Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
L = Lobby TR = Theater Room CK = Country Kitchen AR = Activity Room BP = Back Patio CR = Conference Room LR = Living Room FE = Front Entrance			**National Black Dog Day 1** 9:30 Coffee and News at the Bistro 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:00 The Gin Game with The Bobs (B) 3:00 Karaoke Fun with Sally (B) *Serving Wine and Charcuterie* 5:00 Netflix Mystery Series: (B) (TR) THE MIDNIGHT CLUB	**Guardian Angels Day 2** 9:30 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Diamond Art Paint and Sip (AR) 3:00 Halloween Color by Numbers (B) 5:00 Prime's Thursday Night Football (B) 5:00 Documentary: SURVIVING DEATH (TR)	**Manufacturing Day 3** 9:30 Coffee and News at the Bistro 10:00 Advanced Chair Yoga at the Bistro 10:30 Meditation w/ Chaplain Scott (TR) 11:00 Foodie Run to Black Bear Diner 2:00 Rummikub with Uncle Bob (B) 2:00 Basket Weaving with Carol (B) 3:00 A Game of Gin with the Bobs (B) 3:00 Shopping at Albertson's 5:00 Resident's Choice Movie (B) (TR)	**Frugal Fun Day 4** 9:30 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Exploring the Story of Mary (B) 1:00 CANDY BINGO at the Activity Room 1:00 Bible Study - Word of Life Ministry (LR) 2:00 Expoza Travels on YouTube (B) 3:00 Happy Hour w/ Michael Sara (LR) 5:00 Spooky Comedy on Netflix: (B) (TR) GHOSTBUSTERS: Frozen Empire
World Teachers Day 5 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Group Coloring Art (B) 1:00 Non Denominational Church Service 2:30 A Game of Gin with the Bobs (B) 3:00 Large Jigsaw Puzzles (B) 5:00 Netflix Horror Series: (B) (TR) The Haunting of Hill House	**American Libraries Day 6** 8:30 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 1:00 Steel Feather's Strength Training (LR) 2:00 Rummikub with Uncle Bob (B) 2:00 Unbelievable Places on YouTube (B) 2:00 The Gin Game with the Bobs (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series: (B) (TR) DARK TOURIST	**National CC Pretzel Day 7** 9:30 Coffee and News at the Bistro 10:00 Seated Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Smith's 5:00 Netflix "WHODUNIT?" Series: (B) (TR) THE RESIDENCE	**Emergency Nurses Day 8** 9:30 Coffee and News at the Bistro 10:00 Resident Council Meeting and Food for Thought with Chef Celeste 1:00 BINGO at the Activity Room 2:00 The Gin Game with The Bobs (B) 2:00 Share Life Stories at the Bistro *Serving Wine and Charcuterie* 5:00 Netflix Mystery Series: (B) (TR) THE MIDNIGHT CLUB	**National Cake Decorating Day 9** 9:30 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Easy Baking with Uncle Bob (CK) 3:00 Halloween Color by Numbers (B) 5:00 Prime's Thursday Night Football (B) 5:00 Documentary: SURVIVING DEATH (TR)	**International Beer & Pizza Day 10** 9:30 Coffee and News at the Bistro 10:00 Advanced Chair Yoga at the Bistro 10:00 Casino Outing at DURANGO CASINO 2:00 Rummikub with Uncle Bob (B) 2:00 Basket Weaving with Carol (B) 3:00 A Game of Gin with the Bobs (B) 3:00 Shopping at Dollar Tree 5:00 Resident's Choice Movie (B) (TR)	**Southern Food Heritage Day 11** 9:30 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Exploring the Story of Abraham (B) 1:00 Bible Study - Word of Life Ministry (LR) 1:30 Bingo Blitz at the Bistro 2:00 Expoza Travels on YouTube (B) 3:00 Simple Manicures at the Bistro 5:00 Spooky Comedy on Netflix: (B) (TR) WE HAVE A GHOST
Columbus Day 12 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Group Coloring Art (B) 1:00 Non Denominational Church Service 2:30 A Game of Gin with the Bobs (B) 3:00 Large Jigsaw Puzzles (B) 5:00 Netflix Horror Series: (B) (TR) The Haunting of Hill House	**English Language Day 13** 8:30 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 1:00 Steel Feather's Strength Training (LR) 2:00 Rummikub with Uncle Bob (B) 2:00 Unbelievable Places on YouTube (B) 3:00 The Gin Game with the Bobs (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series: (B) (TR) DARK TOURIST	**Be Bald and Be Free Day 14** 9:30 Coffee and News at the Bistro 10:00 Seated Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 1:15 Tea Tasting with Chef Celeste (DR) 2:00 Left Center Right Dice Game (B) 3:00 Shopping at Walmart 5:00 Netflix "WHODUNIT?" Series: (B) (TR) THE RESIDENCE	**National Grouch Day 15** 7:00 Monthly Signature Breakfast (DR) 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:00 The Gin Game with The Bobs (B) 3:00 Ice Cream Social at the Bistro with Danielle from Covenant Health 5:00 Netflix Mystery Series: (B) (TR) THE MIDNIGHT CLUB	**World Spine Day 16** 9:30 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Diamond Art Paint and Sip (AR) 3:00 Color by Numbers (B) 5:00 Prime's Thursday Night Football (B) 5:00 Documentary: SURVIVING DEATH (TR)	**National Noodle Day 17** 9:30 Coffee and News at the Bistro 10:00 Advanced Chair Yoga at the Bistro 10:30 Meditation w/ Chaplain Scott (TR) 11:00 Foodie Run to Lucky House 2:00 Basket Weaving with Carol (B) 2:00 Rummikub with Uncle Bob (B) 3:00 A Game of Gin with the Bobs (B) 3:00 Shopping at Albertson's 5:00 Resident's Choice Movie (B) (TR)	**National Chocolate Cupcake Day 18** 7:00 Walk to end ALZ at Town Square (L) 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Exploring the Story of Joseph (B) 1:00 CANDY BINGO at the Activity Room 1:00 Bible Study - Word of Life Ministry (LR) 2:00 Expoza Travels on YouTube (B) 3:00 Birthday Bash w/ Donna Lynne (B) 5:00 Spooky Comedy on Netflix: (B) (TR) Beetlejuice Beetlejuice
Spirit Day 19 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Group Coloring Art (B) 1:00 Non Denominational Church Service 2:30 A Game of Gin with the Bobs (B) 3:00 Large Jigsaw Puzzles (B) 5:00 Netflix Horror Series: (B) (TR) The Haunting of Hill House	**International Chefs Day 20** 8:30 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 1:00 Steel Feather's Strength Training (LR) 2:00 Rummikub with Uncle Bob (B) 2:00 Unbelievable Places on YouTube (B) 3:00 The Gin Game with the Bobs (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series: (B) (TR) DARK TOURIST	**National Witch Hazel Day 21** 9:30 Coffee and News at the Bistro 10:00 Seated Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Smith's 5:00 Netflix "WHODUNIT?" Series: (B) (TR) THE RESIDENCE	**Make a Dog's Day 22** 9:30 Coffee and News at the Bistro 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:00 The Gin Game with The Bobs (B) 3:00 Fun Cash Auctions with Noy (B) *Serving Wine, Cheese & Crackers* 5:00 Netflix Mystery Series: (B) (TR) THE MIDNIGHT CLUB	**Happy Birthday Tom! 23** 9:30 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Easy Baking with Uncle Bob (CK) 3:00 Halloween Color by Numbers (B) 5:00 Prime's Thursday Night Football (B) 5:00 Documentary: SURVIVING DEATH (TR)	**Food Day 24** 9:30 Coffee and News at the Bistro 10:00 Advanced Chair Yoga at the Bistro 10:30 Guided Meditation on YouTube (B) 11:00 Foodie Run to Grill City 2:00 Rummikub with Uncle Bob (B) 2:00 Basket Weaving with Carol (B) 3:00 A Game of Gin with the Bobs (B) 3:00 Shopping at Dollar Tree 5:00 Resident's Choice Movie (B) (TR)	**International Artist Day 25** 9:30 Coffee and News at the Bistro 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Exploring the Story of Jacob (B) 1:00 Bible Study - Word of Life Ministry (LR) 1:30 Bingo Blitz at the Bistro 2:30 Expoza Travels on YouTube (B) 3:00 Simple Manicures at the Bistro 5:00 Spooky Comedy on Netflix: (B) (TR) The Curse on Bridge Hollow
Mother-in-Law Day 26 8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Service at the Theater 10:00 Group Coloring Art (B) 1:00 Non Denominational Church Service 2:30 A Game of Gin with the Bobs (B) 3:00 Large Jigsaw Puzzles (B) 5:00 Netflix Horror Series: (B) (TR) The Haunting of Hill House	**Black Cat Day 27** 8:30 Walking Club with HS Staff (FE) 9:30 Coffee and News at the Bistro 1:00 Steel Feather's Strength Training (LR) 2:00 Rummikub with Uncle Bob (B) 2:00 Unbelievable Places on YouTube (B) 3:00 The Gin Game with the Bobs (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Travel Series: (B) (TR) DARK TOURIST	**St. Jude's Day 28** 9:30 Coffee and News at the Bistro 10:00 Seated Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting with Chef (DR) 2:00 Left Center Right Dice Game (B) 2:00 LIFEDER Travels on YouTube (B) (TR) 3:00 Shopping at Walmart 5:00 Netflix "WHODUNIT?" Series: (B) (TR) THE RESIDENCE	**World Stroke Day 29** 9:30 Coffee and News at the Bistro 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia for Beginners (B) 1:00 BINGO at the Activity Room 2:00 The Gin Game with The Bobs (B) 3:00 Karaoke Fun with Sally (B) *Serving Wine and Charcuterie* 5:00 Netflix Mystery Series: (B) (TR) THE MIDNIGHT CLUB	**Happy Birthday Burt! 30** 9:30 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:00 Left Center Right Dice Game (B) 3:00 Diamond Art Paint and Sip (AR) 3:00 Halloween Color by Numbers (B) 5:00 Prime's Thursday Night Football (B) 5:00 Documentary: SURVIVING DEATH (TR)	**Happy Halloween! 31** 9:30 Coffee and News at the Bistro 10:00 Halloween Dance Zumba (B) 10:30 Meditation w/ Chaplain Scott (TR) 1:00 Halloween Crafts at the Activity Room 2:00 Rummikub with Uncle Bob (B) 2:00 Judging Pumpkin Carving Entries (L) 3:00 Halloween Disco Costume Party (B) 5:00 Holloween Movie Feature: (B) (TR) HUBIE HALLOWEEN	

October 2025 Heritage Springs Assisted Living Events

Activities are subject to change based on the interests and requests of our residents.