CASCADES OF STAYTON

2201 N. 3rd Ave. Stayon, Or. 97383 | 503-769-3200

NEWSLETTER JULY 2025



JULY

Resident of the Month

Carol H. has been chosen as Resident of the Month. Carol has a love of horses, she has been to the top of the Rockies on a horse, and on a mule to the bottom of the Grand Canyon. She loves to travel, Carol has three boys, that kept her busy.

Congratulations!
From All of Us at Cascades of Stayton





June's Employee of the Month

Evan O.

Evan is a kind and caring person. His smile and jokes brighten up the Dining room. Evan has been with us for eight years. Evan likes to play sports and enjoys making his own music.

Congratulations, Cascades of Stayton

For the Birds

Everyone is invited to join 'For the Birds" Group. This is a great way to walk around our building and check on the humingbirds, and to make sure the feeders are clean and full. This is at your leisure style activities. Food will be provided.

Enjoy the Patio

There's something special about getting outside and enjoying shared community spaces. Whether it's walking through the gardens, sitting in the common areas, or just taking in the fresh air, spending time on the grounds can be refreshing and help you connect with neighbors.

Community Meetings

Once a month we have a community meeting. These are great opportunities to know what is currently happening in the community and voice your concerns. All the meeting dates are scheduled on our calendar.

Photos at the Beehive







Everyone enjoyed the food cart outing.



July Birthday's

Happy Birthday to you, Happy Birthday to you, Happy Birthday to



Joan C . July 2nd Eileen S. July 9th Virginia B. July 18th

Happy Birthday from Cascades of Stayton



Coming Events

July 4^{th,} Stayton Parade, this year we will go and watch the parade vs drive it. This way the residents can enjoy the parade. The bus will leave at 11:30am. We will park and residents will be able to get off the bus or stay on the bus. Usually, the weather is hot, so the A/C is nice on the bus. A sign-up sheet will be available at the Front Desk.

Planning ahead. Spirit Moutain Casino Trip in September. Date and time have not been determined.

Cascades of Stayton Staff

Alma Quesada - Executive Director Stephaine Barrett - Wellness Director George Curtis III - Plant Operations Director Belinda Vanzandt - Dining Service Director Piper Freres - Business Office Manager Carrie Derrick -Community Relations Director Kara Childress - Life Enrichment Director