

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday!!!  *Denise De Leon Sep 2nd  *Phyllis Herweg Sep 24 *Vivian Sin Sep 29	9:30 Morning Chat 1 10:30 Aroma Therapy *QUICK STRETCH* 1:30 Music with mat 2:30 Apple Cider Social *QUICK STRETCH* 3:00 Dominos 6:00 Afternoon Flick Labor Day	9:30 Daily chronicle 2 10:30 Fresh Baked Cookies *QUICK STRETCH* 1:30 Let's Garden 2:30 Small Bites *QUICK STRETCH* 3:00 Simon Says 6:00 Netflix Show	9:30 Wake-up Flow 3 10:30 Deep Breathing *QUICK STRETCH* 1:30 One on One 2:30 Wine Down *QUICK STRETCH* 3:00 BINGO! 6:00 Motion Picture	9:30 News At 9 4 10:30 Balloon Toss *QUICK STRETCH* 1:30 Cup Stacking 2:30 Apps Social *QUICK STRETCH* 3:00 Pictionary 6:00 Feature Films	9:30 Morning Body Reset 5 10:30 Exercises W/ Marg *QUICK STRETCH* 1:30 Wildlife Coloring 2:30 Finger Foods *QUICK STRETCH* 3:00 DJ Set With Adam 6:00 Screen Production	9:30 AM Catch-up 6 10:30 Book Club (outside) *QUICK STRETCH* 1:30 Corn Hole 2:30 Cheese Tasting *QUICK STRETCH* 3:00 Nail Day 6:00 Movie Night
9:30 Daily Chronicle 7 10:30 Sunday Church (AL) *QUICK STRETCH* 1:30 Outside Ball Toss 2:30 Snack Social *QUICK STRETCH* 3:00 Connect Four 6:00 Comedy Show Grandparents Day	9:30 Fox News 8 10:30 Guess The Animal *QUICK STRETCH* 1:30 Solve The Riddle 2:30 Artisian Bites *QUICK STRETCH* 3:00 Hula Hoop Pass 6:00 Jeopardy	9:30 Snoezelen Room 9 10:30 Fresh Baked Cookies *QUICK STRETCH* 1:30 Family Memories 2:30 Culinary Creations *QUICK STRETCH* 3:00 Pizza and Beer (AL) 6:00 I love Lucy	9:30 Morning Movement 10 10:30 Beach Ball Volleyball *QUICK STRETCH* 1:30 Word Game 2:30 Paint And Sip *QUICK STRETCH* 3:00 Make the Basket 6:00 Your Pick!	9:30 Early Talks 11 10:30 Parachute Play *QUICK STRETCH* 1:30 Relaxation hour 2:30 Cooking Class *QUICK STRETCH* 3:00 Wheelchair Race 6:00 Animated Movie	9:30 ZEN with me 12 10:30 Exercise w/ Margaret *QUICK STRETCH* 1:30 Key Chain Making 2:30 Agua Fresca *QUICK STRETCH* 3:00 Pottery 6:00 Action Show	9:30 Daily Chronicle 13 10:30 Outside Zen *QUICK STRETCH* 1:30 What's your fortune 2:30 Quick Bite *QUICK STRETCH* 3:00 Manicure Day 6:00 Screen Time!
9:30 Early Flow 14 10:30 Sunday Church (AL) *QUICK STRETCH* 1:30 Your mind is in control 2:30 Agua Fresca *QUICK STRETCH* 3:00 Finish the Saying 6:00 Short Film	9:30 Morning discussions 15 10:30 Guess the smell *QUICK STRETCH* 1:30 Car racing 2:30 Light refreshment *QUICK STRETCH* 3:00 Make your own hat 6:00 Cinema Experience	9:30 Tai chi 16 10:30 Fresh baked cookies *QUICK STRETCH* 1:30 Tin foil craft 2:30 Chips and Guac *QUICK STRETCH* 3:00 Guac Party 6:00 Picture Night	9:30 ABC news 17 10:30 Bean bag toss *QUICK STRETCH* 1:30 Lemonade slushy 2:30 Wine social *QUICK STRETCH* 3:00 Toss the hoop 6:00 Movie Binge	9:30 Daily Chronicle 18 10:30 Smell the roses *QUICK STRETCH* 1:30 Who am I? 2:30 Small bites *QUICK STRETCH* 3:00 Entertainment (AL) 6:00 Cinematic works	9:30 Breathe with me 19 10:30 Exercises w/ Marg *QUICK STRETCH* 1:30 Indoor Soccer 2:00 Burger Sliders *QUICK STRETCH* 3:00 Pool noodle badminton 6:00 Afternoon movie	9:30 Big stretch 20 10:30 Karaoke *QUICK STRETCH* 1:30 Live Entertainment 2:30 Artisian bites *QUICK STRETCH* 3:00 Cookie decorating 6:00 Netflix Night Oktoberfest Begins
9:30 Aromatherapy 21 10:30 Sunday Church (AL) *QUICK STRETCH* 1:30 Matching Game 2:30 Fresh fruit *QUICK STRETCH* 3:00 Bowling 6:00 Hulu Original	9:30 Daily chronicle 22 10:30 One on One *QUICK STRETCH* 1:30 Autum Craft 2:30 Snack social *QUICK STRETCH* 3:00 Pictionary 6:00 Blockbuster Movie Autumn Begins	9:30 Lets talk 23 10:30 Fresh baked cookies *QUICK STRETCH* 1:30 Play Doh Modeling 2:30 Cooking class *QUICK STRETCH* 3:00 Hot Potato 6:00 Documentary	9:30 Hand massages 24 10:30 Flower arranging *QUICK STRETCH* 1:30 BINGO! 2:30 Wine down *QUICK STRETCH* 3:00 Animal dance freeze 6:00 Motion Picture	9:30 Morning paper 25 10:30 Ring toss *QUICK STRETCH* 1:30 Volleyball 2:30 Yummy bites *QUICK STRETCH* 3:00 Tug of war 6:00 Comedy Show	9:30 Snoezelen room 26 10:30 Exercises with Margaret *QUICK STRETCH* 1:30 Drumming circle 2:30 Refreshments *QUICK STRETCH* 3:00 Dance Party 6:00 Feature Films	9:30 Outside talk 27 10:30 Brain teaser *QUICK STRETCH* 1:30 Lets go fishing 2:30 Agua fresca *QUICK STRETCH* 3:00 September B-Day party 6:00 Your pick!
9:30 Daily chronicle 28 10:30 Sunday Church (AL) *QUICK STRETCH* 1:30 Color Therapy 2:30 Take a bite *QUICK STRETCH* 3:00 Zen with me 6:00 Movie Night	9:30 Enjoy nature 29 10:30 Interesting Facts *QUICK STRETCH* 1:30 Bookmark making 2:30 Food social *QUICK STRETCH* 3:00 Slime making 6:00 Avengers Movie	9:30 Chair exercise 30 10:30 Fresh baked cookies *QUICK STRETCH* 1:30 Finger painting 2:30 Fresh snack *QUICK STRETCH* 3:00 Simple Origami 6:00 I love Lucy	 September 2025 Regency Grand Memory Care Calendar			