

October-Calendar of Pleasant Events - The Lodge - Cascades of the Sierra - 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Abbreviations Key:</u> ARS- Aerobic Studio AS- Art Studio FC- Fireside Club GR- Great Room LN- Living Room North LS- Living Room South SC- Sundance Cinema	<u>October Birthdays</u> 10/8 Carolyn E. 		1 9:15 A Visit w/ Yuki 10:00 Current Events 10:15 BINGO! 1:00 Reminiscing 2:00 Let's Dance! 3:00 Documentary Film 4:15 Aroma Therapy 6:00 Table Games and Puzzles	2 9:30 Staying Strong w/ Alan 10:00 Daily Chronicles 10:30 Catholic Communion 10:30 Art Time 1:00 Balloon Volleyball 2:00 BINGO! 3:00 Afternoon Movie 4:15 Aroma Therapy	3 9:30 Morning Walk 10:00 Daily News 10:30 Jokes and Riddles 1:00 Gardening Club 1:30 Namaste Nail Care <u>2:00 Steele Feather: ZUMBA</u> 3:00 Animal Documentary 4:15 Aromatherapy	4 9:30 Let's Exercise! 10:00 Current Events 10:15 BINGO! 1:00 Short Stories 2:00 The Encore Band– FC 3:15 Artistic Corner 4:15 Aroma Therapy 6:00 Table Games and Puzzles
5 <u>9:30 Steele Feather: Chair Yoga</u> 10:00 Sunday Services 10:45 Finish the Phrase 1:00 Coloring to Music 2:00 Chicken Soup for the Soul 3:00 Sing Along w/ Suzie Q 4:15 Aroma Therapy	6 9:30 Morning Walk 10:00 Morning News 10:15 BINGO! 1:00 Memory Joggers 2:00 Balloon Volleyball 3:00 Animal Documentary 4:15 Aroma Therapy 6:00 Table Games and Puzzles	7 9:30 Staying Strong w/ Alan 10:00 Daily News 10:00 Artistic Expressions 1:30 Namaste Nail Care <u>2:30 Steele Feather : ZUMBA</u> 3:00 Puzzle Time 4:15 Aroma Therapy 6:00 Caregiver's Choice	8 9:15 A Visit w/ Yuki 10:00 Daily Chronicles 10:15 Balloon Volleyball 1:00 Creativity Corner 2:00 Music w/ Jacques– FC 3:00 Table Games 4:15 Aroma Therapy 6:00 Animal Documentary	9 9:30 Staying Strong w/ Alan 10:00 Daily News 10:30 Catholic Communion 10:30 The Things Game <u>1:00 Scenic Drive!</u> 2:00 BINGO! 3:00 Trivia Time 4:15 Aroma Therapy	10 9:30 Morning Walk 10:00 Current News 10:30 No Bake Club 1:00 Memory Joggers <u>2:00 Steele Feather: ZUMBA</u> 3:00 Caregiver's Choice 4:15 Aroma Therapy 6:00 Evening Movie	11 9:30 Strength and Stretch 10:00 Daily News 10:15 BINGO! 1:00 Reminiscing the 1960s 2:00 Music w/ Sandee– FC 3:15 Trivia Time 4:15 Aroma Therapy 6:00 Table Games and Puzzles
12 <u>9:30 Steele Feather: Chair Yoga</u> 10:00 Sunday Services 10:15 BINGO! 1:00 Jokes and Riddles 2:00 Afternoon Walk 3:00 Memory Joggers 4:15 Aroma Therapy 	13 9:30 Morning Walk 10:00 Morning News 10:15 Reminiscing 1:00 Jokes and riddles 2:00 Namaste nail Care w/ Susie 3:00 Balloon Noodle 4:15 Aroma Therapy 6:00 Table Games and Puzzles	14 9:30 Staying Strong w/ Alan 10:00 Daily News 10:15 The Things Game 1:00 Coloring Fun <u>2:30 Steele Feather: ZUMBA</u> 3:00 Trivia Time 4:15 Aroma Therapy 6:00 Little House on the Prairie CH 1435	15 9:15 A Visit w/ Yuki 10:00 Daily News 10:30 BINGO! 1:00 Short Stories 2:00 Music w/ John Rand– FC 3:00 Table games and Puzzles 4:15 Aroma Therapy 6:00 Animal Documentary	The Lodge   OCTOBER		

Pleasant Events are subject to change based on the interest and requests of our residents!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Lodge OCTOBER			October Birthdays 10/8 Carolyn E.			
						
19 9:30 Steele Feather: Chair Yoga 10:00 Sunday Services 10:30 Card Games 1:00 Color by Numbers 2:00 Animal Documentary 3:00 Puzzle Time 4:15 Aroma Therapy	20 9:30 Morning Walk 10:15 Daily News 10:30 BINGO! 1:00 Word Scramble 2:00 Balloon Volleyball 3:00 Namaste Nail Care w/ Susie 4:15 Aroma Therapy 6:00 Table Games and Puzzles	21 9:30 Staying Strong w/Alan 10:00 Daily News 10:00 Getting Crafty 1:30 Gardening Club 2:30 Steele Feather : ZUMBA 3:00 Little House on the Prairie 4:15 Aroma Therapy 6:00 Caregiver's Choice	22 9:15 A Visit w/ Yuki 10:00 The Daily News 10:15 BINGO! 1:00 Finish the Phrase 2:00 Music w/ John Palmore– FC 3:00 Table Games and Puzzles 4:15 Aroma Therapy 6:00 Evening Movie	23 9:30 Staying Strong w/ Alan 10:00 Daily News 10:30 Catholic Communion 10:30 The Things Game 1:00 Card Games and Puzzles 2:00 BINGO! 3:00 Trivia Time 4:15 Aroma Therapy	24 9:30 Morning Walk 10:00 Current News 10:30 Pictionary 1:00 Memory Joggers 2:00 Steele Feather: ZUMBA 3:00 Puzzle Time 4:15 Aroma Therapy 6:00 Evening Movie	25 9:30 Strength and Stretch 10:00 Daily News 10:30 Harvest Festival 1:00 Short Stories 2:00 Guitar w/ DD James -FC 3:15 Trivia Time 4:15 Aroma Therapy 6:00 Table Games and Puzzles
26 9:30 Steele Feather: Chair Yoga 10:00 Sunday Services 10:15 Noodle Ball 1:00 Jokes and Riddles 2:00 Afternoon Walk 3:00 BINGO! 4:15 Aroma Therapy 	27 9:30 Morning Walk 10:00 Morning News 10:15 Reminiscing the 1950s 1:00 Short Stories 2:00 The Things Game 3:00 Let's dance! 4:15 Aroma Therapy 6:00 Table Games and Puzzles	28 9:30 Staying Strong w/ Alan 10:00 Daily News 10:00 Artistic Expressions 1:30 Namaste Nail Care 2:30 Steele Feather : ZUMBA 3:00 Puzzle Time 4:15 Aroma Therapy 6:00 Caregiver's Choice	29 9:15 A Visit w/ Yuki 9:45 Movie in the theater! 1:00 Namaste Nail Care 2:00 Reminiscing 3:00 Documentary Film 4:15 Aroma Therapy 6:00 Table Games and Puzzles	30 9:30 Staying Strong w/ Alan 10:00 Daily News 10:30 Catholic Communion 10:30 Arts & Crafts 1:00 Card Games and Puzzles 2:00 BINGO! 3:00 Trivia Time 4:15 Aroma Therapy	31 9:30 Morning Walk 10:00 Daily News 10:30 The Things Game 1:00 Short Stories 2:00 October Birthday /Halloween Party w/ The McCollum Duo 4:15 Aroma Therapy  HALLOWEEN	Abbreviations Key: ARS- Aerobic Studio AS- Art Studio FC- Fireside Club GR- Great Room LN- Living Room North LS- Living Room South SC- Sundance Cinema BOO

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