 9:30 Scenic Drive to Junction City 10:00 Chair Yoga with Savannah (L) 1:00 Shopping- Fred Meyer 2:00 Sing along with Katie Sontag! (L) 3:00 Shopping- Safeway 3:00 CRAFT: Pressed Flower Bookmarks (A)	8:30 Puzzle Group 12 9:00 Daily Chronicles 10:00 Catholic Communion 11:00 Oldies and Gospel 1:30 Creative Coloring Group 3:00 Magic Show by The Amazing Rafael! (L) 6:00 Resident Led Book Club	8:30 Puzzle Group 13 9:00 Daily Chronicles 11:00 Self-Walk About 11:00 Chef's Council w/Odyssey 1:30 BINGO 3:00 Baking Club w/Savannah (Gluten Free)- Blueberry Muffins 6:00 MOVIE: Pretty Woman w/ Julia Roberts	10:00 Daily Chronicles 10:30 Exercise with Traci 2:00 BINGO with Traci 3:30 Music in the Lounge	14
	9:00 Puzzle Groups 10:00 Daily Chronicles 11:00 Self-Walk About 1:15 Baseball and Brews- Father's Day Celebration 2:00 Music and Social 4:00 Methodist Church Service Father's Day	8:30 Mindful Melodies and 16 Puzzles 9:00 Daily Chronicles 10:30 Exercise w/ Johanna 11:00 Hallway Golf 1:00 CRAFT: Sassy Lady Pots 3:00: Trash- Card game (L) 6:00: MOVIE- The Rookie w/ Dennis Quaid (L)	8:30 Mindful Melodies and Puzzles 9:00 Daily Chronicles 10:30 Exercise w/Savannah 11:00 Balloon Swat 1:30 BINGO 3:00 Gardening Club (B) 4:30 TED TALKThe Brain Changing Benefits of Exercise(L)	9:00 Daily Chronicles 18 10:00 Chair Yoga w/Savannah 11:30 Lunch at Sizzler 1:00 Willamalane Pool 1:00 Travelogue Destination: Cologne, Germany cont'd 3:00 Shopping- Fred Meyer 3:00 CRAFT: Shrink-It Keychains (A)	8:30: Puzzle Group 19 9:00: Daily Chronicles 10:00: Catholic Communion 11:00: United Healthcare Presentation w/ Kyla 1:00: RESIDENT COUNCIL 3:00: July Event Planning with Savannah & Susan	8:30 Puzzle Group 9:00 Daily Chronicles 11:00 Self-Walk About 11:00 CRAFT: Popsicle Stick signs 1:30 BINGO 3:00 Baking Club w/Savannah-Oatmeal and butterscotch cookies 6:00 MOVIE: Cleopatra Summer Begins	9:00 Puzzle Group 10:00 Daily Chronicles 10:30 Exercise with Traci 2:00 BINGO with Traci 3:30 Music in the Lounge	21
	10:00 Daily Chronicles 11:00 Self-Walk About 2:00 Music and Social 4:00 Methodist Church Service	Puzzles 9:00: Daily Chronicles 10:30: Exercise w/ Johanna 11:00: Hallway Bowling 1:00: CRAFT: Galaxy Jars (A) 3:00: Introducing- 10,000 (L) 6:00: MOVIE: Gone with the Wind w/ Vivian Leigh (L)	8:30 Mindful Melodies and 24 Puzzles 9:00 Daily Chronicles 10:30 Exercise w/ Savannah 11:00 Talk n' Toss 1:30 BINGO 3:00 Gardening Club (B) 4:30 TED TALK -Why Your Body Fights Weight Loss (L)	9:00 Daily Chronicles 9:30 Shopping- St. Vinnies 10:00 Chair Yoga w/Savannah 1:00 Shopping-Dollar Tree 1:00 Travelogue Destination: Cologne, Germany cont'd 3:00 Scenic Drive- McKenzie View 3:00 CRAFT: 3D flower cards 4:30: Happy Half Hour (L)	8:30 Puzzle Group 26 9:00 Daily Chronicles 10:00 Catholic Communion 11:00 Oldies and Gospel (L) 1:30 Creative Coloring Club 3:00 <b>RESIDENT STORE</b> 6:00 Resident Led Book Club	8:30 Puzzle Group 9:00 Daily Chronicles 11:00 Self-Walk About 11:00 POLST and Advanced Directive Presentation w/ Chandra 1:30 BINGO 3:00 Music with Pani 6:00 MOVIE: North to Alaska w/ John Wayne	9:00 Puzzle Group 10:00 Daily Chronicles 10:30 Exercise with Traci 2:00 BINGO with Traci 3:30 Music in the Lounge	28
	9:00 Puzzle Groups 29 10:00 Daily Chronicles 11:00 Self-Walk About	9:00 Daily Chronicles 10:30: Exercise w/ Johanna 11:00: July Centerpiece	Location Key: D- Dining Room L- Lounge	T				

June 2025

**Spring Valley Assisted Living** 

**B- Backyard** 

**A- Activity Office** 

2:00 Music and Social

4:00 Methodist Church

Service

Creations

Works (L)

Garden (B)

1:30: Octopus Rhythm

Cuba Gooding Jr.

3:00: Ice Cream Social In The

6:00: MOVIE: Men of Honor w/