Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	October 2025		9:00 Zen Music Meditation 9:15 Good morning Sunshine on patio	9:00 Zen Music Meditation 9:30 Coffee and Conversation	Gumbo Day 3 9:00 Zen Music Meditation 9:30 Ever fit Exercises	9:00 Zen Music Meditation 9:30 Everfit Exercises
	efoloet Z		9:30 The Daily Chronicle 10:00 Snack and Hydrate with Trivia 10:30 Sip and Paint with Tracy 1:00 Move and Groove 2:30 Snack and Hydrate 3:00 Happy Hour with Entertainment  Yom Kippur Begins	9:45 Ever Fit Exercise 10:00 Snack and Hydrate 1:00 Karaoke with Christine 2:00 Baking with Tracy 2:30 Snack and Hydrate 3:00 Balloon Toss 5:30 Board Games	10:00 The Daily Chronicles 10:15 Snack and Hydrate 10:30 Brain Teasers and Riddles 1:00 Art Coloring Group 2:00 Snack and Hydrate 3:00 Classic Card Games 5:30 Travel Hour And Snacks	10:00 Snack and Hydrate 10:30 Arts and Crafts 1:00 Bingo for Chocolates 2:00 Funny Trivia with Amina 2:15 Snacks and Hydrate 3:00 Simple Manicures with staff 5:30 Saturday Evening Movie
Cat Day 5	Fried Clam Day 6	Poetry Day 7	Balloons Around the World Day 8	Taco Day 9	Mushroom Day 10	Global Handwashing Day 11
9:00 Joel Osteen Live Service 9:30 Catholic Services 10:00 Praise Songs Sing Along 10:15 Snack and Hydrate 10:30 Faith Discussions 1:00 Board Games 2:00 Biblical Trivia 2:30 Snack and Hydrate 3:00 Arts and Crafts 5:00 Sunday Evening Movies	9:00 GOOD MORNING SUNSHINE 9:30 Daily Chronicle  10:15 Snack and Hydrate 10:30 Balloon Toss 1:00 Classic Card Games 2:00 Brain Booster Trivia 2:30 Snack and Hydrate 3:00 Move and Groove  Sukkot Begins	9:00 ZEN MUSIC 9:15 Good morning Sunshine on patio 9:30 Zumba yoga 10:15 Snack and Hydrate 10:30 Ring toss 1:00 LET'S Dance 2:00 Snack and Hydrate 2:30 Crafts 3:00 Brain Games 5:30 Large Jigsaw Puzzles	9:00 Zen Music Meditation 9:30: ZUMBA YOGA 10:00 DAILY CHRONICLE WITH SNACKS 10:30 Sip and Paint with Tracy 1:00 Brain Teasers and Riddles 2:00 SNACK AND HYDRATE 2:30 PARACHUTE GAME 3:00 Happy Hour with Bobby Rumion 5:30 NETFLIX ADVENTURE SERIES	9:00 Zen Music Meditation 9:15 LET'S TALK ABOUT IT 10:00 EXERCISE WITH MUSIC 10:30 LET'S TEST OUR KNOWLEDGE 1:00 KARAOKE WITH CHRISTINE 2:00 ARTS AND CRAFTS 3:00 NO BAKE SNACKS WITH TRACY 5:30 BOARD GAMES	9:00 Zen Music Meditation 9:30 Everfit Exercises 10:00 The Daily Chronicles 10:15 Snack and Hydrate 10:30 Brain Teasers and Riddles 1:00 Art Coloring Group 2:00 Snack and Hydrate 3:00 Classic Card Games 5:30 Travel Hour And Snacks	9:00 Zen Music Meditation 9:30 Everfit Exercises 10:00 Snack and Hydrate 10:30 Arts and Crafts 1:00 Bingo for Chocolates 2:00 Funny Trivia with Amina 2:15 Snacks and Hydrate 3:00 Simple Manicures with staff 5:30 Saturday Evening Movie
Sudoku Day 12	Cracker Day 13 9:00 Good Morning Sunshine on Patio	Pasta Day 14	Dictionary Day 15	Mad Hatter Day 16	Cake Day 17	Milkshake Day 18
9:00 Joel Osteen Live service 9:30 Catholic services 10:00 Praise Songs Sing Along 10:15 Snack and Hydrate 10:30 Faith Discussions 1:00 Leisure Games 2:00 Snack and Hydrate 2:30 Biblical Trivia 3:00 Large Puzzle 5:30 Movie Night	9:30 Daily Chronicle 10:00 Snack and Hydrate 10:30 Brain Games 1:00 Steel Feathers With Gee 2;00 Snack and Hydrate 2:30 Arts and Crafts 3:00 Large Jigsaw Puzzles 5:30 Evening Sitcoms with Snacks  Columbus Day (U.S.)	9:00 Zen Music Meditation 9:30 Good morning Sunshine on patio 10:00 EVERFIT EXERCISE 10:15 DAILY CHRONICLE W/ SNACKS 10:30 SING ALONG SONGS 1'00 FLOWER ARRANGEMENTS 2:00 LET'S MOVE AND GROOVE 2:30 SNACK AND HYDRATE 3:00 EASY WORD FIND PUZZLES 5:30 Large Jigsaw Puzzles	9:00 GOOD MORNING SUNSHINE ON PATIO 9:30 SIMON SAYS STRETCH 10:00 Snack and Hydrate 10:30 Sip and Paint with Tracy 1:00 Move and Groove 2:00 SNACK AND HYDRATE 3:00 Happy Hour with BRENDA HEBERT 5:30 Netflix Adventure Series	9:00 ZEN MUSIC 9:30 REMINISCING ON OLD MEMORIES 9:45 MUSIC WITH INSTRUMENTS 10:15 SNACK AND HYDRATE 10:30 LET'S TEST OUR KNOWLEDGE 1:00 KARAOKE WITH CHRISTINE 2:00 PUZZLE AND COLOR ART 3:00 MOVE AND GROOVE 5:30 Board Games	9:00 Zen Music Meditation 9:30 Everfit Exercises 10:00 The Daily Chronicles 10:15 Snack and Hydrate 10:30 Brain Teasers and Riddles 1:00 Art Coloring Group 2:00 Snack and Hydrate 3:00 Classic Card Games 5:30 Travel Hour And Snacks	9:00 Zen Music Meditation 9:30 Everfit Exercises 10:00 Snack and Hydrate 10:30 Arts and Crafts 1:00 Bingo for Chocolates 2:00 Funny Trivia with Amina 2:15 Snacks and Hydrate 300 End of Summer Party at AL 5:30 Saturday Evening Movie
Pineapple Day 19	HAPPY BIRTHDAY Frances !! 20	Homemade Cookie Day 21	Star Trek Day 22	Smile Day 23	Crazy Hair Day 24	Soda Pop Day 25
9:00 Joel Osteen live service 9:30 Catholic services 10:00 SNACK AND HYDRATE 10:15 PRAISE SONGS 1:00 LEISURE TIME 2:00 SNACK AND HYDRATE 2:30 BIBLICAL TRIVIA 3:00 ARTS AND CRAFTS 5:30 MOVIE NIGHT	9:00 COFFEE AND CONVERSATION 9:30 ZUMBA YOGA 10:00 SNACK AND HYDRATE 10:30 BRAIN GAMES 1:00 STEEL FEATHER YOGA WITH GEE 2:00 SNACK AND HYDRATE 2:30 NOODLE BALL 3:00 PUZZLES 5:30 Evening Sitcoms with Snacks	9:00 GOOD MORNING SUNSHINE 9:30 DAILY CHRONICLE 10:00 SIP AND PAINT WITH TRACY 1:00 SOOTHING SCENTS 2:00 SING ALONG SONGS 2:30 SNACK AND HYDRATE 3:00 RHYME AND RHYTHM 5:30 Large Jigsaw Puzzles	9:00 Zen Music Meditation 9:30 ZUMBA YOGA 10:00 SNACK AND HYDRATE 10:30 Sip and Paint with Tracy 1:00 Brain Teasers and Riddles 2:00 SNACK AND HYDRATE 3:00 HAPPY HOUR WITH MIKE JONES 5:30 Netflix Adventure Series	9:00 Zen Music 9:30 Ever fit Exercise 10:00 SING ALONG SONGS 10:30 BOWLING 1:00 KARAOKE WITH CHRISTINE 2:00 SNACK AND HYDRATE 2:30 BAKING WITH TRACY 3:00 LEISURE ACTIVITIES 5:30 Board Games	9:00 Zen Music Meditation 9:30 Hula Dance Exercises 10:00 The Daily Chronicles 10:15 Snack and Hydrate 10:30 Brain Teasers and Riddles 1:00 Art Coloring Group 2:00 Snack and Hydrate 3:00 Classic Card Games 5:30 Travel Hour with Snacks	9:00 Zen Music Meditation 9:30 Everfit Exercises 10:00 Snack and Hydrate 10:30 Arts and Crafts 1:00 Bingo for Chocolates 2:00 Funny Trivia with Amina 2:15 Snacks and Hydrate 3:00 Simple Manicures with staff 5:30 Saturday Evening Movie
9:00 Joel Osteen live service 9:30 Catholic services 10:00 SNACK AND HYDRATE 10:30 PRAISE SONGS 1:00 FAITH DISCUSSIONS 2:00 BINGO 3:00 TABLE GAMES 5:30 MOVIE AND POPCORN	9:00 GOOD MORNING SUNSHINE 9:30 DAILY CHRONICLE 9:45 ZUMBA YOGA 10:00 SNACK AND HYDRATE 10:30 SIMON SAYS 1:00 STEEL FEATHERS WITH GEE 2:00 BOWLING 3:00 TEST YOUR Knowledge 5:30 Evening Sitcoms with Snacks	9:00 Zen Music Meditation 9:30 EVER FIT EXERCISE 10:00 DAILY CHRONICLE WITH SNACKS 10:30 STORY TIME 1:00 TEST YOUR PROBLEM SOLVING 2:00 BINGO 3:00 RING TOSS 5:30 LARGE JIGSAW PUZZLES	9:00 Zen Music Meditation 9:30 Daily Chronicle 10:00 Let"s talk about it 10:15 Snack and Hydrate 10:30 Balloon Toss 1:00 Brain Games 1:30 Puzzles 2:00 Snake and Hydrate 3:00 Arts and Crafts 5:00 Movie and Popcorn	9:00 Good Morning Sunshine on Patio 9:30 Zumba Yoga 10:00 Snack and Hydrate 10:30 Sing Along Songs 1:00 Karaoke with Christine 2:00 Snacke and Hydrate 2:30 Test your Knowledge 3:15 Move and Groove 5:00 LEISURE GAMES	HAPPY HALLOWEEN 31 9:00 Good Morning Sunshine on Patio 9:30 Daily Chronicle 10:00 Snack and Hydrate 10:30 Move and Groove 1:00 Word Games 2:00 Snack and Hydrate 2:30 Arts and Crafts 3:00 Halloween Disco at AL 3:00 Rhyme and Riddles  Halloween	